



DEPARTMENT OF EDUCATION
Region X
DIVISION OF MISAMIS ORIENTAL
Cagayan de Oro City



DIVISION MEMORANDUM

No. 511 s. 2016

**To: All Public Schools District Supervisors
All Elementary and Secondary Administrators
This Division**

Attention: District/School Sports Coordinators

From: CHERRY MAE L. LIMBACO, Ph. D., CESO V
Schools Division Superintendent 

Date: November 9, 2016

Subject: School Based Athletic Training.

1. This Office congratulates all 2016 Regional Palaro qualifiers. This Office is proud of your excellent performance in sports. Please be informed that this Office through School Sports advises all qualified athletes, coaches and chaperons to start the fifteen- day (15 day) Phase I School Based Athletic Training on November 16 to 30, 2016.
2. The School Based Athletic Training shall be held in the area/school where the athletes emerged as champion in their respective sports events while the Unified Athletic Training (Phase 2) will start on December 1 to 4, 2016 at Pelaez Sports Center, Cagayan de Oro City.
3. The training aims to:
 - 3.1 Enhance the competence level of pupil/student athletes in their respective sports discipline;
 - 3.2 Raise the overall performance in the 2016 Palarong Pampook by sustaining or surpassing the baseline level;
 - 3.3 Familiarize the house rules imposed by the delegation;
 - 3.4 Establish teamwork and camaraderie among members in the team and in the entire delegation in general.
4. The following are the area/school where the School Based Training will be conducted starting November 16 to 30, 2016. To wit:

Events:	School:	District
3.1 Baseball (Boys) Elementary	Artadi ES	Magsaysay I

3.2 Baseball (Boys) Secondary	Consuelo NHS	Magsaysay II
3.3 Softball (Girls) Elementary	San Martin ES	Villanueva
3.4 Football (Boys) Elementary	Gimangpang ES	Initao
3.5 Badminton (Boys) Secondary	St. Mary's-Tagoloan	Tagoloan
3.6 Sepak (Boys) Elementary	Benigwayan ES	Alubijid
3.7 Sepak (Boys) Secondary	Initao NCHS	Initao
3.8 Volleyball (Boys) Secondary	Libertad NHS	Libertad
3.9 Athletics- (Boys/Girls) Elem. /Sec.	Balingasag CS	
3.10 Chess (Boys/Girls) Secondary	MOGCHS	
3.11 Gymnastics (Girls) WAG Sec.	San Isidro NHS	Balingasag North
3.12 Arnis (Boys/Girls) Elem.	Biga ES	Lugait
3.13 Taekwondo (Boys/Girls) Elem	Claveria CS	Claveria I
3.14 Taekwondo (Boys/Girls) Sec.	MOGCHS	
3.15 Arnis (Boys/Girls) Secondary	MOGCHS	
3.16 Football (Boys) Secondary	Opol NSTS	Opol
3.17 Softball (Girls) Secondary	MOGCHS	
3.18 Swimming (Boys/Girls) Elem/Sec.	Luz Banzon ES	Jasaan .
3.20 Volleyball (Boys/Girls) Elem.	Sinai ES	Laguindingan
3.21 Tennis (Boys) Elem.	Tagoloan CS	
3.22 Tennis (Girls) Elem.	Naawan CS	
3.23 Table Tennis (Boys) Elem.	Opol CS	
3.24 Table Tennis (Girls) Elem.	Opol CS	Opol
3.25 Badminton (Girls) Sec.	MOGCHS	
3.26 Basketball (Girls) Sec.	MOGCHS	
3.27 Table Tennis (Boys) Sec.	Opol NSTS	Opol
3.28 Volleyball (Girls) Sec.	Libertad NHS	Libertad
3.29 Futsal (Girls)	Manticao NHS	Manticao
3.30 Archery (Boys/Girls)	MOGCHS	
3.31 Table Tennis (Girls)	ANCHS	
3.32 Basketball (Boys) Sec.	Talisayan NHS	
3.33 Basketball (Boys) Elem.	Opol CS	
3.35 Gymnastics (Girls) RG Elem.	Jampason ES	Initao
3.36 Gymnastics (Boys) MAG	Tagoloan NHS	

5. All other events without "core players" or the most number of players may have their own training in their own school and to be supervised by the school head or school sports coordinator.

6. All qualified athletes, to the 2016 Palarong Pampook will report to the winning school as guest pupil/student athlete from Friday until Sunday morning and are allowed to go home on Sunday afternoon. Further, the coach/school sports coordinators are advised to fetch their players from the training venue.

7. All winning Coaches are required to develop a training design/matrix covering the necessary skills to be developed for the athletes and this will serve as basis for monitoring and evaluation by the PESS Supervisor.

