



Republic of the Philippines
Department of Education
REGION X - NORTHERN MINDANAO
SCHOOLS DIVISION OF MISAMIS ORIENTAL

Office of the Schools Division Superintendent

July 7, 2023

DIVISION MEMORANDUM

No. 389 s. 2023

NUTRITION MONTH CELEBRATION 2023

To: Public Schools District Supervisors/In- Charge
Elementary and Secondary School Principals
School Health Personnel
All Others Concerned

1. Pursuant to the attached Regional Memorandum No. 0356, s. 2023, re: Nutrition Month Celebration 2023, this Office hereby informs the field on the theme for the 49th Nutrition Month Celebration which is **“Healthy Diet Gawing Affordable for All.”**
2. This month’s celebration aims to raise awareness and promote improved access to affordable healthy diet, reduce malnutrition, and advance food security.
3. Further, in accordance with Presidential Decree No. 491, the Nutrition Act of the Philippines, all learners, teaching and non-teaching personnel, officials, and other stakeholders, including parents are enjoined to participate in the activities related to the Celebration of the Nutrition Month 2023.
4. School Focal person shall upload narratives and pictorial in the Division Google link <https://tinyurl.com/DepEdNM2023MisOr> on or before August 15, 2023.
5. Materials can be accessed at the NNC official website: www.nnc.gov.ph Facebook Page www.facebook.com/NNCRegion10.
6. Wide dissemination of this Memorandum is hereby directed.


EDILBERTO L. OPLENARIA, EdD, CESO V
Schools Division Superintendent 

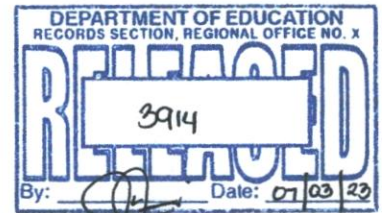
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Republic of the Philippines
Department of Education
REGION X – NORTHERN MINDANAO



June 30, 2023

REGIONAL MEMORANDUM
No. 0866, s. 2023

NUTRITION MONTH CELEBRATION 2023

To: Assistant Regional Director
Schools Division Superintendents
All Others Concerned

1. The Bureau of Learner Support Services–School Health Division (SHD), through the Health and Nutrition Unit – Education Support Services Division (HNU – ESSD), enjoins all the learners, teaching and nonteaching personnel, officials, and other stakeholders, including parents, to participate in the activities related to the 2023 Nutrition Month Celebration. This activity is pursuant to Section 7 of Presidential Decree No. 491 (Nutrition Act of the Philippines) held every July to create greater understanding of nutrition among Filipinos.

2. The theme for the 49th Nutrition Month is “Healthy diet gawing affordable for all!” which aims to raise awareness and promote improved access to affordable healthy diets reduce malnutrition and advance food security.

3. All DepEd offices and schools are encouraged to support the annual campaign through the implementation of a purposive plan of activities relevant to the theme. More specifically, the following are the suggestions to celebrate Nutrition Month:

- a. Hang streamers or tarpaulins on Nutrition Month Campaign. The official tarpaulin design is available for download at the NNC website (www.nnc.gov.ph) and Facebook Page (www.facebook.com/NNCRegion10)
- b. Conduct seminars and other forms to discuss the Nutrition Month key messages.
- c. Help promote and disseminate correct information on affordable healthy diets through print, social media, TV, radio, and other media; and
- d. Conduct other activities that would highlight and promote affordable healthy diets.



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4. Furthermore, to document the activities undertaken during the month-long celebration, kindly submit a documentation report with action photos no later than August 18 through hnu.regionx@deped.gov.ph. Attached is the report template reference.

5. For more information, please contact Hannah Leizl K. Ratunil, RND, Nutritionist-Dietitian II and regional SBFP coordinator, ESSD, at 0975-605-8439 or email at hannahleizl.ratunik@deped.gov.ph.

