



Republic of the Philippines
Department of Education
Region X – Northern Mindanao
DIVISION OF MISAMIS ORIENTAL

26 Nov 2018

DIVISION MEMORANDUM

No. *699* S. 2019

TO: FLORENDO, MARILOU B. - Guidance Counselor III
EMANO, REGINA NEHEMIA M. - Guidance Counselor I
ESCALERA, EVELYN S. - Guidance Counselor I
MONTECILLO, LOVE JOY M. - Nurse II
HALLASGO, FRENIL MIA C. - Guidance Counselor I
VALMORES, MARIVIC D. - Guidance Counselor I
SOGO-AN, VERONICA S. - Guidance Counselor I
PERNIA, CHERYL L. - Guidance Counselor I
GALIMBA, KAREN O. - Guidance Counselor I
ARANGCON, MARY ANN M. - Teacher III
VALDE, MATHEW A. - Teacher I
PADREGANDA, ROLANDO S. - Teacher I
PESTAÑO, RICHMOND G. - Teacher III
LUNDAY, FRANCES REY A. - Teacher I

**SUBJECT: DEVELOPMENT OF PSYCHOLOGICAL FIRST AID
MANUAL FOR ELEMENTARY SCHOOL-AGED LEARNERS**

1. The Disaster Risk Reduction and Management Service (DRRMS) will develop a Psychological First Aid (PFA) Manual for elementary learners in partnership with Unilab Foundation in Pearlmont Hotel, Cagayan de Oro City on **December 1-5, 2019**.
2. The PFA manual for elementary learners will incorporate the principles of PFA in existing Supporting Enabling Empowering Students (SEES) Manual and the Unilab Foundation's Play it Forward for Resilience Manual.
3. The office is requesting the above-mentioned Guidance Counselors, Nurses and teachers to be part of the manual development.
4. Identified participants are requested to accomplish the attendance online confirmation via the link: <http://deped.in/PFAManualDevelopment> for registration and accommodation purposes.
5. Board and lodging, meals and venue shall be charged to DRRMS funds while traveling and other incidental expenses of the participants shall be charged against School MOOE funds subject to the usual accounting and auditing procedures, rules and regulations.

6. Immediate and wide dissemination of this Memorandum to all concerned is desired.



JONATHAN S. DELA PEÑA, PhD, CESO V
Schools Division Superintendent

End: as stated
To be indicated in the Perpetual Index
under the following subjects:

TRAININGS
DRRM



REPUBLIKA NG PILIPINAS
REPUBLIC OF THE PHILIPPINES
KAGAWARAN NG EDUKASYON
DEPARTMENT OF EDUCATION
DepEd Complex, Meralco Avenue, Pasig City, Philippines



ADVISORY

This refers to the OUA Memorandum No. 13-081900304 dated 13 August 2019 regarding the **Conduct of Development of Psychological First Aid Manual for Elementary School-aged Learners.**

Please be informed that the aforementioned activity was rescheduled from **October 8-10, 2019** (exclusive of travel time) to **December 1-5, 2019** (inclusive of travel time) at Misamis Oriental (venue to be announced).

For information and guidance.

Thank you very much!

Sincerely,


RONILDA R. CO


Director IV



Disaster Risk Reduction and Management Service

Board, lodging, and travel expenses of participants will be shouldered by the DRRMS, while other allowable expenses related to the conduct of the said activity shall be charged against local funds subject to the usual accounting and auditing rules and regulations.

For questions, kindly communicate directly with Mr. Mig Matthew Detabali of DRRMS at drmm@deped.gov.ph or thru landlines (02) 637-4933 or 637-4606.

For immediate and appropriate action.


