

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

These are the list of specializations and their pre-requisites.

		<b>Specialization</b>	<b>Number of Hours</b>	<b>Pre-requisite</b>
1.	<b>AGRI-FISHERY ARTS</b>	Animal Production (NC II)	480 hours	
2.		Aquaculture (NC II)	320 hours	
3.		Artificial Insemination (Ruminants) (NC II)	160 hours	Animal Production
4.		Artificial Insemination (Swine) (NC II)	160 hours	Animal Production
5.		Crop Production (NC I)	320 hours	
6.		Fish Nursery Operation (NC II)	160 hours	
7.		Fish or Shrimp Grow Out Operation (Non NC)	160 hours	Aquaculture
8.		Fish Wharf Operation (NC I)	160 hours	Fish or Shrimp Grow Out Operation
9.		Food (Fish) Processing (NC II)	640 hours	
10.		Horticulture (NC II)	640 hours	
11.		Landscape Installation and Maintenance (NC II)	320 hours	Crop Production
12.		Organic Agriculture (NC II)	320 hours	Crop Production
13.		Pest Management (NC II)	320 hours	Crop Production
14.		Rice Machinery Operation (NC II)	320 hours	Crop Production
15.		Slaughtering Operation (NC II)	160 hours	Animal Production
1.	<b>HOME ECONOMICS</b>	Beauty/Nail Care (NC II)	160 hours	40 hours of the subject during exploratory Grade 7/8
2.		Attractions and Theme Parks (NC II)	160 hours	
3.		Bread and Pastry Production (NC II)	160 hours	
4.		Caregiving (NC II)	640 hours	40 hours of the subject during exploratory Grade 7/8
5.		Cookery (NC II)	320 hours	40 hours of the subject during exploratory Grade 7/8
6.		Dressmaking (NC II)	320 hours	
7.		Food and Beverage Services (NC II)	160 hours	
8.		Front Office Services (NC II)	160 hours	40 hours of the subject during exploratory Grade 7/8
9.		Hairdressing (NC II)	320 hours	
10.		Handicraft (Basketry, Macrame) (Non-NC)	160 hours	
11.		Handicraft (Fashion Accessories, Paper Craft) (Non-NC)	160 hours	
12.		Handicraft (Needlecraft) (Non-NC)	160 hours	
13.		Handicraft (Woodcraft, Leathercraft) (Non-NC)	160 hours	
14.		Household Services (NC II)	320 hours	40 hours of the subject during exploratory Grade 7/8
15.		Housekeeping (NC II)	160 hours	
16.		Tailoring (NC II)	320 hours	40 hours of the subject during exploratory Grade 7/8
17.		Tour Guiding Services (NC II)	160 hours	
18.		Tourism Promotion Services (NC II)	160 hours	
19.		Travel Services (NC II)	160 hours	
20.		Wellness Massage (NC II)	160 hours	

**K to 12 BASIC EDUCATION CURRICULUM**  
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**HOME ECONOMICS – HAIRDRESSING (HD)**

	<b>Specialization</b>	<b>Number of Hours</b>	<b>Pre-requisite</b>
1.	<b>ICT</b>	Computer Hardware Servicing (NC II)	
2.		Animation (NC II)	
3.		Computer Programming (NC IV)	
4.		Contact Center Services (NC II)	
5.		Illustration (NC II)	
6.		Medical Transcription (NC II)	
7.		Technical Drafting (NC II)	
1.	<b>INDUSTRIAL ARTS</b>	Automotive Servicing (NC I)	
2.		Carpentry (NC II)	
3.		Consumer Electronics Servicing (NC II)	
4.		Electrical Installation and Maintenance (NC II)	
5.		Masonry (NC II)	
6.		Plumbing (NC I)	
7.		Plumbing (NC II)	Plumbing (NC I)
8.		Refrigeration and Airconditioning Servicing (NC II)	
9.		Shielded Metal Arc Welding (NC I)	
10.		Shielded Metal Arc Welding (NC II)	Shielded Metal Arc Welding (NC I)
11.		Tile Setting (NC II)	

**K to 12 BASIC EDUCATION CURRICULUM**  
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**HOME ECONOMICS – HAIRDRESSING (HD)**  
(160 hours)

**Course Description:**

This curriculum guide on HAIRDRESSING leads to a National Certificate Level II (NCII). This course is designed for a high school student to develop the knowledge, skills and attitude to perform the services related to hairdressing. It covers the core competencies of (1) hair care and scalp treatment, (2) hair perming, and (3) hair cutting. The preliminaries of this specialization course include the following: 1) core concepts in hairdressing ; 2) discussion on the relevance of the course, and 3) an exploration of career opportunities in hairdressing.

