



DEPARTMENT OF EDUCATION
Region X
DIVISION OF MISAMIS ORIENTAL
Cagayan de Oro City



August 14, 2017

Division Memorandum

No. 405 s. 2017

2017 PALARONG PANLALAWIGAN PAMPAARALAN

To: Public Schools District Supervisors
All Elementary/Secondary School Administrators
Unit Athletic President/Chairman
District/School Sports Coordinator

1. The Division of Misamis Oriental hereby announces the "Simplified conduct of Palarong Panlalawigan Pampaaralan on October 18 to October 20, 2017, in four (4) different playing venues to wit:

| DATE: | EVENTS | VENUE: |
|---------------------|--|---|
| October 18-20, 2017 | Arnis/Football Chess Futsal | INCHS Initao District |
| October 18-20, 2017 | Table Tennis Volleyball Sepak Takraw | Libertad NHS Libertad District |
| October 18-20, 2017 | Baseball/Softball Boxing/Gymnastics | Balingasag CS |
| October 18-20, 2017 | Athletics/Billiards Basketball/Swimming, Archery/Badminton Tennis/Taekwondo | Pelaez Sports Center Host School: MOGCHS |

2. The 2017 Palarong Panlalawigan Pampaaralan aims to:

- * select/choose pupil/student athletes to compose the different teams to the upcoming 2017 Regional Meet.
- * develop the true spirit of sportsmanship among pupil/student athletes coaches, chaperons and officials.
- * to foster camaraderie among pupil/student athletes, teachers and administrators.

3. Age Qualification of an athlete: Cut Off Year

Elementary level: January, 2005
Secondary level: January, 2000

4. This year's Palarong Panlalawigan will be conducted with the following scheme:

- 4.1 Selection/ Ranking will be used in choosing the athlete/athletes who will compose/ become member of the team that will represent Misamis Oriental Team in the upcoming 2017 Regional Meet tentatively scheduled on December, 2017.

4.2 For Measurable Events, the standard set by the Regional Office shall be Followed strictly during the conduct of the 2017 Palarong Panlalawigan Paaralan in terms of Time, Height and Distance considering that these two events Athletics and Swimming will garner One Hundred Ten (110) Gold Medals.

4.3 Height Qualification:

| | |
|-------------|---------------------------|
| Elementary: | Boys Minimum of (5' 2") |
| | Girls (Minimum of (5' 0") |
| | (or closer to) |
| Secondary: | Boys (Minimum of (5' 6") |
| | Girls (Minimum of (5' 4") |
| | (or closer to) |

4.4 All Units Elem. /Sec. are advised to have a very simple identification of their unit uniform; used t-shirt will do as long as the unit color is being followed; instead, a budget for the purchase of sports equipments should be provided to augment good performance of our athletes during the competition. Overhead Cost such as food/snacks, medicines and transportation should be a priority in the making of the budget.

5. All identified Teachers and Administrators assigned as Tournament Managers and Officiating Officials are advised to report to the venue on October 18, 2017 at 8:00 a.m. for the Solidarity Meeting and orientation and finalization of assignment as Officiating Officials. Opening Program will follow after the Solidarity Meeting at two o'clock in the afternoon (2:00 p.m.) at designated area of the Host School.

6. Participants to this activity are all pupil/student athletes, coaches, chaperons who are winners during the Unit Meet competitions both elementary and secondary levels, school administrators, sports coordinators and teachers who are assigned as Officiating Officials.

7. The following are the suggested dates of holding the Unit Meet by Cluster Elementary and Secondary levels:

| | |
|--|-------------------------|
| Unit I – Elementary/Secondary levels | September 7-8, 2017 |
| Unit II – Elementary/Secondary levels | September 14 & 15, 2017 |
| Unit III – Elementary/Secondary levels | September 21 & 22, 2017 |
| Unit IV – Elementary/Secondary levels | September 28 & 29, 2017 |

8. Submission of folders containing the pertinent papers of all qualified athletes will be on the First Week of October, 2017 to wit:

8.1 Original and Xerox copy of NSO,

8.2 Athletic Record (AR-I) Form 137 – A

8.3 Form 137 with LRN reflecting First Grading Grades with no failing grade

8.4 Certification of Enrollment signed by the School Principal

8.5 Medical Certificate and Dental Records signed by a Government Physician

8.6 ID pictures size 1 ½ by 1 ½ with white background 6 pcs. with Name Tag: Family Name first followed by First Name and Middle Initial at the bottom is the grade or year level.