8. All identified qualified athletes, coaches and chaperons are advised to render 6 hours training period per day to meet the objectives of the undertaking and to facilitate the Learning Modules from the based school where the athletes came from 10:00 a.m. to 3:00 p.m. daily. Suggested time for daily training is as follows:

Schedule of Activities:

TIME	ACTIVITY
4:00 – 4:15 A.M.	Wake up time

7:45 – 8:00 A.M.	Breakfast
8:00 - 10:00 A.M.	Training
10:00 – 12:00 NN	classes
12:00-	Lunch Break
1:00- 2:00 P.M	Resting Time
2:00 – 3:00 P.M	classes
3:00 – 5:30 P.M.	Training
5:30 – 6:00 P.M.	Cleansing Time
6:00 P.M.	Dinner
7:00 – 8:00 P.M.	Lecture
8:00 P.M.	Curfew

9. Teachers of all qualified athletes are advised to make modules to be used by the coaches during break time as a make – up class of all athletes’ elementary and secondary levels. . It is advised that these qualified athletes shall be given due consideration by their respective subject teachers.
10. All identified athletes, coaches and chaperons are advised to bring their own kitchen paraphernalia’s and beddings to be used during the entire duration of the training period (Phase I and 2) and Palarong Pampook proper.
11. Athletics and Swimming will have advance training on November 24 to 30, 2016. The venue for athletics will be at Balingasag CS; while swimming will be at ARJ, Luz Banzon, Jasaan, Misamis Oriental. All coaches, athletes of these two events shall report to the identified venues for briefing at eight o’clock in the morning.
12. Meals and snacks of all qualified athletes, coaches and chaperons during the School Based Training shall be charged to local/school board/school/PTA funds subject to the usual accounting and auditing policies rules and regulations.
13. Traveling expenses of athletes, coaches’ chaperons, school sports coordinators and PESS Supervisors in monitoring shall be charged against local/school funds subject to the usual accounting and auditing policies, rules and regulations.
14. Attached are the List of All Qualified Athletes, Coaches and Chaperons to the 2016 Palarong Pampook.
15. Immediate dissemination of this Division Memorandum is hereby desired.

CLL/jdr

DEPARTMENT OF EDUCATION
Region X
DIVISION OF MISAMIS ORIENTAL
Cagayan de Oro City

**LIST OF QUALIFIED ATHLETES, COACHES AND CHAPERONS TO THE 2016
REGIONAL MEET**

ELEMENTARY LEVEL:

ATHLETICS (BOYS)

NAMES:	SCHOOL	UNIT	DISTRICT	REMARKS
1. Eyana, Meck Bryan		4		Shotput
2. Molina, Al Christian		4		Discus Throw
3. Laurente, Bernard		1		Javelin Throw
4. Camensi, Clint Cyril		3		Triple Jump
5. Patayon, Rodel		3		Long Jump
6. Sausa, Nick Vincent		2		100 m.
7. Bacat, Jerson		1		1500 m
8. Valmorla, Jesson		2		400 HD, 400 MH
9. Yañez, Kynth		2		200 MD
10. Ranes, John Wayne		1		800 MR, 400 MD
11. Conde, Lian		2		200 MD, 100 MD
12. Ballos, Kim John		2		110 M H, Long Jump
COACHES :				
Arnold Efren Fermo- Track	Balingasag CS	2		
Godofredo, Brondo- Field	Villanueva CS	3		
ATHLETICS (GIRLS)				
1. Ranara, Emelyn Mae		1		Shotput
2. Pagaran, Karyl		2		Discus Throw
3. Batmalague, Diana Jean		1		Javelin Throw, shotput
4. Velez, Princess Dawn		4		Triple Jump
5. Montaner, Kim Claire		1		Long Jump, 200 MD
6. Bulabon, Johanna		2		1500 m, 800 m.
7. Sabella, Jora		2		400 MD
8. Maamo, Glauzelia		2		100 m, H
9. Balcobera, Jaylou,		2		400 MD, 400 m H
10. Cabuhayan, Hope Charity Grace		3		200 MD, 400 md
11. Talon, Roxan		2		100 m, Long Jump
12. Vicoy, Elvie		3		800 m.
COACHES:				
Hamilton Banaag- Track		2		
Ma. Christina Bangod- Field		1		
ARNIS: (BOYS)				
1. Cadile, Angelo Gabriel		4	Lugait	
2. Generalao, Roin		4	Lugait	
3. Magsalay, Shan Dave		4	Lugait	
Coach: Clint Monsanto		4	Lugait	
ARNIS: (GIRLS)				
1. De la Cruz, Anne Jonerlyn		4	Lugait	
2. Omongos, Ma. Zuzaine		4	Lugait	
3. Pasco, Rien Xyriel		4	Lugait	
Coach: Ma. Victoria Parrado		4	Lugait	
BADMINTON (Boys)				
1. Canoy, Norris Paul	Ampenican ES	1	Salay	
2. Pamulaya, Kurt Jhon	Balingoan CS	1		
3. Lamanilao, Rigilkenp	Balingoan CS	1		
4. Estorba, Paul John Kirkay	Balingoan CS	1		
Coach: Narit, Anna Marie	Balingoan CS	1		
BADMINTON (Girls)				
1. Narit, Krazielley Mary Lourd	Balingoan CS	1		