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
<b>Introduction</b> 1. Core concepts in hairdressing 2. Relevance of the course 3. Career opportunities	The learner demonstrates an understanding of basic concepts and underlying theories in hairdressing	The learner independently demonstrate common competencies in hairdressing as prescribed in the TESDA Training Regulation	<i>The learner:</i> 1. explains basic concepts in hairdressing 2. discusses the relevance of the course 3. explores opportunities in hairdressing	
<b>QUARTER 1</b> <b>LESSON 1: HAIR CARE AND SCALP TREATMENT (TS)</b>				
<b>Hair Care</b> 1. Hair shampooing and conditioning 2. Benefits of scalp and hair care treatment 3. Scalp and hair structure 4. Diseases and disorders of the scalp and hair 4.1. Dandruff 4.2. Dry scalp 4.3. Oily scalp 4.4. Itchy scalp 4.5. Excessive hair loss 4.6. Baldness (Alopecia) 4.7. Ringworm of the head 4.8. Honeycomb 4.9. Head lice 4.10. Bamboo hair 4.11. Beaded hair	The learner demonstrates an understanding of the core concepts and theories in hair care and scalp treatment.	The learner demonstrates common and core competencies in performing hair care and scalp treatment services.	<b>LO 1. Treatment of hair and scalp</b> 1.1. Appreciate the benefits of scalp and hair treatment 1.2. Analyze scalp and hair structure 1.3. Distinguish diseases and disorders of scalp and hair 1.4. Use appropriate equipment, implements, and materials in shampooing and conditioning 1.5. Observe safety precautions and sanitation while at	<b>TLE_HEHD9-12TS-Ia-1</b>

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
4.12. Twisted hair 4.13. Split ends 4.14. Oily hair 4.15. Dry hair 5. Equipment, implements, materials, supplies needed 6. Safety precautions and sanitation while at work 7. Types of conditioner 8. Protein base 9. Hot oil treatment 10. Moisturizing 11. Types of shampoo 11.1. Hydrating 11.2. Clarifying 11.3. Smoothing 11.4. Volumizing			work 1.6. Explain the different types of shampoo and conditioner 1.7. Apply shampoo and/or conditioner on the client	
12. Draping procedures 13. Preparation of protective clothing and materials 14. Preparation of tools, supplies, and materials 15. Human relations			<b>LO 2. Prepare client</b> 2.1 Assist client in accordance with salon procedures 2.2 Assess built of the client to determine appropriate size of drapery to be used 2.3 Provide appropriate clothing according to the desired type of service, and size and built of the client 2.4 Advise client to remove all jewelry and accessories	<b>TLE_HEHD9-12TS-Ib-2</b>
16. Application of shampoo and conditioner 17. Shampooing technique 18. Checking and analyzing of hair 19. Types of service			<b>LO 3. Apply shampoo and/or conditioner on the client</b> 3.1 Shampoo and/or condition hair as required and following standard	<b>TLE_HEHD9-12TS-Ib-3</b>

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
20. Salon procedures			procedure 3.2 Provide client first-aid treatment or the benefit of a health personnel, if necessary 3.3 Ensure client's safety and comfort during the entire process	
21. Use of towel in drying hair 22. Use of hair dryer tools and equipment 23. Blow drying of hair 24. Applying hair finishing products 25. Occupational health and safety requirements			<b>LO 4. Blow-dry hair</b> 4.1 Towel dry and comb hair according to service requirements 4.2 Blow-dry hair according to service requirements and following standard procedure 4.3 Apply finishing product on blow-dried hair according to product specifications 4.4 Ensure client's safety and comfort during the entire process	<b>TLE_HEHD9-12TS-Ic-4</b>
26. Storing and recording treatment products 27. Tools and equipment: cleaning, sanitizing, and storing procedures 28. Occupational health and safety rules and regulations 29. Hygiene and sanitation 30. Maintaining tools and equipment 31. Home hair care and scalp maintenance 32. Good housekeeping			<b>LO 5. Perform post-service activities</b> 3.1 Clean, sanitize, and store tools and equipment according to OHS requirements 3.2 Segregate and dispose waste materials according to OHS requirements	<b>TLE_HEHD9-12TS-Id-5</b>
<b>Scalp and hair treatment</b> 1. Basic scalp manipulation			<b>LO 6. Prepare client</b> 6.1 Determine client's health	<b>TLE_HEHD9-12TS-Ie-6</b>

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
2. Equipment, implements, materials and supplies needed 3. Types of scalp and hair treatment 3.1. Hot oil treatment/hair spa 3.2. Dandruff treatment 3.3. Oily scalp treatment 3.4. Treatment for Alopecia 4. Checking and analyzing hair and scalp condition 5. Listening skills, consultation, and recommendation 6. Protective clothing materials 7. Safety policies and procedures			and restrictions through consultation 6.2 Analyze client's scalp and hair condition following salon safety policies and procedures 6.3 Prepare and use protective clothing according to OHS	
8. Preparation and uses of tools, supplies, and materials 9. Proper application of hair treatment product 10. Checking client's result/outcome 11. Salon policies and procedures 12. Principles of Ergonomics 13. Occupational health and safety rules and regulations 14. First Aid			<b>LO 7. Treat hair condition</b> 7.1 Select and prepare supplies/materials and hair treatment product 7.2 Perform hair treatment following established or acceptable procedures 7.3 Check results based on client's desired outcome 7.4 Ensure client's safety and comfort during the entire process 7.5 Provide client first-aid treatment or refer to a health personnel, if necessary	<b>TLE_HEHD9-12TS-If-g-7</b>
			<b>LO 8. Treat scalp condition</b> 8.1. Select and prepare scalp treatment product based	<b>TLE_HEHD9-12TS-Ih-i-8</b>