8.7 Coach Affidavit, Accomplished Form 212 and Certification of Employment signed by the Administrative Officer.

9. Deadline of submission of all pertinent papers (athletes and coaches) will be on October 5-6 2017; Screening of Pertinent Papers of all Athletes and Coaches will be on October 9-13, 2017 at the Division Conference Hall. Attention: Mr. RONNIE B. UBA, Chairman of DSAC and all identified members of the Division Screening and Accreditation Committee

10. A "NO PAPERS, NO PLAY POLICY" will be strictly followed during the conduct of the 2017 Palarong Panlalawigan.

11. Arrival of all athletes, coaches, chaperons and delegation officials who will be billeted at the three identified playing venues will be in the morning of October 18, 2017 at 7:00 a.m. All athletes, Coaches, Chaperons and Delegation Officials are advised to register of the Host School for accommodation. An orientation of all coaches and officiating officials will follow right after the registration. The Opening Program will be in the afternoon at exactly two o'clock in the afternoon (2:00 p.m.) at the designated area of the Host School. All athletes, coaches, chaperones, delegation officials, PSDS and Officiating Officials are hereby directed to join the Opening Program.

12. Identified members of the Division Screening and Accreditation Committee are likewise advised to convene on October 6, 2017 8: 00 A.M. at the Division Conference Hall, for the screening of all pertinent papers of all athletes and coaches. The conduct of physical interview of all athletes and coaches will be on October 12-13, 2017 eight o'clock in the morning (8:00 a.m.) for Cluster 1 at Balingasag Central School Quadrangle; for Cluster 2 at Libertad NHS Covered Court; and for Cluster 3 at MOGCHS Quadrangle. It is requested that all host schools will do necessary preparations for the success of the conduct of the 2017 Palarong Panlalawigan Pampaaran. (Billeting Quarters/designated area for the Orientation/provision of the Kitchen area/Preparations for the playing venue/ area for the Opening Program and copy for the Opening Program).

13. A conference of all District/School Sports Coordinators and all identified Members of the Division Screening and Accreditation Committee (DSAC) shall be conducted on August 25, 2017 Eight o'clock in the morning (8:00 a.m.) at Tagoloan National High School Covered Court, Tagoloan, Misamis Oriental. Travel and other incidental expenses shall be charged to local/school funds subject to the usual accounting auditing policies rules and regulations.

14. Right after the conduct of the 2017 Palarong Panlalawigan Per Regional Memorandum No. 325, s, 2017 an Open Elimination For Measurable Events (Athletics and Swimming) shall be conducted on October 26-27, 2017. Venue will be announced later. All winning athletes and coaches in all measurable events (Athletics and Swimming) are advised to have rigid training in preparation for this Open Elimination. Arrival of athletes and coaches shall be on October 25, 2017. Registration shall be held at 1:00 o'clock in the afternoon which will be followed by an Orientation. Athletes are not required to wear athletic uniform. Any athletic attire appropriate for the event is encouraged.

15. Attached are the List of identified members of the Division Screening and Accreditation Committee (DSAC), Data of Best Time, Height and Distance garnered by 1st to 6th placers during the 2017 Palaro and the different forms for the palaro, for your guidance, reference and information.

16. Immediate dissemination of this Memorandum is desired.


CHERRY MAE L. LIMBACO, Ph.D., CESO V
Schools Division Superintendent

**LIST OF IDENTIFIED MEMBERS OF THE DIVISION
SCREENING AND ACCREDITATION COMMITTEE (DSAC)**

ELEMENTARY LEVEL:

SECONDARY LEVEL:


Chairman: Mr. RONNIE UBA
Principal – Kalingagan NHS
Villanueva District

Co-Chairman: Ms. MELENDE B. CATID
Principal- Manticao NHS
Manticao District

MEMBERS:

- | | |
|--|--|
| <p>1. Joylito Villastique District in Charge Libertad District</p> | <p>1. Rosanna C. Adaya HT- Casinglot NHS Tagoloan District</p> |
| <p>2. Lucy A. Perocho, Ph.D. HT- III –MOGCHS</p> | <p>2. Seven De Los Reyes Principal – Patag ES Naawan District</p> |
| <p>3. Mark Joseph Jimenez HT- Initao District</p> | <p>3. Jeana S. Macalood HT- Lugait NHS Lugait District</p> |
| <p>4. Mary Ann Magdale Principal – Lourdes ES Alubijid District</p> | <p>4. Rodolfo Atchedillo School Head- Biray E Kinoguitan District</p> |
| <p>5. Resurreccion Padon Principal – Villanueva NHS Villanueva District</p> | <p>5. Sammy Igloria School Head- Bagooboc ES Opol District</p> |

Prepared by:


JOHNNY D. REDONDO
ES-MAPEH
Division Sports Coordinator

Approved by:


