



Republic of the Philippines
Department of Education
REGION X – NORTHERN MINDANAO
SCHOOLS DIVISION OF MISAMIS ORIENTAL

Office of the Schools Division Superintendent

February 12, 2024

DIVISION MEMORANDUM

No. 86, s. 2024

INCREASING DENGUE AWARENESS, SAFETY, PRECAUTION, AND PREVENTION

To: Public Schools District Supervisors/Districts In charge
School Heads
Teachers
District Nurses
All Others Concerned

1. As part of the ongoing commitment to the health and safety of our school community, this office is reinforcing our efforts to prevent and control the spread of dengue.
2. This mosquito-borne disease poses a significant threat to our students, staff, and their families, especially during the rainy season. Dengue is a viral disease transmitted through the bite of an infected Aedes mosquito. Symptoms include high fever, severe headache, joint and muscle pain, rash, and mild bleeding (e.g., nose or gums bleed, easy bruising).
3. It is essential to educate our school community about the symptoms of dengue, its transmission, and the importance of seeking immediate medical attention if symptoms are present.
4. To maintain a safe and healthy environment, regular cleaning and maintenance of our school facilities should be enforced. This includes removing stagnant water sources, which are potential breeding grounds for mosquitoes.
5. All members of the school community should be encouraged to wear clothing that minimally exposes skin, use mosquito repellent, and ensure classrooms have secure windows and door screens to keep mosquitoes out.



Address: Del Pilar corner Velez Street, Brgy. 29, Cagayan de Oro City 9000
Telephone Nos.: (088) 881-3094 | Text: 0917-8992245 (Globe)
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6. School clinics should be adequately prepared to provide first aid to students suspected of dengue infection. In such cases, immediate referral to a healthcare facility is critical.
7. Organize regular information sessions on dengue for students, parents, and staff. These sessions should cover basic information about dengue, its symptoms, prevention methods, and steps to take if one suspects a dengue infection.
8. Collaboration with local health departments to launch 4S Strategy (Search & Destroy, Seek Early Consultation, Self-Protection Measures, Say Yes to Fogging, Misting, Spraying during an Impending Outbreak) Kontra Dengue Activities may also be beneficial.
9. For information, guidance, and compliance.


EDILBERTO L. OPLENARIA, EdD, CESO V
Schools Division Superintendent

ELO/sgod/mma - emd



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GAWIN SA BAHAY AT PAARALAN:

4S KONTRA DENGUE

SEARCH & DESTROY

Mga lugar na pangitlogan o pamugaran ng mga lamok katulad ng mga sumusunod:

- Tubig ulan na maaring maipon sa mga lumang gulong, plastik na ginagawang habong o bubong.
- Tubig sa plorera (flower vase) na mahigit na sa isang linggo, tining na tubig sa kalye, kanal at dahon ng halaman.
- Drum, timba at iba pang ipunan ng tubig na naiwang walang takip at mahigit na sa isang linggong nakaimbak.
- Lata, bote at tansan
- Alulod ng bahay na hindi nalilinis at naiipunan ng tubig.
- Paminggalan o lalagyan ng plato at baso na tinitiningan ng tubig.
- Kurtina at nakasamapay na itim na pantalon o kahit anong damit na basa.



45 KONTRA DENGUE

SELF-PROTECTION MEASURES

Ang mga lamok ay naakit sa itim o asul na kasuotan.



Magsuot ng damit na maaliwalas o maliwanag ang kulay.



Iwasan ang maiksing kasuotan lalo na sa panahon ng tag-ulan upang makaiwas sa kagat ng lamok.



Magpahid ng mosquito repellent.

Gumamit ng kulambo sa pagtulog umaga man o gabi.



45 KONTRA DENGUE

SAY YES TO FOGGING, MISTING, SPRAYING DURING AN IMPENDING OUTBREAK



Kung may kahit isang kaso o nagbabadyang pagtaas sa dami ng mapinsalang lamok sa komunidad, marapat lang na magkaroon ng “fogging, misting, spraying operations” upang sugpuin ang mga lamok na may dalang dengue virus. Ito ay isinasagawa ng cycle at hindi minsan lamang.