2. Guzman, Gaea Blessie	Balingoan CS	1	
3. Narit, Kyna Poulina	Balingoan CS	1	
4. Carangarang, Zia Frama	Salay CS	1	
Coach: Ramirez, Clemie	Dahilig ES	1	Kinoguitan
BASEBALL: (BOYS)			
1. Maambong, Rakim	Artadi ES	1	Magsaysay 2
2. Nada, Ryan James	Artadi ES	1	Magsaysay 2
3. Castolo, John Mark	Artadi ES	1	Magsaysay 2
4. Pilayre, George Francis	Artadi ES	1	Magsaysay 2
5. Alimpos, Aldren	Artadi ES	1	Magsaysay 2
6. Hareglia, Christian	Artadi ES	1	Magsaysay 2
7. Alimpos, Reynante Jr.	Artadi ES	1	Magsaysay 2
8. Galindez, Marleo	Artadi ES	1	Magsaysay 2
9. Sumastre, Ralph	Portulin ES	1	Medina
10. Acero, James Aldrin	Portulin ES	1	Medina
11. Pagasian, Christian Joey	Balingasag CS	2	Balingasag North
12. Ang, Ralph Lawrence	Balingasag CS	2	Balingasag North
Coach: Pon, Leonardo	Artadi ES	1	Magsaysay 2
Asst. Coach: Dyn Mark Duat		1	Magsaysay 2
BASKETBALL(BOYS)			
1. Cabrera, Carl Lawrence	Tagoloan CS	3	
2. Du, Elven John	Opol CS	3	
3. Villarte, Melchorette Ivan	Jasaan CS	2	
4. Matos, Ed Symone	Kimaya ES	2	Jasaan
5. Bustamante, Mark Bryan	Kinoguitan CS	1	
6. Labis, Mer Simon	Initao CS	4	
7. Torillas, Rich	Opol CS	3	
8. Salvaña, Ruy Lopez	Salay CS	1	
9. Santos, Eumer John	Baliwagan CS	2	Balingasag
10. Dagondon, Jonathan	Alubijid CS	3	
11. Lucagbo, Mark Vincent	Baluarte ES	3	Tagoloan
12. Lee, Dokens Je	Tagoloan CS	3	
COACH: Legaspi, Joselito	Barra ES	3	
CHESS: (BOYS)			
1. Saraos, Clyde Harris	Bobontugan ES	2	Jasaan
2. Abcede, Efren Jr.	Cahubo IS	1	Sugbongcogon
Coach: Ellevera, Josephine	Bobontugan ES	2	Jasaan
CHESS (GIRLS)			
1. Cañas, Althea Meach	Tagoloan CS	3	Jasaan
2. Capistrano, Diane Mae	Salay CS	1	
Coach: Melgar, Carlos	Tagoloan CS	3	
FOOTBALL (BOYS)			
1. Palar, Bernard Dave	Gimangpang ES	4	Initao
2. Galeon, Julius	Gimangpang ES	4	Initao
3. Estoquia, Jefred	Gimangpang ES	4	Initao
4. Peralta, Pete Kyle	Gimangpang ES	4	Initao
5. Oclarit, Edron Matthew	Gimangpang ES	4	Initao
6. Joaquin, Alfredo	Gimangpang ES	4	Initao
7. Querubin, Gayson Jade	Gimangpang ES	4	Initao
8. Dalompines, Jayson	Naawan CS	4	Naawan
9. Catipay, Engelbert	Manticao CS	4	Manticao
10. Lagrosas, Jayford	Gimangpang ES	4	Initao
11. Ratunil, Prince Carmel Anthony	Gimangpang ES	4	Initao
12. Gomonay, Waro Lucky Hero	Manticao CS	4	Manticao
13. Laurete, John Mark	Tagoloan CS	3	Tagoloan
14. Melon, Jhomar Sohn	Opol CS	3	Opol
15. Abugay, Emmanuel	Gov. Pelaez ES	1	Medina
Coach: Dadios, Roldan			
GYMNASTICS (Boys) MAG			
1. Quilas, Kim Rusty	Tagoloan CS	3	Tagoloan
2. Ocio, Ronnie Jr.	Sat. Ana ES	3	Tagoloan
3. Jadman, Lorenz	Kabulawan ES	2	Lagonglong
Coach: Salindo, Jessiever	Tagoloan CS		
GYMNASTICS (Girls) WAG			