CHERRY MAE L. LIMBACO, Ph. D., CESO V
Schools Division Superintendent

2017 PALARONG PAMBANSA - ATHLETICS

| EVENT | TIME/DISTANCE | | TIME/DISTANCE | | EVENT | TIME/DISTANCE | | TIME/DISTANCE | |
|----------------|---------------|--------------------------|---------------|--------------------|----------------|---------------|---------|---------------|-------------|
| | ELEM. BOYS | | ELEM. GIRLS | | | SEC. BOYS | | SEC. GIRLS | |
| Javelin Throw | GOLD | 51.08 | | 37.73 | Javelin Throw | GOLD | 59.46* | | 42.85* |
| | SILVER | 50.10 | | 36.06 | | SILVER | 57.30 | | 40.64 |
| | BRONZE | 48.51 | | 35.80 | | BRONZE | 54.66 | | 40.73 |
| High Jump | GOLD | 1.6 (2 attempts, 1 fail) | | 1.40M | High Jump | GOLD | 1.90m | | 1.63M |
| | SILVER | 1.6 (3 attempts, 3 fail) | | 1.35M (2 attempts) | | SILVER | 1.90m | | 1.60M |
| | BRONZE | 1.55 | | 1.35M (3 attempts) | | BRONZE | 1.85m | | 1.55M |
| Discus Throw | GOLD | 29.33 | | 35.56* | Discus Throw | GOLD | 41.31 | | 34.69 |
| | SILVER | 29.32 | | 30.22 | | SILVER | 39.41 | | 34.50/34.11 |
| | BRONZE | 28.85 | | 29.65 | | BRONZE | 37.79 | | 34.50/33.56 |
| Triple Jump | GOLD | 12.14m | | 10.75m | Triple Jump | GOLD | 14.57M | | 12.18m |
| | SILVER | 11.87m | | 10.45m | | SILVER | 14.50M | | 11.91m |
| | BRONZE | 11.75m | | 10.36m | | BRONZE | 14.43M | | 11.72m |
| 1500-Meter Run | GOLD | 4:38.89 | | 4:55.75 | 1500-Meter Run | GOLD | 4:06.25 | | 4:43.17 |
| | SILVER | 4:39.24 | | 4:56.31 | | SILVER | 4:09.43 | | 4:44.20 |
| | BRONZE | 4:39.59 | | 5:02.29 | | BRONZE | 4:11.36 | | 4:46.60 |
| Long Jump | GOLD | 5.53 | | 4.95m | Long Jump | GOLD | 7.04m | | 5.63m |
| | SILVER | 5.51 | | 4.70m | | SILVER | 7.02m | | 5.48m |
| | BRONZE | 5.39 | | 4.59m | | BRONZE | 6.88m | | 5.36m |
| Shot Put | GOLD | 10.67m | | 10.70 m | Shot Put | GOLD | 13.56 | | 11.16 |
| | SILVER | 10.34m | | 9.98 m | | SILVER | 13.25 | | 10.89 |

| | | | | | | | |
|-----------------------|--------|---------|----------|-----------------------|--------|---------|---------|
| | BRONZE | 10.31m | 9.43 m | | BRONZE | 12.65 | 10.83 |
| 110/100-Meter Hurdles | GOLD | 17.62 | 16.77 | 110/100-Meter Hurdles | GOLD | 15.15 | 15.07 |
| | SILVER | 17.66 | 17.37 | | SILVER | 15.28 | 15.19 |
| | BRONZE | 18.16 | 17.41 | | BRONZE | 15.31 | 15.68 |
| 100-Meter Dash | GOLD | 12.24 | 13.16 | 100-Meter Dash | GOLD | 10.96 | 12.38 |
| | SILVER | 12.38 | 13.56 | | SILVER | 11.14 | 12.50 |
| | BRONZE | 12.42 | 13.57 | | BRONZE | 11.19 | 12.55 |
| 400-Meter Dash | GOLD | 55.66 | 1:01.47 | 400-Meter Run | GOLD | 49.58 | 57.74 |
| | SILVER | 55.69 | 1:02.97 | | SILVER | 50.03 | 58.91 |
| | BRONZE | 55.74 | 1:03.59 | | BRONZE | 50.06 | 59.2 |
| 200-Meter Dash | GOLD | 24.79 | 27.50 | 200-Meter Dash | GOLD | 21.90 | 25.40 |
| | SILVER | 24.84 | 27.75 | | SILVER | 22.34 | 25.57 |
| | BRONZE | 25.10 | 27.89 | | BRONZE | 22.57 | 25.79 |
| 400-Meter Hurdles | GOLD | 1:03.38 | 1:08.03* | 400-Meter Hurdles | GOLD | 54.16 | 1:03.10 |
| | SILVER | 1:03.78 | 1:08.75 | | SILVER | 55.79 | 1:04.25 |
| | BRONZE | 1:06.56 | 1:10.91 | | BRONZE | 56.16 | 1:04.92 |
| 4 X 100 Meters | GOLD | | 53.75 | 4 X 100 Meters | GOLD | 42.48* | 48.40 |
| | SILVER | | 53.79 | | SILVER | 42.91* | 48.94 |
| | BRONZE | | 54.05 | | BRONZE | 43.1 | 49.09 |
| 800-Meter Run | GOLD | 2:11.25 | 2:23.19 | 800-Meter Run | GOLD | 1:57.24 | 2:13.35 |
| | SILVER | 2:12.28 | 2:25.45 | | SILVER | 1:58.21 | 2:17.13 |
| | BRONZE | 2:13.14 | 2:27.16 | | BRONZE | 1:58.49 | 2:20.04 |

