



Republic of the Philippines
Department of Education
REGION X - NORTHERN MINDANAO
SCHOOLS DIVISION OF MISAMIS ORIENTAL

Office of the Schools Division Superintendent

21 September 2022

DIVISION MEMORANDUM

No. **545** s. 2022

**ONLINE TRAINING ON PERSONAL MASTERY AND
PERSONALITY DEVELOPMENT**

To: **Public Schools District Supervisors/ Districts-in-Charge**
Non-Teaching Personnel
Secondary and Elementary School Heads
Secondary and Elementary Teachers
This Division

1. The Department of Education, as a government agency is committed to the employees continuing professional development for personal and professional growth along with employee welfare and the development of behavioral competencies. Hence, the DepEd Division of Misamis Oriental through the SGOD-Human Resource Training and Development (HRTD) Unit will be conducting a training program entitled **Online Training on Personal Mastery and Personality Development** to be implemented on **October 12-14, 2022**.
2. Participants of this training program are already selected through a pre-registration disseminated through Facebook Page. Attached is the list of Official Participants (Enclosure 1)
3. A course fee of Php 1,500 per participant shall be charged to the 2022 Human Resource Development for Non-Teaching Personnel subject to the usual accounting and auditing rules and regulation.
4. For more queries, please contact Irish Karylle D. Monte (SEPS- HRD) through via irishkarylle.monte@deped.gov.ph or Eman A. Lachica (EPS II-HRD) via eman.lachica@deped.gov.ph.
5. Wide dissemination of this Memorandum is hereby enjoined.

JONATHAN S. DELA PEÑA, PhD, CESO V
Schools Division Superintendent

Encls.: As stated

References: *None*

To be indicated in the Perpetual Index

under the following subjects:

PROFESSIONAL DEVELOPMENT

ONLINE TRAINING

EMPLOYEE WELFARE

SGOD, HRD-i.monte



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TRAINING ON PERSONAL MASTERY AND PERSONALITY DEVELOPMENT

October 12-14, 2022

| Name of Participants | School and District |
|--------------------------------|---|
| ABAN, RETHEL B. | COGON ES- BALINGASAG CENTRAL DISTRICT |
| Abao, Clemente Jr M. | Aposkahoy National High School/ Claveria Northeast District |
| ABAO, L. MARY SHENNETH | SALAY NATIONAL HIGH SCHOOL, SALAY |
| Abao, L., Mary Shenneth | Salay National High School, Salay |
| Acedo, Ma. Cecilia D. | Baliwagan NHS |
| Acenas, Riz S. | Kinoguitan CS, Kinoguitan |
| Aguhar, Audrey Faye P. | MAT-I CS |
| Aguilor, Lord Rahp Duat | Minalwang Integrated School, Northeast Claveria District |