1. Hinacay, Althaea Danielle	Sta. Ana ES	3	Tagoloan
2. Lagrosas, Charisse Julian	Naawan CS	4	
3. Tabora, Berna Ianna	Naawan CS	4	
Coach: Quilang, Luz	Sta. Ana ES	3	Tagoloan
GYMNASTICS (Girls) RG			
1. Villastique, Audrey Joyce	Jampason ES	4	Initao
2. Hinacay, Almira Sofia	Sta. Ana ES	3	Tagoloan
3. Zaman, Ailah Mae	Jampason ES	4	Initao
Coach: Sabuero, Lorna	Jampason ES	4	Initao
TENNIS (Boys)			
1. Mosqueda, Joseph Danielle	PROIS-Tagoloan	3	
2. Ubalde, Luke	Claveria CS	2	
3. Delima, Lawrence	Tagoloan CS	3	
4. Cabunoc, Phille Eduard	Tagoloan CS	3	
Coach: Bonilla, Marie Socorro	Tagoloan CS	3	
TENNIS: GIRLS)			
1. Geonzon, April Babes	Lugait CS	4	
2. Wabe, Hestia Elra	Alubijid CS	3	
3. Bacala, Theresa Mae	Naawan CS	4	
4. Ugmad, Kyla Mae	Naawan CS	4	
Coach: Timbancaya, Iris Mae	Naawan CS	4	
SEPAK TAKRAW Jr. (Boys)			
1. Etom, Jerome	Benigwayan ES	3	Alubijid
2. Baculio, Ian Ray	Benigwayan ES	3	Alubijid
3. Raut, Cliff Richard Renhard	Benigwayan ES	3	Alubijid
4. Crisostomo, Rouje MIG	Tubigan ES	4	Initao
Coach: Labis, Luigi	Benigwayan ES	3	Alubijid
SOFTBALL: (GIRLS)			
1. Dingcong, Cyriel Mae	Artadi ES	1	Magsaysay 2
2. Abanado, Richelle	San Martin Es	3	Villanueva
3. Cacula, Ethyl Mae	San Martin ES	3	Villanueva
4. Cainoy, Jessa Mae	San Martin ES	3	"
5. Corpus, Cherry Mae	San Martin ES	3	"
6. Espraguira, Cherry Lou	San Martin ES	3	Villanueva
7. Salvan, Kristiflor	San Martin ES	3	Villanueva
8. Solamillo, Maica	Tagoloan CS	3	
9. Yamit, Rochelle	San Martin ES	3	Villanueva
10. Olbido, Natasha	Tagoloan CS	3	Tagoloan
11. Cero, Shane	Balingasag CS	2	Balingasag N
12. Andrade, Jennifer	Balingasag CS	2	Balingasag N
Coach: Salvan, Merliflor	San Martin ES	3	Villanueva
Asst. Coach: Michelle Gaas			
SWIMMING: (BOYS)			
1. Nabong, Marvin		2	Lagonglong CS
2. Ilogon, Justin Timothy		4	Naawan CS
3. Nabong, James		2	Lagonglong CS
4. Llanos, Anthony		2	Solana ES
5. Llacuna, Randrie John		2	Lagonglong CS
6. Dominguez, Mark Nifio		3	Luyong Bonbon
7. Dadulo, Kenneth Ivan		4	Naawan CS
8. Flores, Ronnie Lie		2	
COACH: Norma Lingolongo	Lagonglong CS	2	Lagonglong CS
SWIMMING: (GIRLS)			
1. Nabong, Michelle		2	Lagonglong CS
2. Augusto, Q'uen Shaula Shyne		4	Naawan CS
3. Claros, Honey Jean		2	Luz Banzon ES
4. Norris, Meagan		4	Mindanao Mission Academy
5. Donque, Zyra Claire		2	Jasaan CS
6. Serifia, Kate		4	Mindanao Mission Academy
7. Mangmang, Rebekah Mae		1	Talisayan CS
8. Gallano, Sybel		1	Duca ES
Coach: Revira, Florelie		2	Jasaan CS
TABLE TENNIS: (BOYS)			
1. Callo, Wilford	Opol CS	3	Opol
2. Yasay, Triskelly	Opol CS	3	Opol

3 Galve, Jan Marklin	Tambagan ES	1	Medina	
4 Montecalvo Ronald	Tambagan ES	1	Medina	
Coach: Pimentel, Marilyn	Opol CS	3	Opol	
TABLE TENNIS (Girls)				
1. Nebato, Fatima Juliana	Opol CS	3	Opol	
2. Doydora, Mikayla Sophia	Opol CS	3	Opol	
3. Adunay, Lorraine	Tambagan ES	1	Medina	
4. Botastas, Rhoda Grace	Opol CS	3	Opol	
Coach: Yucada, Asteria	Opol CS	3	Opol	
TAEKWONDO (Boys)				
1. Suyom, Neil Vencent		2		
2. Algabre, Arron Lester		3		
3. Pizarra, Nick Denver		2		
4. Cabasagan, Edward Jr.		2		
5. Lagat, Jim Euhann		2		
6. Asis, Keinth Arnel	Barra ES	3	Opol	
Coach: Bagayna, Elmer		2		
TAEKWONDO: (GIRLS)				
1. Borres, Harrie Fay		2		
2. Valdon, Eudes Alexa		2		
3. Bagayna, Lyzelle		2		
4. Baal Japheli		3		
5. Coronel, Kay Janmher		2		
Coach: Bagayna, Carmela		2		
VOLLEYBALL: (Boys)				
1. Ebajay, Reyle	Sambulawan ES	3	Laguindingan	
2. Cajan, Christian	Sinai ES	3	Laguindingan	
3. Dalondonan, Juliesdy	Kibaghot ES	3	Laguindingan	
4. Janubas, Ken Michael	Sambulawan ES	3	Laguindingan	
5. Abella, Emmanuelle	Igpit ES	3	Opol	
6. Barangot, Clark Jhon Expencer	Sinai ES	3	Laguindingan	
7. Flores, Louie Jay	Sinai ES	3	Laguindingan	
8. Dugenio, Ivan	Igpit ES	3	Opol	
9. Hataas, Faith Jhon Paul	Lugait CS	4	Lugait	
10. Basing, Justine Dave	Biga ES	4	Lugait	
Coach: Janubas, Oscar Jr.	Sambulawan ES	3	Laguindingan	
VOLLEYBALL (Girls)				
1. Bagas, Rhea Mae	Benigwayan ES	3	Ahubijid	
2. Mabao, Kimrein Mae	Igpit ES	3	Opol	
3. Ragnac, Denzel Mae	Benigwayan ES	3	Ahubijid	
4. Pabololot, Je Ann	Benigwayan ES	3	Ahubijid	
5. Catulong, Evonne Angel	Igpit ES	3	Ahubijid	
6. Payla, Shazzney	Benigwayan ES	3	Ahubijid	
7. Sabelita, Angeline	Benigwayan ES	3	Ahubijid	
8. Batalla, Mae Kaye	Talaba ES	3	Ahubijid	
9. Sarsaba, Jeff Alexandra	Lugait CS	4	Lugait	
10. Caayupan, Rheanna Grace	Libertad CS	4	Libertad	
Coach: Junio, Elsie	Benigwayan ES	3	Ahubijid	