| | | | | | | | |
|----------------|--------|-------|---------|---------------------------|--------|----------|----------|
| 4 X 400 Meters | GOLD | 48.35 | 4:17.50 | 4 X 400 Meters | GOLD | 3:22.64 | 3:54.37 |
| | SILVER | 48.62 | 4:22.63 | | SILVER | 3:26.00 | 3:55.69 |
| | BRONZE | 48.97 | 4:24.31 | | BRONZE | 3:25.30 | 4:01.03 |
| | | | | Pole Vault | GOLD | 4.30m | |
| | | | | | SILVER | 3.70m | |
| | | | | | BRONZE | 3.30m | |
| | | | | 3000 -Meter Steeple Chase | GOLD | 9:45.98 | 10:32.67 |
| | | | | | SILVER | 9:50.76 | 10:41.15 |
| | | | | | BRONZE | 9:53.66 | 10:44.68 |
| | | | | 5000 -Meter Run | GOLD | 16:00.73 | |
| | | | | | SILVER | 16:06.85 | |
| | | | | | BRONZE | 16:29.60 | |

Prepared by:

ROSANNA C. ADAYA
Records Co-Chair

2017 PALARONG PAMBANSA - SWIMMING

| EVENT | FINAL TIME | | FINAL TIME | | EVENT | FINAL TIME | | FINAL TIME | |
|---------------------------|------------|------------|------------|-------------|---------------------------|------------|-----------|------------|------------|
| | | ELEM. BOYS | | ELEM. GIRLS | | | SEC. BOYS | | SEC. GIRLS |
| 200 LC Meter Freestyle | GOLD | 2:10.77 | | 2:18.33 | 400 LC Meter Freestyle | GOLD | 4:10.78 | | 4:45.09 |
| | SILVER | 2:14.30 | | 2:19.32 | | SILVER | 4:15.70 | | 4:49.83 |
| | BRONZE | 2:15.10 | | 2:19.94 | | BRONZE | 4:21.23 | | 4:52.92 |
| | 4 | 2:16.08 | | 2:20.74 | | 4 | 4:31.43 | | 4:54.51 |
| | 5 | 2:17.74 | | 2:27.35 | | 5 | 4:33.52 | | 4:56.04 |
| | 6 | 2:18.94 | | 2:28.32 | | 6 | 4:34.50 | | 4:58.89 |
| 100 LC Meter Backstroke | GOLD | 1:08.79 | | 1:12.14 | 100 LC Meter Backstroke | GOLD | 59.64* | | 1:07:61 |
| | SILVER | 1:11.00 | | 1:14.34 | | SILVER | 1:01.77 | | 1:07.76 |
| | BRONZE | 1:11.65 | | 1:15.00 | | BRONZE | 1:03.47 | | 1:09.28 |
| | 4 | 1:12.26 | | 1:17.02 | | 4 | 1:04.38 | | 1:10.01 |
| | 5 | 1:12.58 | | 1:17.33 | | 5 | 1:04.87 | | 1:11.85 |
| | 6 | 1:12.60 | | 1:17.44 | | 6 | 1:04.97 | | 1:12.43 |
| 50 LC Meter Butterfly | GOLD | 29.83 | | 31.21 | 200 LC Meter Butterfly | GOLD | 2:04.88* | | 2:26.91 |
| | SILVER | 29.84 | | 31.56 | | SILVER | 2:08.72 | | 2:28.21 |
| | BRONZE | 30.31 | | 31.61 | | BRONZE | 2:14.63 | | 2:32.32 |
| | 4 | 30.47 | | 31.92 | | 4 | 2:17.73 | | 2:32.77 |
| | 5 | 30.85 | | 32.18 | | 5 | 2:21.80 | | 2:34.66 |
| | 6 | 30.91 | | 32.33 | | 6 | 2:22.79 | | 2:40.32 |
| 200 LC Meter Medley Relay | GOLD | 2:10.54 | | 2:15.70 | 200 LC Meter Medley Relay | GOLD | 1:52.65* | | 2:07.13* |
| | SILVER | 2:10.87 | | 2:17.41 | | SILVER | 1:54.89 | | 2:10.43 |
| | BRONZE | 2:12.75 | | 2:19.06 | | BRONZE | 1:55.34 | | 2:13.41 |
| | 4 | 2:13.05 | | 2:20.55 | | 4 | 1:57.13 | | 2:15.20 |
| | 5 | 2:14.43 | | 2:20.85 | | 5 | 1:59.86 | | 2:16.53 |
| | 6 | 2:14.65 | | 2:22.08 | | 6 | 2:00.92 | | 2:16.57 |

