



Republic of the Philippines
Department of Education
REGION X – NORTHERN MINDANAO
SCHOOLS DIVISION OF MISAMIS ORIENTAL

DIVISION ADVISORY NO. _____, s. 2023

August 10, 2023

In compliance with DepEd Order No. 8, s. 2013

This Advisory is issued not for the endorsement per DO 28, s. 2001,
but for the information of DepEd Officials, personnel/ staff, and the concerned public.
(Please visit depedmisor.com)

16TH ANNUAL REGIONAL CONFERENCE (ARC) AND WORKSHOPS

The Philippine Guidance and Counselling Association, Region X Chapter (PGCA X) will be holding its 16th Annual Regional Conference (ARC) and Workshops on September 7 & 8, 2023 full face-to-face conference at Deluxe Hotel, Cagayan de Oro City. The theme of the conference is “Honing Helping Skills: Harnessing Change.”

This conference will upgrade the competencies of all guidance counselors from both government and private schools, administrators, psychologists, and psychometricians, teachers, social workers, guidance advocates, graduate students in the field of guidance & counseling, education and psychology and other helping professionals.

Attached is a copy of the program. The registration fee is Php 3,400.00 for 2-day lunch, am and pm snacks, presentation materials and certificate of participation. Confirmation of registration is on or before September 1, 2023.

Encls.: As stated

References: None

To be indicated in the Perpetual Index
under the following subjects:

CONFERENCE AND WORKSHOP
INVITATION



ELO/egd/sgod-mma



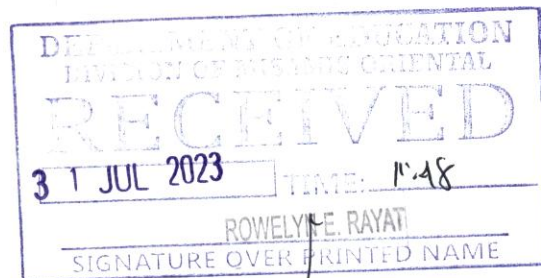


PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC.

Region X Chapter

The Accredited Integrated Professional Organization of Guidance Counselors in the Philippines
July 26, 2023

EDILBERTO L. OPLENARIA, CESO V
Schools Division Superintendent
DepEd Division of Misamis Oriental
Del Pilar corner Velez Street
Cagayan de Oro City 9000



Dear Dr. Oplenaria,

Warm Greetings!

The Philippine Guidance and Counseling Association Region X Chapter (PGCA X) will be holding its **16th Annual Regional Conference (ARC) and Workshops on September 7 & 8, 2023** full face-to-face conference at Deluxe Hotel, Cagayan de Oro City. The theme of the conference is **“Honing Helping Skills: Harnessing Change”**. This conference will upgrade the competencies of all guidance counselors from both government and private schools, administrators, psychologists and psychometricians, teachers, social workers, guidance advocates, graduate students in the field of guidance & counseling, education and psychology and other helping professionals.

In this regard, may we invite you to be our participant. We candidly hope that you will be able to join us in the said ARC. Attendance to the conference will earn you corresponding CPD points for RGC, RPsy/RPm, LPT and RSW

Attached is a copy of the program. Please see registration fee below. The registration fee includes 2-day lunch, am and pm snacks, presentation materials and certificate of participation. Please confirm your registration on or before **September 1, 2023**.

REGISTRATION FEE: Php 3,400.00



Deposit payment to **BPI**
Acct. Name: **PGCA-X**
Acct. Number: **8993-0023-81**

For registration, please go to the link below:
https://bit.ly/16thPGCAX_ARC_RegForm2023
or scan the QR Code



For more information and registration queries, please refer to the following contact details:

Ms. Catherine C. Lopez	Secretary	pgcaxsecretariat@gmail.com
Ms Jeannyvic T Roa	Asst. Secretary	pgcaxsecretariat@gmail.com
Ms. Faith T Yatoc	Treasurer	fyatoc@xu.edu.ph
Dr Nannette P Purto	Auditor	purtonpp@gmail.com
Dr. Juvy T. Importante	PRO	researchnew2017@gmail.com

See you soon!

Very truly yours,

MR. FERDINAND N. LABITAD, RGC, LPT
President, PGCA - X

ASST. OFFICE
RECEIVED

DATE: 7/31/23
TIME: 4:19 pm

CHAPTER OFFICERS

2022 – 2024

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Guidance and Counseling Office
Luca Hall Room 101
9000 Cagayan de Oro City



PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC.