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Cagayan de Oro City



LIST OF QUALIFIED ATHLETES, COACHES AND CHAPERONS
TO THE 2018 REGIONAL MEET

SECONDARY LEVEL

ARCHERY: (BOYS)

NAMES:	SCHOOL	UNIT	DISTRICT	REMARKS
1. Tangkiahay, Jimuel	D.G Sabal MNHS	2	Claveria 1	
2. Glema, Gabriel Loise	MOGCHS	4		
3. Villanueva, Jovianne Raffle	MOGCHS	4		
4. Pacturan, Barry	MOGCHS	4		
Coach: Pajo, Delia Malou				
ARCHERY: (GIRLS)				
1. Bullanday, Xyzel Mae	MOGCHS	4		
2. Mercado, Wednesday Moesha	MOGCHS	4		
3. Yburan, Shawn Skyllah	MOGCHS	4		
4. Pillo, Denise Claire	MOGCHS	4		
Coach: Allan Chiva	MOGCHS	4		
ATHLETICS (BOYS)				
1. Jalapan, Reyell Yvann		2		Shot-put
2. Lacro, Devin Lloyd		3		Javelin Throw
3. Velarde, Geruel		3		Triple Jump
4. Lauron, Ralph	MOGCHS	4		Long Jump
5. Perez, Julius		2		100 m.
6. Mancao, Erwin		2		800 m, 1500m, 3000m
7. Saavedra, John Paul	MOGCHS	4		400 M, 200 M
8. Juntilla, Ronie		2		110m HH
9. Cayna, Junbe		1		400 m
10. Talaugon, Roldan		1		5000 m
11. Beltran, Jhade		2		Javelin, Shot-put
12. Lacre, Eduardo		2		800 m, 1500 m
13. Toyong, Crischert		2		200 m, 400 m
14. Olaygar, Wilmark		2		5000 m
15. Apdian, IranRey Ken		3		100 m, 200 m.
Coach: Mauna, Settle-Track		2		
Juarlo, Ginger-Field		2		
ATHLETICS (GIRLS)				
1. Ligsanan, Marifel		1		Shot-put, Javelin, Discus
2. Pama, Lianne Diana	Alubijid NCHS	3		100 m
3. Mendoza, Arlene		2		1500 m 3000 ,
4. Boston, Krishika Shayne	MOGCHS	4		400 M, 800 M
5. Gadian, Mary Jane		2		100 m
6. Janubas, Glorielle Iresse		3		400 m
7. Gorgolon, Lovely Grace	MOGCHS	4		200 M
8. Pama, Ma. Arnel Lee	Alubijid NCHS	3		Long Jump, Triple Jump
9. Bulta, Mirabel		2		800 m, 1500 m
10. Ranara, Aiko		2		100 m
11. Cabongcal, Jazel Mae		2		400 m,
12. Chuatico, Denielle Mharey	MOGCHS	4		Shot-Put, Javelin
13. Agad, Louise Veronica	MOGCHS	4		Triple, Long Jumps
14. Taglucop, Monique Joy		2		
15. Jaganas, Ireca	MOGCHS	4		
Coach: Romel Gabac- Track	MOGCHS	4		