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
			on client's scalp condition 8.2. Perform scalp treatment following established or acceptable procedures 8.3. Check result based on client desired outcome 8.4. Ensure client's safety and comfort during the process 8.5. Provide client first-aid treatment or refer to health personnel if necessary	
15. Storing and recording treatment products 16. Tools and equipment: cleaning, sanitizing, and storing procedures 17. Occupational health and safety rules and regulations 18. Hygiene and sanitation 19. Maintaining tools and equipment 20. Home hair care and scalp maintenance 21. Good housekeeping			<b>LO 9. Perform post-service activities</b> 9.1 Store treatment products used following salon procedures 9.2 Clean, sanitize, and store tools and equipment according to OHS requirements 9.3 Advise client on appropriate hair and scalp maintenance	<b>TLE_HEHD9-12TS-Ij-9</b>
<b>QUARTER 2</b> <b>LESSON 1: PERFORM HAIR PERMING (HP)</b>				
1. Fundamentals of Hair Perming 2. Benefits of hair perming 3. Scalp and hair analysis 4.1 Scalp condition 4.2 Hair porosity 4.3 Hair texture 4.4 Hair elasticity 4.5 Hair density			<b>LO 1. Fundamentals in Hair Perming</b> 1.1. Express ideas clearly on the benefits of hair perming 1.2. Analyze the condition of scalp and hair 1.3. Use appropriate tools, materials in permanent	<b>TLE_HEHD9-12HP-IIa-b-1</b>

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
4.6 Hair length 4. Tools and materials needed in hair perming 5. Sectioning, blocking, and winding of hair 5.1 Blocking patterns 5.2 Double halo (horse shoe) 5.3 Single halo (catcho) 5.4 Straight back (brush up) 5.5 Dropped crown 5.6 Brick winding 6. Safety rules and reminders in hair perming 7. Procedures in hair perming 7.1 Processing time 7.2 Neutralizing time			waving 1.4. Perform the steps in sectioning, blocking, and winding of hair 1.5. Observe safety rules and reminders in hair perming 1.6. Discuss the procedures in hair perming 1.7. Perform the procedures in permanent waving	
8. Use of protective clothing 9. Checking and analyzing types of hair condition 10. Checking chemical treatments applied to hair 11. Checking scalp condition 12. Types of hair curls 13. Customer relations 14. Interpersonal relations			<b>LO 2. Prepare client</b> 2.1 Advise client to remove all personal accessories 2.2 Check and analyze condition and type of hair 2.3 Determine if previous chemical treatment exists 2.4 Check scalp condition if free from scratches and open wounds 2.5 Advise client to defer hair perming if adverse scalp and health conditions exist 2.6 Confirm types of hair curls with client	<b>TLE_HEHD9-12HP-IIc-2</b>
15. Preparation and use of tools, supplies, and equipment 16. Safe handling and usage of			<b>LO 3. Perm hair</b> 3.1 Prepare and use necessary tools,	<b>TLE_HEHD9-12HP-IIId-j-3</b>

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
tools and equipment 17. Perm product knowledge 18. Hair perm procedure 19. Hair rinsing procedure 20. Principles of ergonomics 21. Safety precautions			equipment, supplies/materials following salon policies and procedures and OHS requirements 3.2 Prepare perm solution according to client's hair type, texture/condition and product specifications 3.3 Perform hair perming in accordance with established or standard procedures and product specifications 3.4 Rinse hair thoroughly, towel-dry and apply conditioner 3.5 Ensure client's safety and comfort during the entire process	
22. Evaluation of perm result 23. Tapering/trimming procedures 24. Types of finishing products (product knowledge)			<b>LO 4. Apply finishing touches</b> 4.1 Check hair according to client's desired outcome 4.2 Taper/trim and style hair if necessary 4.3 Confirm client's satisfaction and make adjustments if requirement	<b>TLE_HEHD9-12HP-IIId-j-4</b>
25. Home hair care and maintenance 26. Tools, equipment, supplies, and materials: cleaning and storing 27. Salon procedures in storing treatment products			<b>LO 5. Perform post-service activities</b> 5.1 Advise client on hair care and maintenance 5.2 Clean and store tools, equipment, supplies, and materials after use in	<b>TLE_HEHD9-12HP-IIId-j-5</b>