6. This Office directs the immediate and wide dissemination of this Memorandum.

DR. ARTURO B. BAYOCOT, CESO III
Regional Director



DR. FEDERICO P. MARTIN, CESO V
Assistant Regional Director
Officer-in-Charge
Office of the Regional Director

To be indicated in the Perpetual Index
under the following subjects:

HEALTH CELEBRATION

RE: 49th Nutrition Month

ESSD/Hannah



Republic of the Philippines
Department of Education

JUN 30 2023

DepEd MEMORANDUM
No. **037**, s. 2023

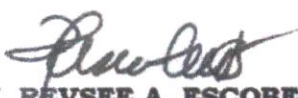
2023 NUTRITION MONTH CELEBRATION

To: Undersecretaries
Assistant Secretaries
Minister, Basic, Higher, and Technical Education, BARMM
Bureau and Service Directors
Regional Directors
Schools Division Superintendents
Public and Private Elementary and Secondary School Heads
All Others Concerned

1. Pursuant to Presidential Decree No. 491, s. 1974, July was declared as Nutrition Month and shall be celebrated every year to raise public awareness about the value of good nutrition. Relative thereto, the National Nutrition Council (NNC), announced the **2023 Nutrition Month Celebration** (NMC) with the theme, *Healthy Diet Gawing Affordable for All!* This year's nutrition month campaign calls for unity and strengthened food and nutrition security policies and programs that will enable Filipinos to have greater access to healthy, safe, and affordable food.
2. The national celebration is in line with the Philippine Development Plan's targets of improving the access of Filipino consumers to affordable, safe, and nutritious food and attaining a sufficient and stable supply of food commodities.
3. The celebration aims to
 - a. engage consumers to support improvements in levels of diet quality towards sustainable healthy diets,
 - b. generate stakeholders' participation at various levels on actions towards enabling access to affordable sustainable healthy diets, and
 - c. call support for the Philippine Plan of Action for Nutrition (PPAN) 2023–2028 as the framework for action to improve nutrition security.
4. To promote public awareness about this celebration, all Department of Education (DepEd) offices, including the Central, regional, schools division offices, and schools are encouraged to support the 2023 NMC by undertaking related activities, such as but not limited to:
 - a. utilizing online and other media platforms through active use, posting, and sharing of the 2023 NMC campaign and advocacy materials in all DepEd offices' websites and social media accounts; and
 - b. conceptualizing own relevant activities for learners and their families such as seminars, webinars, lectures, and exhibits.

5. Materials related to the celebration may be accessed at the National Nutrition Council's official websites: www.nnc.gov.ph and www.facebook.com/nncofficial.
6. Regional and division offices shall upload the narrative and pictorial report on the highlights of the 2023 NMC to <https://bit.ly/DEPED2023NMC> on or before August 30, 2023. Reports uploaded shall be incorporated in the *Oplan Kalusugan sa DepEd* (OK sa DepEd) progress and accomplishment reports for submission by the regional health and nutrition personnel to the Bureau of Learner Support Services-School Health Division (BLSS-SHD).
7. **Actions to achieve the 2023 NMC objectives are expected to be sustained throughout the year.**
8. For more information, please contact the **Bureau of Learner Support Services-School Health Division**, 3rd Floor, Mabini Building, Department of Education Central Office, DepEd Complex, Meralco Avenue, Pasig City through email at blss.shd@deped.gov.ph or at telephone number (02) 8632-9935.
9. Immediate dissemination of this Memorandum is desired.

By Authority of the Secretary:


ATTY. REVSEE A. ESCOBEDO
Undersecretary

Reference:

DepEd Memorandum No. 035, s. 2021

To be indicated in the Perpetual Index
under the following subjects:

CELEBRATIONS AND FESTIVALS
EMPLOYEES
LEARNERS
NUTRITION EDUCATION
PROGRAMS
SCHOOLS
TEACHERS