Coach: Simacon, Jeonaly-Field		1		
ARNIS: (BOYS)				
1. Dee, Johnmie Jones	MOGCHS	4		43-47 Kgs
2. Rugay, Lorence John	MOGCHS	4		47-51 Kgs
3. Yurong, Jalain		3		51-55 Kgs
4. Bathan, Rod Angelo	MOGCHS	4		55-60 Kgs
5. Cruz, Edzel	Tagoloan NHS	2		60-65 Kgs
Coach: Ordaniel, John Paul	MOGCHS	4		
ARNIS : (GIRLS)				
1. Gabule, Aileen		3		37-40 Kgs
2. Tutica, Girlie Hope	Tagoloan NHS	2		40-44 Kgs
3. Nacua, Cristine Mae	MOGCHS	4		44-48 Kgs
4. Altera, Roshiel	Tagoloan NHS	4		48-52 kgs
5. Dacup, Crystal Grace	MOGCHS	4		52-56 kgs
Coach: Wendelyn Capisen	MOGCHS	4		
BADMINTON (BOYS)				
1. Pablo, Levi	MOGCHS	4		
2. Obonga, Vilmor	MOGCHS	4		
3. Reformina, Renz Joshua	St Mary's-Tagoloan	2		
4. Reformina, Ryan Jay	St Mary's-Tagoloan	2		
Coach: Oclaman, Ian	St Mary's-Tagoloan	2		
BADMINTON (GIRLS)				
1. Sinagpan, Iven Kaye	MOGCHS	4		
2. Hilot, Rejin May	MOGCHS	4		
3. Juntahan, Marian Nicole	MOGCHS	4		
4. Gamutin, Hannah Shannen	MOGCHS	4		
Coach: Macapalit, Mikhar Breen Frank	MOGCHS	4		
BASEBALL (BOYS)				
1. Punis, Giovanni				
2. Guanzon, Joshua				
3. Sabugaa, Armon		1		
4. Bulat-ag, Jeno	Consuelo NHS	1		
5. Bagabaldo, Alemar	Consuelo NHS	1		
6. Castulo, Jonathan	Consuelo NHS	1		
7. Pimentel, Gary	Consuelo NHS	1		
8. Lasit, Jiphoy	Consuelo NHS	1		
9. Bariacion, Joleno	Consuelo NHS	1		
10. Abapo, John Diether	Consuelo NHS	1		
11. Camacho, Clint	Consuelo NHS	1		
12. Yanson, Crisjune	Consuelo NHS			
Coach: Paises, G-One				
BASKETBALL (Boys)				
1. Saligumba, Jessie Jr.	Salay NHS	2		
2. Rivera, John Collin	Tagoloan NHS	2		
3. Zayas, Jessie Mark	Kalingagan NHS	2	Villanueva	
4. Gaid, Michael	Laguindingan NHS	3	Laguindingan	
5. Legaspi, Marnie	Esperanza NHS	1	Kinoguitan	
6. Tampipi, Mariou	Consuelo NHS	1	Magsaysay	
7. Opiso, Marlo	Talisayan NHS	1	Talisayan	
8. Alejandro, Javy	Consuelo NHS	1	Magsaysay	
9. Yoshino, Yuto	Sugbongcogon NHS	1	Sugbongcogon	
10. Aligsao, Ronnel John	Talisayan NHS	1	Talisayan	
Coach: Pangan, Rene	Talisayan NHS	1		
BASKETBALL (Girls)				
1. Sazon, Diane	Lugait NHS	3		
2. Apag, Cheska	Opol NSTS	3		
3. Tingabgab, Zyra Lou	Villanueva NHS	2		
4. Jambas, Honey Jade	MOGCHS	4		
5. Cagalitan, Chenica	MOGCHS	4		
6. Estrada, Ma. Shanelle	MOGCHS	4		
7. Dequilla, Estrella	MOGCHS	4		
8. Felicilda, Jessica	MOGCHS	4		
9. Macalipay, Jill	MOGCHS	4		
10. Go, Hannah Mae	MOGCHS			
Coach: Augustin Yasay	MOGCHS	4		