WHEN TO SPRAY

Baranggay	Date		
	Cycle 1	Cycle 2	Cycle 3
1	-----	-----	-----
2	-----	-----	-----
3	-----	-----	-----
4	-----	-----	-----
5	-----	-----	-----

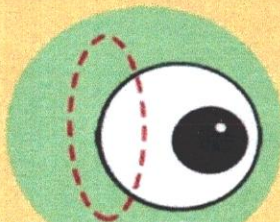
4S KONTRA DENGUE

SEEK EARLY CONSULTATION

Dalhin agad sa pinakamalapit na health center o ospital ang bata kung sakaling makaranas ng ano mang hinihinalang sintomas:



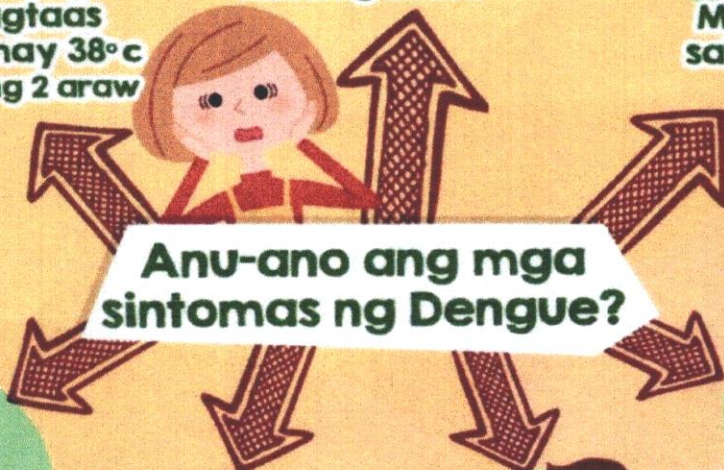
Pagkakaroon ng biglaang pagtaas ng lagnat na may 38°c to 41°c sa loob ng 2 araw



Pananakit sa likod ng mata



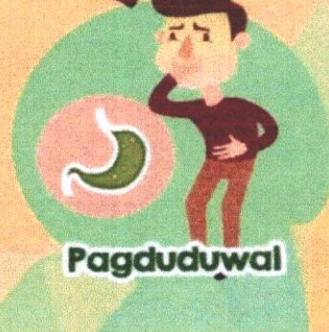
Matinding sakit ng ulo



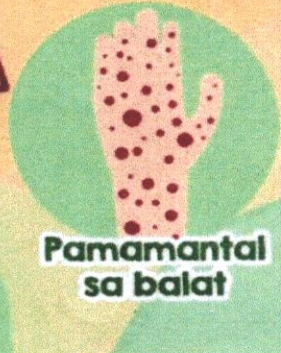
Sakit ng kalamnan at kasu-kasuan



Kawalan ng ganang kumain



Pagduduwal



Pamamantal sa balat



ADVISORY

ADVISORY NO. 2024-22
DATE RELEASED 9/4/24

Date January 30, 2024
For THE GENERAL PUBLIC

From ELLENETTA HERNANDEZ, MD, MPH, CESE
OIC - Director IV

Subject **Instantiated Implementation of Dengue Vector Control Methods in All Provinces and Communities in Response to the Rapid Increase of Dengue Cases in Northern Mindanao**

Dengue Cases in the region have increased by 48.87% as of December 31, 2023 compared to the same period in the year 2022. As of January 1 to January 26 this year, the reported total number of cases in the region has already reached 898 with 3 reported deaths. Based on these findings, it is crucial to strengthen the 5S-Strategies for Dengue in response to the rising cases.

With this, we highly encourage these strategies to curb the growing number of Dengue Cases within our Region:

1. Intensifying the Enhanced 5S-Strategies:
 - Search and destroy mosquito breeding sites.
 - Self-protection measures (i.e. wearing long pants and long-sleeved shirts, and daily use of mosquito repellent)
 - Seek early consultation
 - Support to fogging/spraying only in hotspot areas where an increase in cases is registered for two consecutive weeks to prevent an impending outbreak
 - Sustain Hydration
2. Reorganizing the Barangay Dengue Brigades/Asayon Barangay Kontra Dengue Task Force
3. Revising and improving of the existing Dengue Epidemic Preparedness Strategies
4. Relaunching and sustaining of the Dengue School Project and Dengue Fast Lanes
5. Active surveillance and reporting of suspect and confirmed dengue cases in the community and in the hospitals.

For more inquiries on this matter, please contact our regional program coordinator through email (germanmy2006@yahoo.com) or acdp@cehd@gmail.com.

Please be guided accordingly.

Thank you!

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CEHD@PHDOH.gov.ph



Table 1: Distribution of Dengue Cases by Province and Highly Urbanized City in Northern Mindanao (Region XI) as of January 1 to December 31, 2023 vs. January 1 to December 31, 2022.

Province/Highly Urbanized City	2023 Cases	2022 Cases	Percentage Change
BUKIDNON	5,393	4,074	32.38% ↑
CAMIGUIN	169	325	48.00% ↓
LANAO DEL NORTE	3,610	1,458	147.60% ↑
MISAMIS OCCIDENTAL	2,479	1,065	132.77% ↑
MISAMIS ORIENTAL	2,493	1,876	32.89% ↑
CAGAYAN DE ORO CITY	1,733	1,986	-12.74% ↓
ILIGAN CITY	1,426	839	69.96% ↑
Total	17,303	11,623	48.87% ↑

Figure 1: Dengue Epidemic Threshold in Northern Mindanao (Region XI) as of January 1 to December 31, 2023