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
28. Good housekeeping 29. Maintaining tools and equipment 30. Waste disposal 31. Occupational health and safety requirements			accordance with salon procedures 5.3 Properly dispose of waste items in accordance with OHS requirements 5.4 Clean and prepare workstation for the next client	
<b>QUARTER 3 and 4</b> <b>LESSON 1: PERFORM HAIRCUTTING (HC)</b>				
1. Fundamentals in Haircutting 2. Haircutting process 3. Hair and face analysis 4. Fundamental disciplines in haircutting 5. Implements and supplies in haircutting 6. Implements and supplies in hair cutting 7. Importance of hair control 7.1 Hair elevation 7.2 Hair directions 8. Hair blocking and sectioning 9. Basic cutting strokes 11.1 Perpendicular cutting angle (blunt stroke) 11.2 Diagonal cutting angle (tapering stroke) 10. Haircutting techniques 12.1 Tapering 12.2 Layering 12.3 Undercutting 12.4 Slithering 12.5 Shingling 12.6 Thinning 11. Application of basic hair cutting techniques	The learner demonstrates an understanding of the core concepts and theories in haircutting.	The learner demonstrates common competencies in haircutting.	<b>LO 1. Fundamentals in haircutting</b> 1.1 Express one's experience and exposure about the process of haircutting 1.2 Analyze the hair condition and the shape of face for appropriate hair cut 1.3 Practice fundamental disciplines in haircutting 1.4 Discuss the uses of tools and implements in haircutting 1.5 Show the importance of hair control in haircutting 1.6 Perform the steps in hair blocking and sectioning 1.7 Discuss basic cutting strokes 1.8 Demonstrate haircutting techniques 1.9 Return demonstration of haircutting techniques 1.10 Perform haircut	<b>TLE_HEHD9-12HC-III-IVa-j-1</b>

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
13.1 One length 13.2 Short cut 13.3 Long graduation				
12. Customer courtesy 13. Client's profile: face, built, and height 14. Hair theory and structure 15. Hair analysis 16. Different hair styles 17. Selection of haircut style 18. Protective clothing and materials 19. Salon procedures shampooing hair 20. Work values			<b>LO 2. Prepare client</b> 2.1 Extend appropriate courtesy to the client at all times 2.2 Assess shape of the client's face, head, length and width of hair according to his/her built and height 2.3 Analyze texture of hair according to style requirements and cutting technique to be used 2.4 Present hair catalog to the client for selection and agreement between client and hairdresser 2.5 Provide and use protective clothing according to health and sanitation regulations 2.6 Shampoo and/or condition hair following salon procedure	<b>TLE_HEHD9-12HC-III-IVa-j-2</b>
21. Prepare and select hair cutting tools, supplies, and materials 22. Basic haircut 23. Cutting techniques for different haircut style 24. Principles of ergonomics 25. First aid			<b>LO 3. Cut hair</b> 3.1 Prepare and use appropriate materials, tools, and hair implements according to client's desired haircut and OHS requirement 3.2 Perform haircut according to haircut style and established or acceptable	<b>TLE_HEHD9-12HC-III-IVa-j-3</b>

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
			<p>procedures</p> <p>3.3 Ensure client's safety and comfort during the entire process</p> <p>3.4 Provide client first-aid treatment or refer to health personnel if necessary</p>	
<p>26. Blow drying techniques</p> <p>27. Handling and use of hair cutting tools</p> <p>28. Checking and applying finishing touches</p> <p>29. Types of finishing products (product knowledge)</p> <p>30. Evaluation of finishing touch result/desired outcome</p> <p>31. Consultation techniques</p>			<p><b>LO 4. Check hair and apply appropriate finishing touches</b></p> <p>4.1 Blow-dry and check hair for accuracy and finishing touches</p> <p>4.2 Use finishing cutting tools according to haircut style</p> <p>4.3 Apply hair finishing product as per client's requirements and style</p> <p>4.4 Confirm client's acceptance and make adjustments if required</p>	<b>TLE_HEHD9-12HC-III-IVa-j-4</b>

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
32. Use of hair care and maintenance products 33. Equipment, tools, and implements: cleaning, sterilizing, and storing procedures 34. Salon policies and procedures 35. Waste disposal 36. OHS requirements 37. Hygiene and sanitation 38. Waste management 39. Good housekeeping 40. Evaluation of finished haircut			<b>LO 5. Perform post service activities</b> 5.1 Advise client on proper hair care and maintenance 5.2 Clean, sterilize, and store tools, implements and equipment in accordance with salon policy 5.3 Properly dispose of waste items following OHS practice 5.4 Clean working area in preparation for the next client 5.5 Prepare scoring rubrics for haircut	<b>TLE_HEHD9-12HC-IIIa-5</b>

**K to 12 BASIC EDUCATION CURRICULUM**  
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**HOME ECONOMICS – HAIRDRESSING (HD)**  
(160 hours)

**Course Description:**

This curriculum guide on **HAIRDRESSING** leads to National Certificate Level II (NCII). This course is designed for high school students to develop knowledge, skills, and attitude to perform the tasks on HAIRDRESSING service. It covers core competencies namely: (1) performing hair coloring and bleaching; (2) performing hair straightening; (3) performing hair styling; and (4) performing Make Up. The preliminaries of this specialization course includes the following: 1) Explain core concepts in Hairdressing ; 2) Discuss the relevance of the course 3) Explore on opportunities for a Hairdresser as a career.