Chaperon: Nocete, Ma Aldae	MOGCHS	4		
BOXING: (BOYS)				
1. Waga, Niño Alexis	Villanueva NHS	2	Villanueva	36-38 Kgs
2. Abcede, Armando	Villanueva NHS	2	Villanueva	38-40 Kgs
3. Odvina, Joshua Jhon	Villanueva NHS	2	Villanueva	40-42 Kgs
4. Laurete, Regine Paul	Villanueva NHS	2	Villanueva	46-49 Kgs
5. Solilawan, Roslan	Salay NHS	2	Salay	44-46 Kgs
Coach: Hilario Tafaajura	Villanueva NHS	2	Villanueva	
CHESS: (BOYS)				
1. Ranario, Aldin Ronulfo	MOGCHS	4		
2. Acierto, Emmanuel	MOGCHS	4		
Coach: Wenchito Teopiz	MOGCHS	4		
CHESS: (GIRLS)				
1. Magno, Vanessa	MOGCHS	4		
2. Tan, Mary Joy	Jasaan NHS	2		
Coach: Rhea Oliva Teopiz	MOGCHS	4		
FOOTBALL: (BOYS)				
1. Cabarrubias, Carlo	Manticao NHS	3		
2. Idnay, Mertboy	Manticao NHS	3		
3. Abejero, Jhunver	Opol NSTS	3		
4. De la Cruz, Ray Jay Clark	Opol NSTS	3		
5. Gomez, Kenneth	Opol NSTS	3		
6. Radam, Justin Math	Opol NSTS	3		
7. Ortiz, Jade	Manticao NHS	3		
8. Vilarde, Reymark	Opol NSTS	3		
9. Roxas, Craig Wilson	Opol NSTS	3		
10. Mendoza, Anthon Pat Francis	Opol NSTS	3		
11. Ibarat, Vince Jushua	Manticao NHS	3		
12. Tidor, Mike Chester	MOGCHS	4		
13. Macasero, Shawn River	Jasaan NHS	2		
14. Galvez, Ed Mayrk	OLLAC-Claveria	2		
15. Valerio, Romulo David	Kibungsod NHS	1		
Coach: Guarin, Angelo Solo Ignatius	Opol NSTS	3		
Asst. Coach: Aldrin Sabado				
GYMNASTICS (Boys)				
1. Daclag, Kyzer King	Tagoloan NHS	2	Tagoloan	
2. Cruz, Pierce Daniel	Tagoloan NHS	2	Tagoloan	
3. Calapuan, Raymund	Villanueva NHS	2	Villanueva	
Coach: Tubo, Lumarvin	Tagoloan NHS	2	Tagoloan	
GYMNASTICS: (Girls) WAG				
1. Escabarte, Herla Rhea	MOIST	2	Balingasag	
2. Miparanum, Czarina	San Isidro NHS	2	Balingasag	
3. Nercuit, Judelaine	Medina NCHS	1		
Coach: Tabasa, Apple Wabe	San Isidro NHS	2	Balingasag	
GYMNASTICS: (Girls) RG				
1. Mendoza, Miles Aubrey	MOGCHS	4		
2. Remitar, Norace	MOGCHS	4		
3. Valdehueza, Dahra Marie	Initao NCHS	3		
Coach: Manili, Josephine				
TENNIS : (BOYS)				
1. Juario, Joszua Cyd	MOGCHS	4		
2. Juario, Jed Cyrus	MOGCHS	4		
3. Feniza, June Alwyn	Lugait NHS	3		
4. Madridano, Harvey Yeshua	Living Hope Christian	3		
COACH: Macarine, Dennis	ANCHS			
TENNIS: GIRLS)				
1. Ubay-ubay, Merlkisslyn	ANCHS	3	Ahubijid	
2. Ubalde, Clarisse Fidelyn	D.G.Sabal MNHS	2	Claveria	
3. Ubay-ubay, Capahanie June.	ANCHS	3	Ahubijid	
4. Quifonez, Ann Jay Lou	Lugait NHS	3	Lugait	
Coach: Santiago, Nanette	ANCHS	3	Ahubijid	
SEPAK TAKRAW: (BOYS)				
1. Sumaoy, Rimon Rich	Initao NCHS	3	Initao	

2. Bodbod, June Albert	Talisayan NHS	1	Talisayan
3. Villamor, John Michael	Initao NCHS	3	Initao
4. Del Poso, Lambert	MOGCHS	4	
5. Encoy, Julmar	Initao NCHS	3	Initao
6. Quiring, Jollan	Alubijid NCHS	3	Alubijid
7. Janolino, Kenjie Boy	Libertad NHS	3	Libertad
8. Cagatan, Mark	Alubijid NCHS	3	Alubijid
9. Emar, Rex	Alubijid NCHS	3	Alubijid
10. Ababao, Clauber	Alubijid NCHS	3	Alubijid
11. Ora, Marvin	Sugbongcogon NHS	1	Sugbongcogon
12. Ubanan, John Paul	Initao NCHS	3	Initao
Coach: Arnold Villastique	Initao NCHS	3	Initao
SOFTBALL: (GIRLS)			
1. Villanueva, Rosa Mae	MOGCHS	4	
2. Jacob, Abegail	MOGCHS	4	
3. Rementizo, Mary Rose	MOGCHS	4	
4. Elecias, Razel Joy	MOGCHS	4	
5. Baena, Liezel Mae	MOGCHS	4	
6. Salvafia, Charlene	MOGCHS	4	
7. Rementizo, Kristine Jane	MOGCHS	4	
8. Caculba, Ella	MOGCHS	4	
9. Labadan, Pipper Gwyneth	MOGCHS	4	
10. Impas, Lorie Mae	MOGCHS	4	
11. Nebris, Katherine Mae	MOIST	2	
12. Onga, Edah Mae Hershey	MOIST	2	
Coach: Jeanyline Lugmay		2	
Asst. Coach: Sunrise Burttag		4	
CHAPERON:			
SWIMMING: (BOYS)			
1. Pabualan, Justin	Medina NCHS	1	
2. Ramos, John Paul	Lumbo NHS	2	
3. Cailing, Kent Wallace	Lumbo NHS	2	
4. Tapongot, Erickson	Jasaan NHS	2	
5. Cailing, Jude Welson	Lumbo NHS	2	
6. Duat, Jack	MOGCHS	4	
7. Dollera, Antonio	MOGCHS	4	
8. Plaza, Jo Martin	Medina NCHS	1	
Coach: Salise, Liza	Lumbo NHS	2	
SWIMMING: (GIRLS)			
1. Bajas, Dianne	MOGCHS	4	
2. Bajas, Diorne	MOGCHS	4	
3. Cailing, Joanna	Lumbo NHS	2	
4. Campadio, Lury Jean	MOGCHS	4	
5. Namoc, Jessa Mae	Sta. Ines NHS	1	
6. Montesclaros, Rhea	MOGCHS	4	
7. Cailing, Jubille	Lumbo NHS	2	
8. Go, Nicole	MOGCHS	4	
Coach: Blanco, Edson	MOGCHS	4	
Chaperon: Reyes, Maribel			
TABLE TENNIS: (BOYS)			
1. Yucada, Andrie Jose	Opol NSTS	3	Opol
2. Baz, Sir Jeh Sun Moon	Opol NSTS	3	Opol
3. Calotes, Peter Andrey	MOGCHS	4	
4. Madelo, Mc Wielchem	MOGCHS	4	
Coach: Lanzaderas, Ceilo	Opol NSTS	3	Opol
TABLE TENNIS: (GIRLS)			
1. Sabella, Jocille	Alubijid NCHS	3	Alubijid
2. Asequia, Allyza	Opol NSTS	3	Opol
3. Sendos, Maryfel	Saint Rita's-Balingasag	2	Balingasag
4. Suarez, Bona	MOGCHS	4	
Coach: Ma. Christine Sabellina	Alubijid NCHS	3	Alubijid
TAEKWONDO: (BOYS)			
1. Gumera, Archiel Ghie	MOGCHS	4	
2. Saavedra, John Paul	MOGCHS	4	
3. Pizaaaras, Justin		2	
4. Romano, Marjune	MOGCHS	4	

