



Republic of the Philippines  
**Department of Education**  
REGION X – NORTHERN MINDANAO  
SCHOOLS DIVISION OF MISAMIS ORIENTAL

Office of the Schools Division Superintendent

04 JANUARY 2023

**DIVISION MEMORANDUM**

No. 004, s. 2023

**TIMELINE ON THE CONDUCT OF THE DIFFERENT SPORTS COMPETITIONS  
FOR SCHOOL YEAR 2022-2023**

To: Public Schools District Supervisors/District In-Charge  
All Elementary and Secondary School Heads  
All Sports Managers and Coordinators  
All Others Concerned  
*This Division*

1. Pursuant to Deped Order No. 43, s.2016 entitled Implementing Rules and Regulations of the Republic Act 10588 otherwise known as **“The Palarong Pambansa Act of 2013,”** it is the policy of the State to promote physical education and encourage sports programs, league competitions and amateur sports, including training for international competitions, to foster self-discipline, teamwork and excellence for the development of a healthy and alert citizenry through the institutionalization of the Palarong Pambansa as the country’s premier national sporting event.

2. In view of this, the field is informed of the timeline on the conduct of sports competitions and other related activities for the School Year 2022-2023.

3. The Cut-Off Year of the Age of Potential Athlete are as follows:

Elementary: July 1, 2010  
Secondary: July 1, 2005

4. The Timeline on the conduct of the 2023 Unit Meet in Elementary and Secondary levels. To wit:

Level/Unit Composition	Date	Suggested Venue
<i>Elementary Level</i>		
Unit 1 (Magsaysay to Salay)	Jan. 13-14, 2023	Talisayan CS
Unit 2 (Lagonglong to Jasaan)		Balingasag CS
Unit 3 (Claveria to Opol)		Tagoloan CS
Unit 4 (Alubijid to Lugait)		Initao CS
<i>Secondary Level</i>		
Unit 1 (Magsaysay to Salay)	Jan. 20-21, 2023	Medina NCHS
Unit 2 (Lagonglong to Tagoloan)		Baliwagan NHS
Unit 3 (Opol to Lugait)		Initao NCHS
Unit 4 (MOGCHS)		MOGCHS/MOISC



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