




Republic of the Philippines  
Department of Education

DIVISION OF MISAMIS ORIENTAL

**MEMORANDUM TO:** DR. MARGIE A. SUMANPAN - Dentist 2 -Opol District  
CORAZON T. HOMICILLADA - Nurse 2 -Bobontugan NHS  
RODGELYN P. AMANTE - Nurse 2 -Lugait NHS  
JASPER F. CANETE - GC III -MOGCHS  
MARILOU B. FLORENDO -GC III -ANCHS JHS  
PAMELA LOUIS F. MARBAN -GC I - ANCHS SHS  
SUSAN M. ACERA - GUIDANCE DESIGNATE - Initao NCHS  
DENNY GRACE MUTIA - GUIDANCE DESIGNATE - LaNCHS  
KARERN O. GALIMBA - GUIDANCE DESIGNATE Baliwagan NHS

**FROM:**   
RANDOLPH B. TORTOLA  
Schools Division Superintendent

**DATE:** June 4, 2019

**SUBJECT:** ECHO TRAINING ON PSYCHOLOGICAL MANAGEMENT /  
COUNSELLING FOR ADOLESCENT REPRODUCTIVE HEALTH  
USING THE ADOLESCENT EDUCATION PRACTICAL TRAINING  
(ADEPT)

The Department of Education - Region X will conduct the **Echo Training on the Psychological Management/ Counselling for Adolescent Reproductive Health Using Adolescent Education Practical Training (ADEPT)** at National Educators Academy of the Philippines (NEAP) RO - X Lapasan, Cagayan de Oro City on June 19 -21, 2019.

Participants are required to bring a laptop with them.

Transportation, food and accommodation expenses will be charged to the downloaded funds of the Central Office while other incidental expenses will be charged to the local funds subject to existing accounting and auditing rules and regulations.

For information, guidance and compliance.

SHS/ vcs

## ADEPT Program

### Day 1: Training of Teachers/Guidance Counselor/Health Personnel on ADEPT

#### PROGRAM OF ACTIVITIES

Objectives:

1. To orient teachers/guidance counselors/ health personnel on adolescent health and development;
2. To orient/experience the use of e- learning tool (ADEPT) on how to conduct psychosocial management;
3. To experience one-on-one interview to adolescents using HEEADSSSS.

Time	Activity	Remarks
7:30am	Registration	DepEd HNU
8:00 am	Opening program Introduction and Expectation Setting	DepEd HNU
8:30 am	PreTest	DOH ADEPT Coordinator and HIV Coordinator
9:00am	"Pinoy" Adolescent And Intro to HEADSSS Discovering Adolescent Friendly Facility/environment	Emphasizing the need for special considerations for adolescents (e.g. brain development, etc), important role of environment should be emphasized
11:00 am	Talking to teens and processing	Scenarios will be provided by DOH-FHO but regional coordinators may add scenarios important in their region
12:00 nn	Lunch	
1:00 pm	Journey to ADEPT Training: Orientation Start module 1 and 2 Continue ADEPT (MODULE 3)	Discussing WHY and HOW ADEPT was developed Planning: laptop, earphones, USB
3:00 pm	Practicum	Planning for practicum: role-playing
4:00 pm	Processing of the experience	Referral mechanism for adolescents with identified issues during practicum
4:30 pm	Processing of the experience	In case some participants don't finish, they can continue on their own time

## **Day 2 and Day 3: Training on HIV Reference Material**

### **PROGRAM OF ACTIVITIES**

#### **Objectives:**

1. Understand the HIV situation in the Philippines and their local area
2. Gain basic knowledge on HIV and STI transmission, prevention and services available in their local area
3. Clarify misconceptions regarding HIV, AIDS & STI
4. Learn how to teach the Reference Material on HIV, AIDS and STI for High School Students

<b>Time</b>	<b>Activity</b>	<b>Responsible Office</b>
<b>Day 2</b>		
8:30 am	HIV situation in the Philippines and in the local area	SHC or RESU, EB or Regional HIV Coordinator
9:45 am	Basics of HIV transmission, prevention, & available service Sensitization on HIV related issues	
9:45 am	Role playing	
12:00 pm	Lunch break	
1:00 pm	STI	
1:45 pm	RA 11166	
3:30 pm	Module 4-5	
4:30pm	Module 4-5	
<b>Day 3</b>		
9:00am	Orientation on Healthy Young Ones Fliptarp	ADEPT Coordinator
11:00am	Post-test and Evaluation	
11:30am	Closing and distribution of Certificates	
12:00	Lunch break and check out	