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
<b>Introduction</b> 1. Core concepts in hairdressing 2. Relevance of the course 3. Career opportunities	The learners demonstrate an understanding of basic concepts and underlying theories in hairdressing	The learners independently demonstrate common competencies in hairdressing as prescribed in the TESDA Training Regulation	<i>The learners:</i> 1. explain basic concepts in hairdressing 2. discuss the relevance of the course 3. explore opportunities in hairdressing	
<b>QUARTER 1</b> <b>PERFORM HAIR COLORING and HAIR BLEACHING (CB)</b>				
<b>Lesson 1. Hair Coloring</b> 1. Overview of hair coloring 2. Implements and supplies in hair coloring 3. Classification of hair coloring 4. Types of hair coloring application 5. Scalp and hair analysis 6. Skin test/ patch test 7. Hair coloring applications 7.1. Temporary 7.2. Semi-permanent 7.3. Permanent (initial, retouch) 8. Dimensional Highlighting 8.1. Foil technique 8.2. Cap technique 9. Effects of allergies and hair treatment to hair coloring activity	The learner demonstrates understanding of the core concepts and theories in performing hair coloring and hair bleaching	The learner demonstrates common competencies in hair coloring and hair bleaching activities	<b>LO 1. Fundamentals in hair coloring and hair bleaching</b> 1.1 Perform preliminary steps on hair coloring 1.2 Use tested products, implements and supplies 1.3 Classify various hair coloring 1.4 Describe various types of hair coloring application 1.5 Conduct scalp and hair analysis 1.6 Identify the effects of allergies and hair treatment to hair coloring activity 1.7 Perform skin test/patch test carefully 1.8 Discuss hair coloring applications	<b>TLE_HEHD9-12CB-Ia-b-1</b>

**K to 12 BASIC EDUCATION CURRICULUM**  
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**HOME ECONOMICS – HAIRDRESSING (HD)**

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
			1.9 Explain dimensional highlighting	
10. Assessing personality, life style, and skin tone 11. Checking and analyzing hair and scalp condition 12. Draping techniques 13. Shampooing technique 14. Color theory/color wheel 15. Preparation and use of tools, materials and implements 16. Occupational Health and Safety requirements			<b>LO 2. Prepare client</b> 2.1 Consult and advise client on color options, and checked for possible skin allergies 2.2 Check and analyze condition of the hair and scalp Prepare and use protective clothing and materials according to OH&S requirements 2.3 Drape client following established procedures to avoid stains from hair coloring 2.4 Where necessary, shampoo client's hair to remove remaining conditioners and styling products, making sure the scalp is not scratched 2.5 Style where necessary, hair according to client's particular requirements 2.6 Ensure client's safety and comfort during the activity	<b>TLE_HEHD9-12CB-Ic-f-2</b>
17. Selecting and mixing hair color and developer 18. Ratio and proportion 19. Kinds and uses of developers 20. Application of coloring product 21. Color Application Method			<b>LO 3. Apply hair color</b> 3.1 Prepare and use tools, materials, implements following OH&S requirements 3.2 Select and mix color and developer according to client's hair condition and	<b>TLE_HEHD9-12CB-Ic-f-3</b>

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
22. Coloring products (Product knowledge) 23. Classification and uses of hair colorants 24. Timeline in hair coloring process 25. Salon policies and procedures 26. Styling hair using finishing products 27. Principles of ergonomics			length and desired outcome 3.3 Apply color according to product specifications and established or acceptable procedures 3.4 Style where necessary, hair according to client's particular requirements 3.5 Ensure client's safety and comfort during the process	
28. Hair care and maintenance for colored/dyed hair 29. Tools, materials and implements: Cleaning, sanitizing and storing 30. Waste disposal 31. Good housekeeping 32. Hygiene and sanitation			<b>LO 4. Perform post-service activities</b> 4.1 Advise client on hair care and maintenance for colored/dyed hair 4.2 Clean, sanitize and store tools, materials 4.3 Implements according to OH&S rules and regulations 4.4 Dispose wastes of according to OH&S requirements 4.5 Clean and prepare workstation for next activity	<b>TLE_HEHD9-12CB-Ic-f-4</b>
<b>Lesson 2. Hair Bleaching</b> 22. Consultation – Patient's Medical/health condition 23. Kinds of hair chemical treatments 24. Checking and analyzing hair and scalp condition 25. Interpersonal skills			<b>LO 1. Prepare client</b> 1.1 Consult client on health condition and previous hair chemical treatment availed 1.2 Advise client on possible service options and outcome results	<b>TLE_HEHD9-12CB-Ig-j-5</b>

