



Republic of the Philippines
Department of Education
REGION X – NORTHERN MINDANAO
SCHOOLS DIVISION OF MISAMIS ORIENTAL

DIVISION MEMORANDUM
No. **582** s. 2022

10 OCTOBER 2022

ADDENDUM TO DIVISION MEMORANDUM NO. 545, S. 2022 RE: ONLINE TRAINING ON PERSONAL MASTERY AND PERSONALITY DEVELOPMENT

To: **All Identified Teaching and Non-Teaching Personnel**
This Division

1. Addendum to **Division Memorandum No. 545 s. 2022** this Office, through the Human Resource Training and Development hereby informs all identified participants of the **Online Training on Personal Mastery and Personality Development** on **October 12, 13, and 14, 2022** from **8:00 a.m. to 12:00 p.m.**
2. Participants of this online training shall receive certificate of completion issued by **MJL Review and Training Services.**
3. For the whole duration of the online training, the meeting link and passcode shall be sent through the participants email address.
4. All other provisions of **Division Memorandum No. 545, s. 2022** remain in effect.
5. Wide dissemination of this Memorandum is hereby enjoined.

JONATHAN S. DELA PEÑA, PhD, CESO V
Schools Division Superintendent

Encls.: As stated
To be indicated in the Perpetual Index
under the following subjects:
International Training
JSD/sgod/mma-HRD Monte-Lachica





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**ONLINE TRAINING ON PERSONAL MASTERY AND PERSONALITY
DEVELOPMENT**

October 12-14, 2022

ACTIVITY MATRIX

Time	Activity/ Topic	Person-in-Charge
October 12, 2022		
7:30-8:00 AM	Online Registration	
8:00-8:30 AM	Preliminaries: National Anthem Opening Prayer Presentation of Participants Welcome Message Message of the Head of the Agency	AVP AVP Facilitator Erlinda G. Dael, PhD, CESE <i>OIC- Asst. SDS</i> Jonathan S. Dela Peña, PhD, CESO V <i>Schools Division Superintendent</i>
8:30-9:30 AM	GTKY Who Am I? The Use of Mentimeter to draw out the personality type of participants	Dr. Mercelita Jandayan-Labial <i>Speaker</i>
9:30-9:45 AM	Break	
9:45-11:30 AM	INTRAPERSONAL SKILLS -Visualization *Hygiene *Grooming -Compassion -Positive Decision-making -Recognizing Negativity - Positive Affirmations	Dr. Mercelita Jandayan-Labial <i>Speaker</i>
11:30-12:00 NN	Reflection/Introspection	
Day 2: October 13, 2022		
8:00-9:00 AM	Trust yourself	Dr. Mercelita Jandayan-Labial <i>Speaker</i>
9:00-10:00 AM	Expand your network	
10:00-11:00 AM	Act on the necessary things promptly	
11:00-12:00 NN	Punctuate your inconvenience or misery	
Day 3: October 14, 2022		
8:00-9:00 AM	Arrive at a mutually beneficial resolution	Dr. Mercelita Jandayan-Labial <i>Speaker</i>





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9:00-10:00 AM	Never blame the situation or person for your failure or inadequacy	
10:00-11:00 AM	Anticipate a successful and favorable result	
11:00-12:00 NN	Nuanced reaction to people and situation must be upheld	