| | | | | | | | |
|---------------------------|--------|---------|----------|---------------------------|--------|----------|----------|
| 50 LC Meter Breaststroke | GOLD | 33.42 | 38.04 | 200 LC Meter Breaststroke | GOLD | 2:28.28* | 2:47.48* |
| | SILVER | 34.27 | 38.29 | | SILVER | 2:28.33* | 2:52.61 |
| | BRONZE | 36.00 | 38.63 | | BRONZE | 2:29.36 | 2:52.81 |
| | 4 | 36.35 | 38.64 | | 4 | 2:34.87 | 2:53.18 |
| | 5 | 37.18 | 39.68 | | 5 | 2:35.29 | 2:57.56 |
| | 6 | 37.56 | 40.45 | | 6 | 2:36.16 | 2:59.46 |
| 200 LC Meter IM | GOLD | 2:27.18 | 2:36.97 | 200 LC Meter IM | GOLD | 2:14.54 | 2:27.44 |
| | SILVER | 2:29.57 | 2:37.90 | | SILVER | 2:18.26 | 2:33.99 |
| | BRONZE | 2:32.80 | 2:39.06 | | BRONZE | 2:20.32 | 2:34.83 |
| | 4 | 2:33.24 | 2:40.58 | | 4 | 2:22.17 | 2:36.73 |
| | 5 | 2:34.03 | 2:43.15 | | 5 | 2:22.74 | 2:36.85 |
| | 6 | 2:37.06 | 2:43.59 | | 6 | 2:25.69 | 2:37.82 |
| 100 LC Meter Freestyle | GOLD | 1:00.26 | 1:04.00 | 100 LC Meter Freestyle | GOLD | 52.97* | 59.84 |
| | SILVER | 1:00.72 | 1:04.17 | | SILVER | 55.05 | 1:01.41 |
| | BRONZE | 1:01.83 | 1:04.98 | | BRONZE | 55.76 | 1:02.73 |
| | 4 | 1:02.59 | 1:05.93 | | 4 | 56.76 | 1:03.82 |
| | 5 | 1:03.05 | 1:06.09 | | 5 | 57.30 | 1:04.48 |
| | 6 | 1:03.33 | 1:06.73 | | 6 | 57.36 | 1:04.64 |
| 400 LC Meter Medley Relay | GOLD | 4:43.52 | 4:59.36 | 400 LC Meter Medley Relay | GOLD | 4:01.16* | 4:35.09* |
| | SILVER | 4:46.46 | 5:03.28 | | SILVER | 4:12.14 | 4:43.97 |
| | BRONZE | 4:55.52 | 5:03.76 | | BRONZE | 4:16.98 | 4:51.66 |
| | 4 | 4:59.16 | 5:05.17 | | 4 | 4:17.48 | 4:52.34 |
| | 5 | 5:11.84 | 5:06.17 | | 5 | 4:19.28 | 4:56.60 |
| | 6 | 5:20.67 | 5:06.27 | | 6 | 4:22.68 | |
| 400 LC Meter Freestyle | GOLD | 4:39.12 | 4:47.70* | 800 LC Meter Freestyle | GOLD | 8:57.14 | 9:52.60 |
| | SILVER | 4:40.46 | 4:51.03* | | SILVER | 9:09.68 | 9:59.03 |
| | BRONZE | 4:41.45 | 4:59.73 | | BRONZE | 9:20.13 | 10:07.10 |
| | 4 | 4:43.02 | 5:02.84 | | 4 | 9:26.08 | 10:10.72 |

| | | | | | | | |
|------------------------------|--------|---------|---------|------------------------------|--------|----------|----------|
| 100 LC Meter Breaststroke | GOLD | 1:14.86 | 1:21.74 | 100 LC Meter Breaststroke | GOLD | 1:09.86 | 1:19.14 |
| | SILVER | 1:16.06 | 1:24.35 | | SILVER | 1:10.24 | 1:20.85 |
| | BRONZE | 1:19.84 | 1:24.94 | | BRONZE | 1:10.98 | 1:21.45 |
| | 4 | 1:20.19 | 1:25.25 | | 4 | 1:11.98 | 1:21.71 |
| | 5 | 1:20.47 | 1:26.93 | | 5 | 1:12.00 | 1:22.81 |
| | 6 | 1:22.62 | 1:28.06 | | 6 | 1:12.54 | 1:23.41 |
| 400 LC Meter Freestyle Relay | GOLD | 4:16.93 | 4:18.57 | 400 LC Meter Freestyle Relay | GOLD | 3:41.38* | 4:16.96 |
| | SILVER | 4:20.86 | 4:36.20 | | SILVER | 3:51.65 | 4:20.65 |
| | BRONZE | 4:24.82 | 4:40.43 | | BRONZE | 3:52.83 | 4:27.37 |
| | 4 | 4:38.21 | 4:43.98 | | 4 | 3:59.27 | 4:31.98 |
| | 5 | 4:38.49 | 4:45.68 | | 5 | 4:00.23 | 4:39.68 |
| | 6 | 4:42.49 | 4:50.68 | | 6 | 4:05.76 | 4:40.760 |