| Alfanta, Chelyn B. | Mambayaan IS, Balingasag North |
| ALIBOYOG, F. ROXAN | Sinai ES, Laguindingan |
| Almario, Rhona V. | Salay NHS, Salay |
| Alviso, Harold Mae C. | Baliwagan NHS, Balingasag South |
| Anoc, G, Elmar | Accounting Section - Division Office |
| Arbizo, Lovelle B. | Tuod IS, Manticao |
| Arenal, Clint M. | Division Office |
| ARPON, ANNIE ROSE L | INITAO CS, INITAO SOUTH |
| Aurora J. Sacay | Salay National High School/Salay District |
| Avila, Gersyl P. | Claveria Central School, Claveria |
| BACASMAS, A.,RODA MAE | LUMBO NHS-LAGONGLONG |
| BACONG, CARMELA M. | SALAY CENTRAL SCHOOL/ SALAY DISTRICT |
| BAGARES JOCEBHEL M | INITAO NATIONAL COMPREHENSIVE HIGH SCHOOL, INITAO NORTH |
| Bagares, Joseph E. | Initao NCHS, Initao |
| Bahian, Adora Angelica G. | Division Office |
| Baranggan, Meldalyn S. | Lugait NHS, Lugait |
| Baring, P, Rubie Joy | Lumbo ES |
| Beja, Lovely Therese, H. | Governor Pelaez ES |
| Beltis, Bernard S. | Bayugbayogan IS, Opol West |
| Bonalos, N., Vesper Joy | Libertad CS, Libertad |
| CABITANA, AUSTINJO M. | LAGUINDINGAN NATIONAL HIGH SCHOOL |
| Cabunoc, Amor B. | Naawan NHS, Naawan |
| Caburnay, Gladys. S. | Dr GERARDO SABAL MEMORIAL NHS |
| Cacayan, V. Yza | Dampias A.O. Rañises National High School, Sugbongcogon |
| Cagaan, Charles, C. | Tingalan Integrated School, Opol west |
| CAHUCOM, RIZA S. | SUGBONGCOGON NHS/ SUGBONGCOGON DISTRICT |
| Cailing, Marcelina L. | Looc National High School , Salay District |
| Callo, Anelito B. | Consuelo NHS, Magsaysay 2 District |
| Cañeda, M., Cherry Mae | Initao CS, Initao |
| CARCAMO R JENNY | KAUSWAGAN ES LAGONGLONG |
| Conde, Marjurie Vecina | Luna Integrated School,Claveria 2 |
| Consolacion, L., Reina Christi | Division Office-Finance Section |
| Cruz, R., Titus | San Antonio ES, Jasaan North |
| CUETO, T. PINKY | BINITINAN ES |
| DACALOS,KYRDEN CYRIL G. | MOGCHS |
| DAHILAN EDITHA V | KAUSWAGAN ES |
| Dalugdug, Jenelyn T. | Binuangan CSI/Sugbongcogon District |
| Delito, Ronie, D. | Salay NHS, Salay |
| Duat, Jeanette L | Opol CS, Opol West District |
| Dugang Emma I | Esperanza SHS |
| Echavez, Mary Grace Q. | Initao Nat'l. Comprehensive High School (IU) |
| EDMILAO, LILIAN, G | INITAO SOUTH DISTRICT |
| Emperador, Michael Benedict L. | Manticao CS, Manticao |
| Enerio, Edranel M. | Gitagum CS, Gitagum |
| ENOVER, JOHN VICTOR E. | VILLANUEVA |
| ENOVERO, LEVY A. | CASINGLOT NHS, TAGOLOAN |
| Enriquez, Marianne Pearl Dael- | Jasaan North District |
| Enterina, Charisse M. | Babanlagan ES |
| GAGNAN, LL, SOULE | Mantangale NHS, Balingoan |
| GALAMITON REMELYN LIPONHAY | MAT-I CS, CLAVERIA |



