



Republic of the Philippines
Department of Education
REGION X - NORTHERN MINDANAO
SCHOOLS DIVISION OF MISAMIS ORIENTAL

DEPARTMENT OF EDUCATION
Division of Misamis Oriental
RELEASED

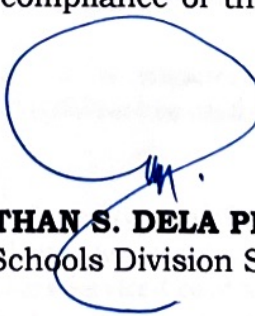
October 11, 2022
DATE: 13 OCT 2022
BY: [Signature]

DIVISION MEMORANDUM
No. 583 s. 2022

REQUEST FOR MESSAGES OF SUPPORT FOR THE NATIONAL MENTAL HEALTH WEEK

To: Assistant Schools Division Superintendent
Chief Education Supervisor
CID and SGOD Personnel
OSDS Unit Heads
Public Elementary and Secondary School Heads
All Others Concerned

1. This memorandum reiterates OUGFO No. 2022-03-0371 entitled **Request for Messages of Support for The National Mental Health Week**.
2. School heads are requested to record a video message of support for the National Mental Health Week and post the videos on their social media accounts (personal, public, office or school) within the week for the observance.
3. Attached is the Memorandum for the copy of the **Pledge of Support** and other details for reference.
4. Wide dissemination and immediate compliance of this memorandum is desired.


JONATHAN S. DELA PEÑA, PhD, CESO V
Schools Division Superintendent

ATCH.: As stated
To be indicated in the Perpetual Index
under the following subjects:

NATIONAL HEALTH WEEK

JSD/PAU-mlt/dbc



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Republic of the Philippines
Department of Education
OFFICE OF THE UNDERSECRETARY
GOVERNANCE AND FIELD OPERATIONS

OUGFO No. 2022-03-0371

MEMORANDUM

5 October 2022

FOR: **Undersecretaries and Assistant Secretaries
Bureau and Service Directors
Regional Directors and BARMM Minister of Education
Schools Division Superintendents
Elementary and Secondary School Heads**

FROM: **ATTY. REVSEE A. ESCOBEDO**
Undersecretary
Governance and Field Operations

SUBJECT: **REQUEST FOR MESSAGES OF SUPPORT FOR THE NATIONAL
MENTAL HEALTH WEEK**

In line with the observance of the National Mental Health Week on October 10-14, 2022, this Office, through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), in coordination with other bureaus and services concerned at the Central Office, enjoins **members of the Executive Committee, Bureau, Service and Regional Directors, Schools Division Superintendents (SDSs), and School Heads** are enjoined to post on their personal/public or their office's or school's official social media accounts, within the week of the observance, a *video message* where they express their **pledge of support** for the promotion of mental health through their respective roles or in their respective jurisdictions.

Attached is copy of the pledge (**Annex A**). It is requested that the hashtags **#MentallyHealthyDepEd** and **#NationalMentalHealthWeek** be used when posting the said video messages.

At the Central Office, Undersecretaries, Assistant Secretaries, and Bureau and Service and Directors are also requested to submit a copy of their video recording, together with a copy of their high-resolution photos, to the Public Affairs Service-Creative Media Unit through email at pas.cmu@deped.gov.ph, copy furnished janssen.cabrera@deped.gov.ph, on or before October 10, 2022.

The observance of the **National Mental Health Week** every second week of October of every year has been institutionalized in the country through Presidential Proclamation No. 452, s. 1994. The theme for this year's observance, as announced by the Department of Health, is "*Mental Health and Wellbeing for All: Promoting Mental Health in Physical and Virtual Spaces.*"

By joining the observance, we aim to bring together DepEd stakeholders and enjoin them to take part in ensuring the mental health and well-being of all personnel, learners, and other players both in school and physical workspaces and online.

For questions and concerns, please contact **Gian Erik M. Adao**, Education Program Specialist II, or **Luke C. Sismaet**, Technical Assistant II, BLSS-SHD through (02) 8-632-9935 or email at blss.shd@deped.gov.ph.

ANNEX A

Pledge of Support

I, _____, _____ of _____, _____, commit to help promote mental health and well-being in the Department of Education by _____

_____.

Together, let us continue to build a Department of Education in which mental health is valued, promoted and protected; where everyone has an equal opportunity to enjoy mental health and to exercise their human rights; and where everyone can access the mental health care they need. Together, let us continue to build a **#MentallyHealthyDepEd**.

Pangako ng Suporta

Ako, si _____, _____ ng _____, _____, ay nangangakong isusulong ang kalusugang pangkaisipan at kaginhawaan sa Department of Education sa pamamagitan ng _____
_____.

Sama-sama nating ipagpatuloy ang pagbuo ng Department of Education bilang isang kagawaran kung saan ang kalusugang pangkaisipan ng bawat isa ay pinahahalagahan, isinusulong, at pinapangalagaan, kung saan ang bawat isa ay may pantay na pagkakataong matamasa ang kalusugang pangkaisipan bilang isa sa kanilang mga karapatan, at kung saan ang bawat isa ay mayroong malalapitan sa panahon ng pangangailangan. Sama-sama nating itaguyod ang isang **#MentallyHealthyDepEd**.