Prepared by:

ROSANNA C. ADAYA
Records Co-Chair



DIVISION

LEVEL

EVENT

| | | | |
|--------------|-----------------------------|--|-----------------|
| COACH | CERTIFICATE OF EMPLOYMENT | | CHAPERON |
| | AFFIDAVIT / SWORN STATEMENT | | |
| | PERSONAL DATA SHEET | | |
| | MEDICAL CERTIFICATE | | |
| | | | |
| | | | |

| | | |
|----------------------|-------------|-------------------------|
| NAME OF COACH | NAME | NAME OF CHAPERON |
| Name of School | SCHOOL | Name of School |

| | | | |
|----------------|---------------------------|--|----------------|
| ATHLETE | AR - 1 | | ATHLETE |
| | N S O | | |
| | FORM - 137 | | |
| | CERTIFICATE OF ENROLMENT | | |
| | CERTIFICATE OF COMPLETION | | |
| | PARENTAL CONSENT | | |
| | MEDICAL CERTIFICATE | | |
| | DENTAL CERTIFICATE | | |
| | INTERVIEWED | | |

| | | |
|------------------------|------------------------|------------------------|
| NAME OF ATHLETE | NAME OF ATHLETE | NAME OF ATHLETE |
| Date of Birth | DATE OF BIRTH | Date of Birth |
| Name of School | SCHOOL | Name of School |
| BEIS School I.D. | BEIS SCHOOL ID | BEIS School I.D. |
| School Address | SCHOOL ADDRESS | School Address |

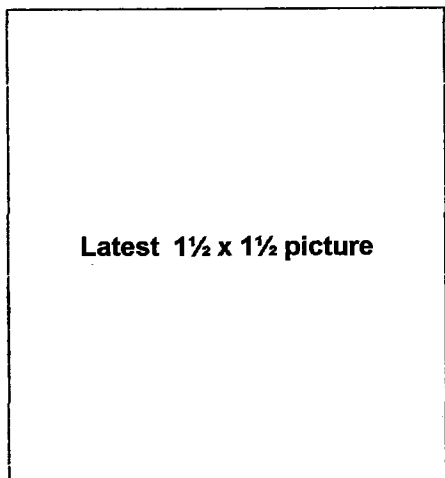
| | | | |
|----------------|---------------------------|--|----------------|
| ATHLETE | AR - 1 | | ATHLETE |
| | N S O | | |
| | FORM - 137 | | |
| | CERTIFICATE OF ENROLMENT | | |
| | CERTIFICATE OF COMPLETION | | |
| | PARENTAL CONSENT | | |
| | MEDICAL CERTIFICATE | | |
| | DENTAL CERTIFICATE | | |
| | INTERVIEWED | | |

| | | |
|------------------------|------------------------|------------------------|
| NAME OF ATHLETE | NAME OF ATHLETE | NAME OF ATHLETE |
| Date of Birth | DATE OF BIRTH | Date of Birth |
| Name of School | SCHOOL | Name of School |
| BEIS School I.D. | BEIS SCHOOL ID | BEIS School I.D. |
| School Address | SCHOOL ADDRESS | School Address |

| | | | |
|----------------|---------------------------|--|----------------|
| ATHLETE | AR - 1 | | ATHLETE |
| | N S O | | |
| | FORM - 137 | | |
| | CERTIFICATE OF ENROLMENT | | |
| | CERTIFICATE OF COMPLETION | | |
| | PARENTAL CONSENT | | |
| | MEDICAL CERTIFICATE | | |
| | DENTAL CERTIFICATE | | |
| | INTERVIEWED | | |

| | | |
|------------------------|------------------------|------------------------|
| NAME OF ATHLETE | NAME OF ATHLETE | NAME OF ATHLETE |
| Date of Birth | DATE OF BIRTH | Date of Birth |
| Name of School | SCHOOL | Name of School |
| BEIS School I.D. | BEIS SCHOOL ID | BEIS School I.D. |
| School Address | SCHOOL ADDRESS | School Address |

AR-I (ATHLETE RECORD)



Region

Division

A. PERSONAL DATA:

Name: _____ Sex: _____

(Last) (First) (M.I.)