Region X Chapter

The Accredited Integrated Professional Organization of Guidance Counselors in the Philippines

16th PGCA – X ANNUAL REGIONAL CONFERENCE & WORKSHOP

“Honing Helping Skills: Harnessing Change”

September 7-8, 2023

PROGRAM

DAY 1 - SEPTEMBER 7, 2023

7:30 – 8:00 REGISTRATION

8:15 – 9:00 INVOCATION
NATIONAL ANTHEM
WORDS OF WELCOME

INTRODUCTION OF
PARTICIPANTS

INTRODUCTION OF
THE KEYNOTE SPEAKER

9:00 – 10:00 KEYNOTE ADDRESS

10:00– 10:30 MESASGE FROM VICE MAYOR OF CAGAYAN DE ORO
VICE MAYOR JOCELYN “BEBOT” B. RODRIGUEZ

10:30 – 11:00 MESSAGE FROM THE DEPED REGIONAL DIRECTOR
DR. ARTURO B. BAYOCOT, CESO III
Regional Director, DEPED Region 10

11:00 – 12:00 PAPER PRESENTATION

1) “Assessing the Efficacy of a School - Based Trans-Diagnostic Intervention for Filipino College Students: A Randomized Control Trial”

MS. REYNALOU B. LAGARE, RGC
Guidance Counselor, MSU-IIT, Iligan City

2) “Using a Solution-Focused Approach to Cyber Bullying Victims as a Psychological Intervention for Empowerment”

DR. ALDWIN MURPHY B. KWEK, RGC, RPsy
Guidance Counselor 3, Misamis Occidental National High School, Oroquieta City

12:00 – 1:00 PRESIDENT’S REPORT

DAY 1 – SEPTEMBER 7, 2023

1:00 – 5:00 **WORKSHOP 1: “EMBRACING UNCERTAINTIES PLUS RESILIENCE: A MINDSET TO A CHANGING LANDSCAPE”**

Dr. Adelaide C. Gines, RGC, RPsy
President, PGCA National

DAY 2 – SEPTEMBER 8, 2023

8:00 – 12:00 **WORKSHOP 2: “DIVING INTO THE RABBIT HOLE OF THE UNICORNS”**

DR. JOEY MARIE F. JEGONIA, RGC, RPsy
Guidance Counselor, Xavier University

1:00 – 5:00 **WORKSHOP 3: “BEST PRACTICES: A FOLLOW – UP FOR RACE AGAINST SUICIDE PREVENTION IN SCHOOLS”**

MS. MICHELLE AMARILLA – CLIMACO, Rpm
*Project Assistant Manager, Heads Up PH
UNILAB Foundation, Inc.*

AWARDING OF CERTIFICATES AND CLOSING CEREMONIES

Master of Ceremonies

MS. ROSELIE F. RAFOLS, RGC
Business Manager, PGCA – X

PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC
REGION 10 CHAPTER

PGCA - X

**16th Annual Regional
Conference & Workshop**

September 7 - 8 2023
DE LUXE HOTEL, CAGAYAN DE ORO CITY



WORKSHOP SPEAKERS



**"EMBRACING UNCERTAINTIES PLUS RESILIENCE:
A MINDSET TO A CHANGING LANDSCAPE"**
DR. ADELAIDA C. GINES, RGC, RPsy
President, PGCA National | Keynote Speaker



"DIVING INTO THE RABBIT HOLE OF THE UNICORNS"
DR. JOEY MARIE F. JEGONIA, RGC, RPsy
Guidance Counselor, Xavier University



**"BEST PRACTICES: A FOLLOW - UP FOR RACE AGAINST
SUICIDE PREVENTION IN SCHOOLS"**
MS. MICHELLE AMARILLA - CLIMACO, Rpm
Project Assistant Manager, Heads Up PH
UNILAB Foundation, Inc.



With CPD PTS for RGC, RPsy/RPm, LPT, RSW

REGISTRATION LINK

https://bit.ly/16thPGCAX_ARC_RegForm2023

REGISTRATION FEE

Php 3,400.00



Deposit payment to BPI Acct.
Name : PGCA-X
Acct. Number : 8993-0023-81

pgcaxsecretariat@gmail.com