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
26. Draping techniques 27. Protective clothing 28. Shampooing techniques 29. Color chart 30. Skin test 31. Color theory/color wheel			1.3 Check and analyze conditions of the hair and scalp 1.4 Advise client to remove all personal accessories 1.5 Provide client with protective clothing and gadgets following salon procedures 1.6 Where necessary, shampoo client's hair without scratching the scalp and blow dry	
32. Preparation and use of tools, equipment and supplies and materials, and implements 33. Occupational Safety and Health 34. requirements 35. Mixing bleaching product 36. Ratio and proportion 37. Interpreting manufacturer's instructions 38. Application of bleaching product 39. Safety procedures and practices 40. Principles of ergonomics			<b>LO 2. Bleach hair</b> 2.1 Prepare and use supplies, materials, tools, equipment, and implements according to OH&S requirements 2.2 Mix bleaching product with right volume of developer according to manufacturers' instructions and client's hair texture 2.4 Perform hair bleaching according to established or acceptable procedures and product specifications 2.5 Ensure clients' safety and comfort during the process 2.6 Where necessary, provide first-aid treatment to client or referred to health personnel	<b>TLE_HEHD9-12CB-Ig-j-6</b>

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
41. Hair care treatment procedure 42. User of hair care treatment products 43. Sanitizing and storing tools, equipment and implements 44. Waste disposal 45. Good housekeeping 46. Hygiene and sanitation			<b>LO 3. Perform post-service activities</b> 3.1 Advise client on hair care and maintenance 3.2 Sanitize and store tools and equipment and implements after use according to salon procedures 3.3 Dispose wastes of according to OH&S requirements 3.4 Clean and prepare workstation for next activity	<b>TLE_HEHD9-12CB-Ig-j-7</b>
<b>QUARTER 2</b> <b>LESSON 1: PERFORM HAIR STRAIGHTENING (ST)</b>				
<b>Hair Straightening</b> 32. Benefits of chemical hair straightening 33. Hair chemistry and restructuring 34. Products used in chemical hair straightening 35. Scalp and hair analysis 36. Implements and supplies used in hair straightening 37. Steps in chemical hair straightening process 38. Proper hair care and maintenance 39. Occupational health and safety rules in chemical hair straightening	The learner demonstrates understanding of the core concepts and theories in performing hair straightening	The learner demonstrates common competencies in performing hair straighten	<b>LO 1. Introduction to Hair Straightening</b> 1.1 Appreciate the benefits of chemical hair straightening 1.2 Explain hair chemistry and restructuring 1.3 Discuss the products used in chemical hair straightening 1.4 Discuss the importance of scalp and hair analysis. 1.5 Use appropriate implements and supplies in hair straightening 1.6 Perform the steps in chemical hair straightening 1.7 Observe safety rules and	<b>TLE_HEHD9-12ST-IIa-j-1</b>

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
			reminders in hair straightening	
40. Discuss the importance of scalp and hair analysis. 41. Use appropriate implements and supplies in hair straightening 42. Perform the steps in chemical hair straightening 43. Observe safety rules and reminders in hair straightening			<b>LO 2. Prepare client</b> 2.1 Advise client to remove all personal accessories 2.2 Use protective clothing and gadgets to ensure clients safety and comfort 2.3 Check and analyze client hair texture and condition, together with scalp 2.4 Confirm previous hair treatment with the client before doing the desired service 2.5 Drape and shampoo client without scratching the scalp	<b>TLE_HEHD9-12ST-IIa-j-2</b>
44. Preparation and use of tools and materials 45. Occupational health and safety requirements 46. Different form of hair straightening products 47. Application of hair straightening products 48. Manufacturers specification 49. Principles of ergonomics 50. First Aid			<b>LO 3. Apply hair straightening product</b> 3.1 Prepare and use necessary tools and materials according to OH&S requirements 3.2 Identify and/or mix different forms of products based on types of hair and desired hair straightening service in accordance with manufacturers' instruction 3.3 Perform hair straightening in accordance with product specifications and established or acceptable procedures 3.4 Ensure client's safety and	<b>TLE_HEHD9-12ST-IIa-j-3</b>

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
			<p>comfort during the entire process</p> <p>3.5 When necessary, provide first-aid treatment to client or referred to health personnel</p>	

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
51. Blow drying procedure 52. Use of protective hair products 53. Iron setting 54. Hair sectioning 55. Handling of tools 56. Occupational health and safety rules and regulations			<b>LO 4. Iron Hair</b> 4.1 Blow-dry hair according to salon procedures 4.2 Apply protective hair product through the hair before actual ironing 4.3 Set iron plate in accordance with hair condition 4.4 Sub-section hair according to salon procedures 4.5 Iron hair in accordance with salon procedures	<b>TLE_HEHD9-12ST-IIa-j-4</b>
57. Applying fixing solution (Neutralizer) 58. Timeline 59. Manufacturers specification / instructions 60. Hair rinsing procedure 61. Evaluation of hair straightening result / client's desired outcome			<b>LO 5. Apply hair fixing solution</b> 5.1 Apply fixing solution on the hair in accordance with manufacturer's instructions 5.2 Follow processing time according to manufacturer's instructions 5.3 Rinse hair thoroughly and applied with necessary treatment products according to manufacturers' instructions	<b>TLE_HEHD9-12ST-IIa-j-5</b>