Date of Birth: (mm/dd/yyyy) _____ Age: _____ Place of Birth: _____

School: _____

Address of School: _____

Home Address: _____

Parents: _____

Fathers Name Mother/Guardian

Address of Parents: _____

B. Athlete's Participation in Local/International Competition

| Inclusive Dates | Sports Event | Athletic Meet | Remarks |
|-----------------|--------------|---------------|---------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

(Use separate sheet if necessary)

Athlete's Signature

C. Athlete's Participation

This is to certify that based on our knowledge the above-mentioned athlete has participated in the lower meets.

| Athletic meet | Coaches | Division PESS Supervisor/s |
|---------------|---------|----------------------------|
| | | |
| | | |
| | | |
| | | |
| | | |

(Use separate sheet if necessary)

Screened by:

Division Meet

Regional Meet

(Signature over Printed Name)

(Signature over Printed Name)

Date: _____

Date: _____



Republic of the Philippines
Department of Education

(Region)

(Division)

(School)

CERTIFICATE OF ENROLMENT

Date: _____

To Whom It May Concern:

This is to certify that _____ has been
enrolled for the School Year _____.

School Head / Registrar
(Signature over printed name)



Republic of the Philippines
Department of Education

(Region)

(Division)

PARENTAL CONSENT

I/We hereby willingly and voluntarily give consent the participation of my/our son/daughter _____ in the lower meets up to Palarong Pambansa.

I have considered the benefits that my son or daughter will derive from his/her participation in this activity provided that due care and precaution will be observed to ensure the comfort and safety of my son/daughter and that DepED employees and personnel may not be held responsible for any untoward incident that may happen beyond their control.

Signature of Father

Signature of Mother

Name of Father

Name of Mother

Signature of Guardian over Printed name

(Relationship with the Athlete)

Verified:

Signature of Adviser Over Printed Name

Signature of School Head/Principal Over Printed Name



Republic of the Philippines
Department of Education

(Region)

(Division)

MEDICAL CERTIFICATE

(Date)

To Whom It May Concern:

This is to certify that I have personally examined _____
Name
age _____ sex _____ born on _____ and have found that he/she is
physically fit, during the time of examination, to join and compete in the lower meets and
Palarong Pambansa.

Event: _____

Physical Examination

Date examined: _____

Height _____ Weight: _____ Blood Pressure _____
Pulse, Resting _____ Respiratory Rate _____
Other Remarks: _____

Physician/Medical Officer
(Signature over printed name)

License No. _____

PTR.: _____

Date: _____



Republic of the Philippines
DEPARTMENT OF EDUCATION

Region _____

Division _____

DENTAL HEALTH RECORD

Date _____

Latest 1 ½ x 1 ½ picture

Name: _____

Age: _____ Sex _____ Birth Date _____

Event: _____

Parent/Guardian: _____

Coach: _____

CONDITION AND TREATMENT NEEDS

| | | | | | | | | | | | | | | | | | |
|-----------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|------|------|-----------------|
| CONDITION | | | | | | | | | | | | | | | LEFT | | |
| HIGH | 55 | 54 | 53 | 52 | 51 | 61 | 62 | 63 | 64 | 65 | | | | | | LEFT | |
| TEMPORARY TEETH | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | |
| | 18 | 17 | 16 | 15 | 14 | 13 | 12 | 11 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | PERMANENT TEETH |
| | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | |
| | 48 | 47 | 46 | 45 | 44 | 43 | 42 | 41 | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | |
| | | | | | | | | | | | | | | | | | CONDITION |
| | | | | | | | | | | | | | | | | | TREATMENT NEEDS |
| TEMPORARY TEETH | | | | | | | | | | | | | | | | | |
| RIGHT | 85 | 84 | 83 | 82 | 81 | 71 | 72 | 73 | 74 | 75 | | | | | | LEFT | |
| | | | | | | | | | | | | | | | | | |
| CONDITION | | | | | | | | | | | | | | | | | |

| | | | | | | | | | | | | | | |
|---------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| GINGIVITIS | | | | | | | | | | | | | | |
| PRERIODICAL DISEASE | | | | | | | | | | | | | | |
| MALOCCLUSION | | | | | | | | | | | | | | |
| SUPERNUMERARY TOOTH | | | | | | | | | | | | | | |
| RETAINED DECIDUOUS | | | | | | | | | | | | | | |
| DECUBITAL ULCER | | | | | | | | | | | | | | |
| CALCULUS | | | | | | | | | | | | | | |
| CLEFT PALATE | | | | | | | | | | | | | | |
| ROOT FRAGMENT | | | | | | | | | | | | | | |
| FLUOROSIS | | | | | | | | | | | | | | |
| OTHERS (Specify) | | | | | | | | | | | | | | |