TRAINING ON PERSONAL MASTERY AND PERSONALITY DEVELOPMENT

October 12-14, 2022

| Name of Participants | School and District |
|--------------------------------|--|
| Galanida, Magdalena E. | Initao National CHS |
| Galdo R. Rena | Quezon Integrated School , Balingasag North District |
| GARCIA, R., SHEILA MAE | DIVISION OFFICE |
| Gruta, N, Dave | Balingasag CS, Balingasag |
| Hallasgo Yambao Vicente III | MisOr. Division Office |
| Homicillada, Ma. Corazon T. | Bobontugan NHS, Bobontugan, Jasaan |
| Huguete, Amabel, D. | Initao Central School |
| Hurtado, Ma. Theresa C. | San Alonzo ES, Balingoan District |
| Incoy, P, Anita Leah | Dampil NHS |
| ITOM, CRYSTEL B. | DAMPIL ES, LAGONGLONG DISTRICT |
| Jabla, Isaiah Grace A. | Initao NCHS, Initao North |
| Janubas, Mila A. | Division Office |
| Janubas, Roj Al Jamir, A. | Malanang IS, Opol East |
| Jimenez, Sandra Lea Santillan | Sugbongcogon NHS, Sugbongcogon |
| Jo, Joel T. | Naawan NHS, Naawan District |
| JUBY MARIE B. ALMARIO | BALINGASAG SHS |
| Juliet Taganas | Tagoloan |
| La Victoria, Venus A. | Kinoguitan Central School, Kinoguitan |
| Lara, Maria Isabel E. | Bulahan IS,Claveria Northeast |
| Lazalita, Cherry Mae A. | Division Office |
| Leotero, B., Grazielle | Linangkayan ES, Naawan District |
| LLAGAS B. LLAGAS | LAGONGLONG SENIOR HIGH SCHOOL, LAGONGLONG |
| LLOREN, KRISTINE, E. | MEDINA NORTH |
| LORENZO T. DAHANG | SALAY DISTRICT OFFICE, SALAY |
| LUMAHANG, EVA ROSE S. | KALINGAGAN SENIOR HIGH SCHOOL/VILLANUEVA NORTH |
| Macabodbod, Roa, Ma. Lyra | Lagonglong CS |
| Mandin, B. James Thaddeus | Sugbongcogon National High School |
| MAPUTE, C. CAROL JOY | KIBUNGSOD CENTRAL SCHOOL |
| Marfori, Janeth A. | Kalacapan NHS/ Initao North District |
| Masbelin , Merly M. | Division Office |
| MEJOS, BERNABE JR. C. | DIVISION OFFICE |
| Miso, Marjorie Daguplo | Lagonglong CS |
| Morandante,U,Cyndi | San Isidro Elementary School / Balingasag North District |
| Nahial, Editha S. | Sugbongcogon National high School |
| Obemio, Larseny R. | Talisayan |
| Ocio, Anna Mae, A. | Luyong Bonbon ES, Opol West |
| Oclarit, Maria Rizza V. | Initao National Comprehensive High School |
| ODCHIGUE, MARY JEAN L. | SALAY CENTRAL SCHOOL - SALAY DISTRICT |
| OLACO, MARCIANO S. | Portulin NHS, Medina |
| Omandam, Mary Ann T. | Opol Central School |
| Omas-as, Jovela Gracia L. | Talacogon IS, Lugait District |
| Pabonita, Janmae D | Baliwagan CS, Balingasag South |
| Paculba, Melissa B. | Division Office |
| Paderog, Bryan Carl R | Danao Elementary School, Jasaan District |
| PADEROG, MARY GRACE F. | KIMAYA ES |
| Pagaran, M.,Leah Loren | Sugbongcogon NHS, Sugbongcogon |
| Palamine, John Paul L. | Looc ES, Salay |
| PALAMINE, JAN PAUL, ABONITALLA | DIVISION OFFICE |
| Pallo, Jodelyn M | Sugbongcogon NHS, Sugbongcogon |
| Paredes,Doreen Joy M. | Baliwagan National High School,Balingasag South District |
| Pasco, Christopher F | Division of Misamis Oriental |
| Penaso, Gladys | Division Office |
| Pescador, Amaylyn, M | Barra ES, Opol East |
| Pestillos, P., Melody Mabelle | Libertad CS, Libertad |
| QUERING, RHEA MAE C. | SALAWAGA IS, OPOL WEST |
| Quilacio, Rizalita S. | Aposkahoy NHS, Claveria Northeast |
| Quintana, G., Lovely | Maanas ES,Medina South |
| RABE, S., PATRICK JAMES | Barra Elementary School, Opol East District |