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
			5.4 Check result and style hair according to clients' desired outcome	
62. Proper hair care and maintenance 63. Cleaning and storing procedures 64. Preparation and application of cleaning agents and chemicals 65. Hygiene and sanitation 66. Waste management 67. Good housekeeping			<b>LO 6. Perform post service activities</b> 6.1 Advise client on hair care and maintenance 6.2 Clean, sterilize/sanitize tools, implements and equipments and store after use in accordance with salon procedures 6.3 Properly dispose waste items of in accordance with OH&S requirements 6.4 Clean working area in preparation for the next client	<b>TLE_HEHD9-12ST-IIa-j-6</b>

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
<b>QUARTER 3</b> <b>LESSON 1: PERFORM HAIRSTYLING (HS)</b>				
1. Overview of hairstyling 2. Benefits of having hairstyling skills 3. Responsibilities of hairstylist 4. Fundamental principles of hairstyling 4.1 Body shape and height 4.2 Facial shape 4.3 Head shape 4.4 Hair texture, length and density 4.5 Hair growth 5. Equipment, implements and supplies in hairstyling 6. Safety precautions and sanitation while working 7. Basic hair parting, blocking and sectioning techniques	The learner demonstrates understanding of the core concepts and theories in performing styling	The learner demonstrates common competencies in performing styling	<b>LO 1. Introduction to hairstyling</b> 1.1 Express ideas about hairstyling 1.2 Appreciate the benefits of having hairstyling skills 1.3 Inculcate the responsibilities of a hairstylist 1.4 Analyze the fundamental principles of hairstyling 1.5 Inculcate the responsibilities of a hairstylist 1.6 Analyze the fundamental principles of hairstyling 1.7 Use appropriate equipment, implements and supplies 1.8 Observe safety precautions and sanitation while working 1.9 Perform the steps in basic hair parting, blocking and sectioning	<b>TLE_HEHD9-12HS-IIIA-j-1</b>

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
<p>8. Methods of hairstyling</p> <p>8.1. Non-thermal (Traditional)</p> <ul style="list-style-type: none"> <li>- Finger waving</li> <li>- Roller setting</li> <li>- Pin curling</li> </ul> <p>8.2. Shapers (twist ties)</p> <p>8.3. Thermal styling (electrical gadgets)</p> <ul style="list-style-type: none"> <li>- Hair blower</li> <li>- Electrical irons</li> <li>- Crimpers</li> <li>- Hot rollers</li> <li>- Curling iron</li> <li>- Straightening iron</li> </ul> <p>9. Kinds of hairstyles</p> <p>9.1. Casual hairstyle</p> <p>9.2. Formal hairstyle</p> <ul style="list-style-type: none"> <li>- Petals and roller</li> <li>- French Twist</li> <li>- Chignon</li> </ul> <p>9.3. Creative hairstyle</p> <p>10. Special effects used in hairstyling</p> <p>10.1 Mousse</p> <p>10.2 Glitter spray</p> <p>10.3 Wigs and hair extensions</p> <p>11. Hairstyling services</p> <p>11.1 Casual hairstyle</p> <p>11.2 Formal hairstyle</p> <p>11.3 Creative hairstyle</p> <p>12. Evaluation of finished hairstyle</p> <p>13. Price of service</p> <p>14. Packaging and marketing of service</p>			<p><b>LO 2. Perform the various methods of hairstyling</b></p> <p>2.1 Non-thermal styling</p> <p>2.2 Thermal styling</p> <p>2.3 Perform casual and formal creative hairstyles</p> <p>2.4 Perform hairstyling using special effects in hairstyling</p> <p>2.5 Provide hairstyling services</p> <ul style="list-style-type: none"> <li>- Casual hairstyle</li> <li>- Formal hairstyle</li> <li>- Creative hairstyle</li> </ul> <p>2.6 Use a rubric in evaluating the services for hairstyling</p> <p>2.7 Compute the cost of service</p> <p>2.8 Package and market hairstyling service using acceptable standard</p>	TLE_HEHD9-12HS-IIIa-j-2