ALAIN DEL B. PASCUA
Undersecretary



Annex A

**List of DepEd Personnel who will Participate in the
Development of PFA Manual for Elementary School-Aged Learners**

No.	Region	Division	Name	Designation
1	I	Dagupan City	Marjorie Rodriguez	PDO II
2	I	Pangasinan II	Hilario M. Olivo, Jr.	PDO II
3	II	Quirino	Kristine Mae Ruiz	PDO II
4	II	Nueva Vizcaya	Maria Theresa Iglesia	PDO II
5	III	Pampanga	Kristine De Leon	Nurse
6	III	San Fernando City	Jefferson David	PDO II
7	III	Zambales	Josefina Maranon	PDO II
8	III	Malolos City	Mary Grace June San Pedro	PDO II
9	IVA	Batangas	Francis Macalincag	PDO II
10	IVA	Sta. Rosa City	Lea Imelda Ibayán	PDO II
11	V	Camarines Norte	Geronimo Burce, Jr.	PDO II
12	V	Catanduanes	Maria Audrea Vivo	PDO II
13	V	Albay	Ryan Ojano	Teacher III
14	V	Albay	Alvin Cuz	PDO II
15	V	Albay	Lhoulee Gee Mollasgo	Teacher III
16	V	Albay	Wendy Claire Peralta	Teacher III
17	V	Camarines Sur	Nina Salve King	RGC
18	V	Camarines Sur	Rick N. Boter	Teacher
19	V	Camarines Sur	Elvis F. Sabido	Teacher
20	VI	Iloilo	Francis Subong	MT II/ RGC
21	IX	Dapitan City	Jonathan Reluya	PDO II
22	IX	Zamboanga City	Michelle A. Bello	Nurse
23	IX	Zamboanga Sibugay	Faith M. Francisco	GC
24	BARRM	Sulu	Esquierdo Jumadain	Nurse II
25	XII	Cotabato City	Hajar Kabalu	PDO I
26	CAR	Benguet	Nerissa Barbosa	PDO II

Annex A

List of DepEd Personnel who will Participate in the Development of PFA Manual For Elementary School-Aged Learners

No.	Region	Division	Names	Designation
27	X	Misamis Oriental	FLORENDO, MARILOU B	GC III
28	X	Misamis Oriental	EMANO, REGINA NEHEMIA M.	GC I
29	X	Misamis Oriental	ESCALERA, EVELYN S.	GC I
30	X	Misamis Oriental	MONTECILLO, LOVE JOY M.	Nurse II
31	X	Misamis Oriental	HALLASGO, FRENIL MIA C.	GC I
32	X	Misamis Oriental	VALMORES, MARIVIC D.	GC I
33	X	Misamis Oriental	SOGO-AN, VERONICA S.	GC I
34	X	Misamis Oriental	PERNIA, CHERYL L.	GC I
35	X	Misamis Oriental	GALIMBA, KAREN O.	GC I
36	X	Misamis Oriental	ARANGCON, MARY ANN M.	Teacher III
37	X	Misamis Oriental	VALDE, MATHEW A.	Teacher I
38	X	Misamis Oriental	PADREGANDA, ROLANDO S.	Teacher I
39	X	Misamis Oriental	PESTAÑO, RICHMOND G.	Teacher III
40	X	Misamis Oriental	LUNDAY, FRANCES REY A.	Teacher I



Annex C

Writeshop for PFA Manual for School-Aged Elementary Learners (Tentative Program)

Day 1 (October 8, 2019, Tuesday)		
Time	Activity	Speaker
8:00 - 2:00	Arrival and Registration	DepEd DRRMS
2:00 - 2:45	Preliminaries (National Anthem, Prayer, Opening Remarks, Introduction of Participants and Heart Contract)	DepEd DRRMS
2:45 - 3:00	Introduction of Facilitators and Participants	DepEd DRRMS
3:00 - 5:00	Overview of PFA and Level Off	DRRMS and Unilab Foundation
6:30 - 8:00	DINNER	
Day 2 (October 9, 2019, Wednesday)		
8:00 - 8:15	Stretching and Breathing Exercises	Assigned Participants
	Recap Unfreezing Activities	
8:15 - 12:00	Writeshop	DRRMS and Unilab Foundation
12:00 - 1:00	LUNCH	
1:00 - 1:15	Unfreezing Activities	Assigned Participants
3:00 - 3:30	HEALTH BREAK	
3:30 - 5:00	Writeshop	DRRMS and Unilab Foundation
6:30 - 8:00	DINNER	
Day 3 (October 10, 2019, Thursday)		
8:00 - 8:15 AM	Stretching and Breathing Exercises	Assigned Participants
	Recap Unfreezing Activities	
8:15 - 10:00	Polishing and Review	DRRMS and Unilab Foundation
10:00 - 10:15	HEALTH BREAK	
10:15 - 12:00	Polishing and Review	DRRMS and Unilab Foundation
12:00 - 1:00	LUNCH	
1:00 - 2:00	Action Plan before Pilot Testing	DRRMS and Unilab Foundation
2:00 - 3:00		
3:00 - 3:30	HEALTH BREAK	
3:30 - 4:30	Closing Program	DRRMS