TRAINING ON PERSONAL MASTERY AND PERSONALITY DEVELOPMENT

October 12-14, 2022

| Name of Participants | School and District |
|------------------------------|---|
| Rayon, V, Julius | Kinoguitan Central School, kinoguitan |
| Reggie C. Gahopo | Mauswagon IS, Laguindingan District |
| Resuma, T. Alma | Mohon ES,Tagoloan |
| Reyes, Joyce Grace B. | Laguindingan NHS, Laguindingan |
| Robitshek, Ana Fe L. | Opol West |
| Ronel D. Ramoso sr. | Lantad integrated School Balingasag north |
| Saarinas, Janette P. | Laguindingan NHS, Laguindingan |
| Sabejon, Bayani Lizandro, Q. | Kalingagan NHS, Villanueva North |
| Sabuero,Alma ,P. | Kibugahan ES.Medina,South |
| SACUPAYO, VERGEL S | MONHS, BALINGASAG |
| Sanchez, Alfie A | Maputi SHS, Naawan |
| SANDIGAN, MELODIE C. | DIVISION OFFICE |
| Sandra Lea S. Jimenez | Sugbongcogon NHS |
| Siarez, Dulce Cristina C. | Tup-on ES, Medina North |
| SUAREZ, JEWOLAC J. | OPOL CS, OPOL WEST |
| TABAC,L, ROBERT | LUYONG BONBON ES, OPOL |
| Tabudlong, Maurillo Jr. C | Baliwagan CS, Balingasag South |
| Tacna, Daisy A. | Talisayan National High School- Talisayan |
| Tagle, Lyra S. | Initao National Comprehensive High School |
| Tecson, F, Andrian | Tipolohon ES, Claveria Northeast |
| Uy, Manuel T. Jr. | San Vicente Elementary School, South Medina |
| Valerio, L. Merle | Sugbongcogon District |
| VIDAL, D, VENUS | Salay CS, Salay |
| Vidal, G, Jemar | Alipuaton IS, Salay |
| VILLANUEVA, FATIMA DIVINA A. | MEDINA CS, MEDINA NORTH DISTRICT |
| Villasis, Daisy Mae M. | Betahon Elem. School/Lugait District |
| Virtudazo, Z, Helpha | VnChaves MCS |
| Yap,Leslie J. | Mat-i ES/Naawan District |
| ZULIETA, MARICEL MONDANO | WATERFALL ELEM. SCHOOL |
| VILLACORTA, JOSE MARIE S | Alubijid Central School - Alubijid East |
| Bacarra, Eden B. | Duka Elementary School, Medina North District |
| Baco, Lilibeth C. | Claveria Central School Claveria Central District |
| Robledo, Ma. Jelen C. | Hinaplanan NHS - Claveria West District |
| WENDELL V. ABOY | CAMPO ELEMENTARY SCHOOL- KINOGUITAN |
| Simudlan,Rechel, D. | Claveria North East District |
| Tagarda,Beverly M. | Balingasag Senior High School/ Balingasag North |
| SIMUDLAN,RECHEL,D | Claveria Northeast District |
| Gonzales, Lara Mae S. | Tagoloan Central School, Tagoloan District |
| BALONGCAS, MELISSA, B. | CLAVERIA WEST |
| Ejem, Jerah A. | Rizal National High School Claveria West District |
| Galozo,Alme F | Claveria Central District-Luna Integrated School |
| LABIANO, ZYNETTE, L. | Mananum Bag O ES Medina South District |
| Da-ao, Mary Joy Galamiton | Cala-Cala Elementary School Balingasag Central District |
| DANDOY, JAYDE GALOPE | Talisayan/ Talisayan National High School |
| Cahayagan, Mayette F | Luna IS-Claveria Central District |
| Resuma,Alma T. | Mohon Elem.School/Tagoloan District |
| Abregana,Emma E. | Kabulawan Elementary School,Lagonglong District |
| Woo, Jennelaiza J. | Balingasag North District |
| TANCINCO, LEA C | TAGOLOAN CENTRAL SCHOOL |
| Calam, Paul John, E. | Tawantawan Integrated School, Initao South District |
| Cahayagan, Alcuin C | LUNA IS-CLAVERIA CENTRAL DISTRICT |
| OCMEJA, RIZZA M. | Tambobong Balacanas NHS |
| Agcopra, Jim B. | Tawantawan Integrated School, Initao South District |
| Torrejos, Jasmin A. | Luna Integrated School |
| Abe-abe, Rodrigo N. | Tup-on Elementary School |
| OBSID,KAYE G | Talisayan |
| Abe-abe, Jocelyn N. | Pahindong ES/Medina North District |
| Revilla, Ramon T. | Kalawitan Elementary School, Claveria West District |



