



REPUBLIC OF THE PHILIPPINES  
DEPARTMENT OF EDUCATION

REGION X

Division of Misamis Oriental

CAGAYAN DE ORO CITY



December 7, 2017

Division Memorandum  
No. 690 s. 2017

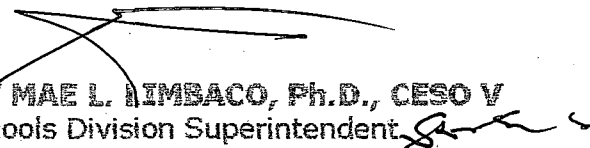
**REFRESHER COURSE ON SPORTS COACHING**

To: All Public Schools District Supervisors  
All Elementary and Secondary School Administrators

1. Prior to the holding of 2017 Palarong Pampook on December 13-16, 2017 at the different playing venues in Cagayan de Oro City per Unnumbered Regional Memorandum s. 2017, there shall be a "REFRESHER COURSE ON SPORTS COACHING" on December 10-11, 2017 at West City Central, Carmen, Cagayan de Oro City.

The objectives of this training:

1. Equip coaches the competitive skills in sports leading to higher meets;
2. Update teacher-coaches on the current trends of coaching and their roles as coaches of the 21<sup>st</sup> century; &
2. Orient teacher coaches of the forthcoming 2017 Regional Meet.
2. Participants of this training are **Winning Coaches** in their respective events during the conduct of the 2017 Palarong Panlalawigan
3. Participants are advised to bring travel order, medical certificate issued by Government Physician and comfortable clothes for practicum and demonstration activities.
4. Attached is the List of Winning Coaches of the 2017 Palarong Panlalawigan and all identified Tournament Managers.
7. Immediate dissemination of this Memorandum is hereby desired.

  
CHERRY MAE L. JIMBACO, Ph.D., CESO V  
Schools Division Superintendent

**LIST OF WINNING COACHES 2017 PALARONG PANLALAWIGAN**

<b>NAME</b>	<b>EVENT</b>	<b>LEVEL</b>
1. GODOFREDO BIRONDO	ATHLETICS BOYS	ELEM.
2. HAMILTON BANAAG	ATHLETICS BOYS	ELEM.
3. ALNE BUSGANO	ATHLETICS GIRLS	ELEM.
4. CLINT MONSANTO	ARNIS BOYS	ELEM.
5. MA. VICTORIA PARRADO	ARNIS GIRLS	ELEM.
6. CLEMIE RAMIREZ	BADMINTON BOYS	ELEM.
7. MA. ELAINE ABAO	BADMINTON GIRLS	ELEM.
8. RAMIL EVARDO	BASEBALL	ELEM.
9. LITZARDO JARDIN	BASKETBALL BOYS	ELEM.
10. IVY MAE BOLOTAOLO	CHESS BOYS	ELEM.
11. CARLOS MELGAR	CHESS GIRLS	ELEM.
12. MICHELLE MEGRIÑO	FOOTBALL	ELEM.
13. JESSIVER SALINDO	GYMNASTICS MAG	ELEM.
14. LUZ QUILANG	GYMNASTICS WAG	ELEM.
15. SARAH MAE FABRE	GYMNASTICS RG	ELEM.
16. M. VILLARIN	TENNIS BOYS	ELEM.
17. IRIS MAE TIMBANCAYA	TENNIS GIRLS	ELEM.
18. ALDIN BITAY	SEPAK TAKRAW JR	
19. CHRISTINE SASA	SOFTBALL	ELEM.
20. NORMA LINGOLINGO	SWIMMING BOYS/GIRLS	ELEM.
21. ESTEHR BURAY	TABLE TENNIS BOYS	ELEM.
22. DAHLIA BONGCAYAO	TABLE TENNIS GIRLS	ELEM.
23. ELMER BAGAYNA	TAEKWONDO BOYS	ELEM.
24. CARMELA BAGAYNA	TAEKWONDO GIRLS	ELEM.
25. JANICE MADRONA	VOLLEYBALL BOYS	ELEM.
26. ROMMEL ANORICO	VOLLEYBALL GIRLS	ELEM.
27. RIAMEL VEDRA	DANCE SPORTS	ELEM.
28. ALLAN CHIVA	ARCHERY GIRLS	SEC.
29. DELIA MALOU PAJO	ARCHERY BOYS	SEC.
30. SETTIE MAUNA	ATHLETICS BOYS	SEC.
31. GINGER JUARIO	ATHLETICS BOYS	SEC.
32. NELSON VALLENTE	ATHLETICS GIRLS	SEC.
33. CONIELYN ZATE	ATHLETICS GIRLS	SEC.
34. JOHN PAUL ORDANIEL	ARNIS BOYS/GIRLS	SEC.
35. GERNEL LUMACAD	BADMINTON BOYS	SEC.
36. FRANCO PELEGRINO	BADMINTON GIRLS	SEC.
37. ROBERTO SALVAÑA	BASEBALL	SEC.
38. JONATHAN VALDEHUEZA	BASKETBALL BOYS	SEC.
39. AGUSTINE YASAY	BASKETBALL GIRLS	SEC.
40. HILARIO TANAJURA	BOXING BOYS	SEC.
41. WENCHITO TEOPIZ	CHESS BOYS	SEC.
42. DORIS BALCUEVA	CHESS GIRLS	SEC.
43. ALDRIN SABADO	FOOTBALL	SEC.
44. HONEY BELLE GALERA	GYMNASTICS MAG	SEC.
45. ANELLY LUCERO	GYMNASTICS WAG	SEC.
46. JOSEPHINE MANILI	GYMNASTICS RG	SEC.
47. JASON CAGMAT	TENNIS BOYS	SEC.
48. MARY JANE FABRE	TENNIS GIRLS	SEC.

54. CHRISTINE SABELLINA	TABLE TENNIS GIRLS	SEC.
55. MA. LOURDES BALISTOY	TAEKWONDO BOYS	SEC.
56. JENNY LUZ PALASIGUE	TAEKWONDO GIRLS	SEC.
57. JENNEYLYN QUIMSON	VOLLEYBALL BOYS	SEC.
58. JENNIFER ABUT	VOLLEYBALL GIRLS	SEC.
59. SARAH TICTIC	FUTSAL	SEC.
60. VANESSA MAAGAD	DANCE SPORTS STANDARD	SEC.
61. HAROLD ABRIO	DANCE SPORTS LATIN	SEC.
62. MANUEL DIAZ	BILLIARDS BOYS	SEC.
63. LYN CUTAMORA	BILLIARDS GIRLS	SEC.
64. MARY CHRISTINE SUMAYANG	SEPAK TAKRAW GIRLS	SEC.
65. KIT LADROMA	3X3 BASKETBALL BOYS	SEC.
66. AGUSTINE YASAY	3X3 BASKETBALL GIRLS	SEC.
67. JOSE PLASABAS	WUSHU	SEC.
68. CARLO	WUSHU	SEC.
69. PAULINE CHLOE LUCENO	WUSHU	SEC.

PREPARED BY:

  
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APPROVED BY:

  
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