| YEAR LEVEL | | | | | | | | | | | REMARKS | |
|----------------------|--|--|--|--|--|--|--|--|--|--|---------|--|
| DATE | | | | | | | | | | | | |
| EXAMINATION | | | | | | | | | | | | |
| SEALANT (GI) | | | | | | | | | | | | |
| PERMANENT FILLING | | | | | | | | | | | | |
| ART | | | | | | | | | | | | |
| EXTRACTION | | | | | | | | | | | | |
| ORAL PROPHYLAXIS | | | | | | | | | | | | |
| REFERRAL | | | | | | | | | | | | |
| OTHER ORAL TREATMENT | | | | | | | | | | | | |

| | DATE OF VISIT | | | | | | | | | | |
|-----------------|---------------|--|--|--|--|--|--|--|--|--|--|
| TEMPORARY TEETH | | | | | | | | | | | |
| INDEX D.F.T. | | | | | | | | | | | |
| NO. T /DECAYED | | | | | | | | | | | |
| NO. T / FILLED | | | | | | | | | | | |
| TOTAL D.F.T. | | | | | | | | | | | |

| | | | | | | | | | | | |
|-------------------|--|--|--|--|--|--|--|--|--|--|--|
| TEMPORARY TEETH | | | | | | | | | | | |
| INDEX D.F.T. | | | | | | | | | | | |
| NO. T /DECAYED | | | | | | | | | | | |
| NO. T /MISSING | | | | | | | | | | | |
| NO. T / FILLED | | | | | | | | | | | |
| TOTAL D.F.T. | | | | | | | | | | | |
| TOTAL SOUND TEETH | | | | | | | | | | | |

SYMBOLS FOR MOUTH EXAMINATION

- | | |
|--|--|
| X - TOOTH INDICATED FOR EXTRACTION | DU - DECUBITAL ULCER |
| F - TOOTH INDICATED FOR FILLING | MAL - MALOCCLUSION |
| HEAVY SHADE - TOOTH WITH TEMPORARY FILLING | FLU - FLUOROSIS |
| RC - RECURRENT CARIES | Gn - NORMAL |
| RF - ROOT FRAGMENT | Gm - MODERATE GINGIVITIS (1-2 QUADRANTS) |
| M - MISSING TOOTH | Gs - SEVERE GINGIVITIS (3-4 QUADRANTS) |
| | CMR - COMPLETE MOUTH REHAB |
| | (v) - SOUND ERUPTED PERMANENT TOOTH |

SYMBOLS FOR ACCOMPLISHMENT

- | |
|--------------------------------|
| Xt - EXTRACTED PERMANENT TOOTH |
| xt - EXTRACTED TEMPORARY TOOTH |
| Am - AMALGAM FILLING |
| Cam - COMPOSITE FILLING |
- ARTIFICIAL RESTORATION**
- | |
|----------------------------------|
| JC - JACKET CROWN |
| I - INLAY |
| OP - ORAL PROPHYLAXIS |
| ZOE - ZINC OXIDE EUGENOL FILLING |
| TF - TEMPORARY FILLING |
| R - REFERRED TO PRIVATE DENTIST |
| UN - UNERUPTED |

REMARKS:

DENTIST

Republic of the Philippines)
City of _____)S.S.

SWORN STATEMENT

I _____, of legal age, single/married,
with postal address at _____, after having duly
sworn in accordance with law hereby depose and state:

That I am presently employed with the _____ as
_____;

That I have been employed in _____
since _____ or for a period of _____;

That I was designated as coach of _____, who
will participate in the 20__ Palarong Pambansa;

That all the athletes records submitted are true and correct to
the best of my personal knowledge;

That all the athletes of _____, who will participate in
the 20__ Palarong Pambansa are eligible;

That I execute this Sworn Statement to attest to the authenticity
and veracity of all the documents submitted.

IN WITNESS WHEREOF, I have hereunto set my hand this
_____ day of _____ 20__ in _____,
Philippines.

Affiant

SUBSCRIBED AND SWORN TO before me this _____ day of
_____, 20__ in _____, affiant exhibiting to
me his/her Community Tax Certificate No. _____,
issued on _____ in _____.

SDS / Administrative Officer



Republic of the Philippines
Department of Education

(Region)

(Division)

CERTIFICATE OF EMPLOYMENT
(for Public Schools/DepED Personnel)

Date _____

To Whom It May Concern:

This is to certify that Mr./Ms. _____ is presently employed in _____ as _____, since _____ or for a period of _____.

This certification is issued upon the request of _____ to coach in Palarong Pambansa 20__ at _____.

School Head/Administrative Officer



Republic of the Philippines
Department of Education

(Region)

(Division)

(School)

CERTIFICATE OF COMPLETION

Date: _____

To Whom It May Concern:

This is to certify that _____ has been enrolled for the School Year _____ and has actually completed the said school year.

School Head / Registrar
(Signature over printed name)