5. Cuevas, John Harold		2	
6. Cabana, John Christopher	MOGCHS	4	
7. Ando, Jayson	MOGCHS	4	
8. Jariolne, Jesson	MOGCHS	4	
9. Songcuya, Joanel James	MOGCHS	4	
10. Marifias, Earl Paul	MOGCHS	4	
Coach: Charina Bajolo	MOGCHS	4	
TAEKWONDO: (GIRLS)			
1. Mendeza, Shane Mary	MOGCHS	4	
2. Baja, Steffany Cinth	MOGCHS	4	
3. Montil, Jessica	MOGCHS	4	
4. Macana, Honey Queen	MOGCHS	4	
5. Pagaling, Mournay Gain	D.G. Sabal MNHS	2	
6. Wabe, Feliza Mae	MOGCHS	4	
7. Bermudez, Danica Rose	MOGCHS	4	
8. Encienzo, Winona	MOGCHS	4	
9. Gaviola, Gladys Marie	MOGCHS	4	
10. Macas, Paula	Tagoloan NHS	2	
Coach: Palasigue, Jenny Luz	MOGCHS	4	
VOLLEYBALL: (BOYS)			
1. Novo, Brylle Kint	Opol NSTS	3	Opol
2. Roa, John Paul	Libertad NHS	3	Libertad
3. Cabase, Wilmar	Libertad NHS	3	Libertad
4. Sumobay, Johnnedel	Libertad NHS	3	Libertad
5. Ubanan, Judy	Libertad NHS	3	Libertad
6. Macalaguang, Justine Ceasar	Libertad NHS	3	Libertad
7. Jalagat, Jam Edcel	Libertad NHS	3	Libertad
8. Kauffman, Anthony	MOGCHS	4	
9. Alvarado, Elizardo	MOGCHS	4	
10. Mahino, Artoniel	Jasaan NHS	2	Jasaan
Coach: Uy, Alrey	Libertad NHS	3	Libertad
VOLLEYBALL: (GIRLS)			
1. Cajilla, Gwyndyl	Libertad NHS	3	Libertad
2. Cajilla, Ella Mae	Libertad NHS	3	Libertad
3. Bongo, Princess Missy	Libertad NHS	3	Libertad
4. Digang, Meralyn	Libertad NHS	3	Libertad
5. Anggot, Esphe	Libertad NHS	3	Libertad
6. Acain, Claudine	Libertad NHS	3	Libertad
7. De Torres, Norreen	Kibungsod NHS	1	Magsaysay 1
8. Anggot, Windelyn	Libertad NHS	3	Libertad
9. Bodiongan, Jules Kate	MOGCHS	4	
10. Ariata, Angel Krizza Mari	Bobontugan NHS	2	Jasaan
Coach: Abut, Jennifer	Libertad NHS	3	Libertad
FUTSAL (Girls)			
1. Valdon, Ciarra	Jasaan NHS	2	
2. Macasero, Sealteal	St. Mary's-Jasaan	2	
3. Cabasisi, Jonalyn	Manticao NHS	3	
4. Dayham, Harie Cristy	Manticao NHS	3	
5. Paculba, Ericca	Manticao NHS	3	
6. Gomonay, Aiza Mae	Manticao NHS	3	
7. Oracion, Lovely Rose	Manticao NHS	3	
8. Jamodiong, Shalnee	Manticao NHS	3	
9. Baculio, Maricar	Initao NCHS	3	
10. Caay, Ronavel	MOGCHS		
Coach: Geoffard Harvey Abroguefia	Manticao NHS	3	

Prepared by:


JOHNNY D. REDONDO
EPS-1 Arts, P.E. & Health

APPROVED BY:


CHERRY MAE L. LIMBACO, Ph.D., CESO V
Schools Division Superintendent