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
<b>QUARTER 4</b> <b>LESSON 1: APPLYING MAKE-UP (MU)</b>				
1. Advising client and consultation 2. Communication skill 3. Shape of face 4. Skin type and tone 5. Correct positioning of clients (Ergonomics) 6. Protective clothing			<b>LO 1. Prepare clients</b> 1.1 Advise client to remove all personal accessories 1.2 Consult client on specific make-up requirements 1.3 Analyze shapes of face and skin type / tones of client according to make-up requirements 1.4 Seat client in a comfortable position during the entire process 1.5 Provide client with protective clothing following salon procedures	<b>TLE_HEHD9-12MU-IVa-j-1</b>
7. Personal hygiene 8. Make up requirements 8.1. Day Make - up 8.2. Evening Make - up 8.3. Bridal 8.4. Commercial 9. Preparation and selection of tools, supplies and materials 10. Handling of tools 11. Applying make-up procedures and techniques 12. Principles of ergonomics			<b>LO 2. Apply Make-up</b> 2.1 Sanitize hand before actual application of make-up 2.2 Select and prepare make-up products and accessories, tools, supplies and materials according to client make – up requirement 2.3 Perform make-up application in accordance with	<b>TLE_HEHD9-12MU-IVa-j-2</b>

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
			<p>established or acceptable procedures</p> <p>2.4 Check make-up result before application of finishing touches</p> <p>2.5 Ensure client's comfort and safety during the entire process</p>	
<p>13. Procedures in finishing touches activities</p> <p>14. Make-up tools, materials and implements: cleaning and storing procedures,</p> <p>15. Policies and guidelines</p> <p>16. Occupational health and safety requirements</p> <p>17. Good Housekeeping</p>			<p><b>LO 3. Perform post-service activities</b></p> <p>3.1 Advise client on appropriate product and procedure in applying retouch and removing make-up</p> <p>3.2 Clean and store make-up products, tools, materials and implements after use in accordance with salon procedures</p> <p>3.3 Properly dispose waste items of in accordance with OH&amp;S requirements</p> <p>3.4 Clean and prepare workstation for next activity</p>	<b>TLE_HEHD9-12MU-IVa-j-3</b>

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**  
**Glossary**

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**  
**Code Book Legend**  
**Sample: TLE\_HEHD9-12MU-Iva-c-3**

LEGEND		SAMPLE	
<b>First Entry</b>	Learning Area and Strand/ Subject or Specialization	Technology and Livelihood Education_Home Economics Hairdressing	<b>TLE_HE HD 9-12</b>
	Grade Level	Grade 9/10/11/12	
<b>Uppercase Letter/s</b>	Domain/Content/ Component/ Topic	Applying Make-Up	<b>MU</b>
			<b>-</b>
<b>Roman Numeral</b> <i>*Zero if no specific quarter</i>	Quarter	Fourth Quarter	<b>IV</b>
<b>Lowercase Letter/s</b> <i>*Put a hyphen (-) in between letters to indicate more than a specific week</i>	Week	Week One to Three	<b>a-c</b>
			<b>-</b>
<b>Arabic Number</b>	Competency	<b>Perform post-service activities</b>	<b>3</b>

DOMAIN/ COMPONENT	CODE
Hair Care and Scalp Treatment	CS
Perform Hair Perming	HP
Perform Haircutting	HC
Perform Hair Coloring And Hair Bleaching	CB
Perform Hair Straightening	ST
Perform Hairstyling	HS
Applying Make-Up	MU

Technology-Livelihood Education and Technical-Vocational Track specializations may be taken between Grades 9 to 12.

Schools may offer specializations from the four strands as long as the minimum number of hours for each specialization is met.

Please refer to the sample Curriculum Map on the next page for the number of semesters per Home Economics specialization and those that have pre-requisites. Curriculum Maps may be modified according to specializations offered by a school.

**K to 12 BASIC EDUCATION CURRICULUM**  
**JUNIOR HIGH SCHOOL TECHNICAL LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL - TECHNICAL-VOCATIONAL-LIVELIHOOD TRACK**  
**HOME ECONOMICS – HAIRDRESSING (HD)**

**SAMPLE HOME ECONOMICS CURRICULUM MAP**

No.	Grade 7/8			Grade 9	Grade 10	Grade 11	Grade 12
1	EXPLORATORY			*Beauty/Nail Care (NC II)  2 sems	Wellness Massage (NC II)  2 sems		Hairdressing (NC II)  4 sems
2							
3							
4				*Caregiving (NC II)  8 sems			
5				*Dressmaking (NC II)  4 sems		Tailoring (NC II)  4 sems	
6							
7				*Front Office Services (NC II)  2 sems	Travel Services (NC II)  2 sems	Tour Guiding Services (NC II)  2 sems	Tourism Promotion Services (NC II)  2 sems
8							
9							
10							
11				*Cookery (NC II)  4 sems		Bread and Pastry Production (NC II)  2 sems	Food and Beverage Services (NC II)  2 sems
12							
13							
14				*Household Services (NC II)  4 sems		Housekeeping (NC II)  2 sems	Attractions and Theme Parks (NC II)  2 sems
15							
16							
17				Handicraft (Non-NC) Needlecraft  2 sems	Handicraft (Non-NC) Fashion Accessories, Paper Craft  2 sems	Handicraft (Non-NC) Basketry, Macrame  2 sems	Handicraft (Non-NC) Woodcraft, Leathercraft  2 sems
18							
19							
20							

\* Students cannot take a specialization if they have not taken 40 hours of the subject in Grades 7 or 8