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October 12-14, 2022

| Name of Participants | School and District |
|-------------------------------------|---|
| Babaylan, Ditchy Graceflor T | Kibungsod Central School Magsaysay 2 District |
| ENTERINA, ELGIE FLOR S. | TALISAYAN NATIONAL HIGH SCHOOL- TALISAYAN DISTRICT |
| Cabiluna, Cherry L. | Villanueva National High School / Villanueva District |
| Macalood, Jeana S. | Mat I Naawan NHS |
| Galve, Mardy Nelle V. | Baliwagan National High School - Balingasag South |
| GAYRAMON, REYNAN M. | Baliwagan National High School, Balingasag South District |
| LLAUSAS, CHRISTINE, M. | LAGONGLONG CENTRAL SCHOOL LAGONGLONG DISTRICT |
| Buangin, Lyndie V. | Rosario National High School |
| Abog, Marjun R. | Baliwagan SHS/ South District |
| Zaportiza, Zachary G. | Baliwagan National High School, Balingasag South |
| BAHIAN, JOANNA P. | Mahayahay IS - Manticao District |
| Vecilla, Joan, B. | Baliwagan National High School/Balingasag South |
| ZAPORTIZA, MA. CHLOEE MARLOWE ALABA | Kibugahan Elementary School/ medina south district |
| FLORES, ROEL SANTIAGO V. | TAGOLOAN SENIOR HIGH SCHOOL, TAGOLOAN DISTRICT |
| Itom, Crystel B. | Dampil ES/Lagonglong |
| Goles, Limuel B. | Villanueva NHS Villanueva North |
| DRAGON, VICTORIA MILKA S. | LUMBO NHS-LAGONGLONG DISTRICT |
| LAGROSAS,RUBELYN B. | ARGAYOSO ES/MANTICAO DISTRICT |
| Tion, Cherry Rose S. | Sta.Ines National High School |
| Buhisan, Anadesi L. | Opol East District |
| CAINGLET, ELSIE B | SAN ISIDRO ES, JASAAN SOUTH DISTRICT |
| Kionisala, Estephen Jose B. | Talisayan NHS -SHS, Talisayan District |
| Gapuz, Marie Cris D. | Tagoloan |
| CABIAZA, MA. THERESA C. | GRACIA ELEMENTARY SCHOO |
| Taytay, Michael M. | Quezon IS/ Balingasag North |
| Pamisa, Geraldine S. | Lantad IS, Balingasag North |
| Pague Marie Joy Jasmin J. | Medina National Comprehensive High School- District North |
| Ranara ,Maricar C | Baliwagan National High School -Balingasag South |
| Tejano, Marilou T. | Medina Central School Medina North District |
| DALUGDUG, CYRIL H. | Sta. Ana National High School-SHS- Tagoloan District |
| Gulane,Jackelyn, C | Malibato Integrayed School, Manticao |
| Mejos, Nilda M. | Tagoloan |
| ANDALOC JACKIE-LOU C. | SALAY NHS /SALAY |
| LABIS,ANNA GRACE I. | LAGTANG ES/ALUBIJID EAST |
| Jayoma, Haylee P | Baybay Elementary School / Alubijid East District |
| Dofeliz Letecia C. | Tagoloan |
| GORRO, ROSSEL V. | Lantad IS, BALINGASAG North District |
| Connie Joy J. Bayudo | Dr. Gerardo Sabal Memorial NHS - Claveria I District |
| Magan, Reynaldo V. | Lagonglong |
| Bayudi, Connie Joy J. | DR. GERARDO SABAL MEMORIAL NHS/ CLAVERIA 1 |
| Cabato, Celena J. | Villanueva Senior High School - South District |
| Abug, Judemenda B. | Salay National High School-Sala District |
| Lolo Olivia L | Natumulan ES,Tagoloan |
| Ungab, maria Gretchen p. | Minsacuba elementary school/claveria west |
| Salvaleon, Johanna J. | Baliwagan NHS, Balingasag South |
| Rosal,Ginalyn B. | Lagonglong Central School |
| Anit,Oliva S | Medina Central School |
| Villacorta, kristine sia | Baybay elementary school- alubijid east |
| Jalop, Lea Angeles | Dampil nhs, lagonglong |
| Lago, Analen I. | Medina Central School/Medina North |
| Malo-ay Nova Bee R | Mandangoa Elementary School Balingasag North District |
| ILAGO, MA. REYNA T. | Lagonglong District |
| Agocoy, Richelle, B. | Dampil ES/Lagonglong |
| BACAN, MYRA FLOR POSADAS | MINSACUBA/CLAVERIA |
| Edubos, Dazyl D. | Medina North |
| Grace Magallanes | Mohon Elem. School |
| Mariano Virginia Jumalon | Gracia Elementary School Tagoloan District |
| Sadora, Tina D. | Baliwagan NHS/Balingasag South |



TRAINING ON PERSONAL MASTERY AND PERSONALITY DEVELOPMENT


October 12-14, 2022

| Name of Participants | School and District |
|----------------------------|--|
| Baylan, Owen Niko G. | Maribojoc IS Tagoloan District |
| Tacling, Nifa Jane B. | Baliwagan NHS, Balingasag South District |
| CAHOTAY, CHERRY D. | Lagonglong Central School |
| Pernia, Cheryl L. | Jasaan NHS and Jasaan South District |
| Jimenez, Cherrie Fe R. | Natumolan ES- Tagoloan District |
| TIBOR, REGIELYN M. | Salay National High School- Salay District |
| Evangelista, Frank Jr., M. | Tagoloan Senior High School, Tagoloan, Mis.Or. |
| Sale Manolito N. | Aplaya National High School |
| Jamero, Rojhene B. | Salay National High School - Salay District |
| APAL, MONINA, P. | SAN VICENTE ELEMENTARY SCHOOL, MEDINA SOUTH DISTRICT |
| Mariano Virginia Jumalon | Gracia Elementary School Tagoloan District |
| Villasencio, Justine, P. | Lagonglong Senior High School/Lagonglong District |
| Lucero, Anelly T. | Lugait National High School |
| Cainoy, Necifora E. | Kimaya ES Jasaan South District |
| Llagas, Evelyn J. | Salay National High School |
| Zarate Yonilita B. | Esperanza Elementary School Kinoguitan District |
| Sanchez, John Rey G. | Misamis Oriental General Comprehensive High School |
| Pacatang, Marites | MONHS, BALINGASAG |

Prepared by:


EMAN A. LACHICA, PHD
Education Program Specialist II

Noted by:


IRISH KARYLLE D. MONTE PHD
Senior EPS