



Republic of the Philippines  
Department of Education  
Region X-Northern Mindanao  
**DIVISION OF MISAMIS ORIENTAL**  
Del Pilar-Velez St., Cagayan de Oro City  
website: [www.depedmisor.net](http://www.depedmisor.net)  
Contact numbers (08822)724615, (088)8564454



July 20, 2015

Division Memorandum  
No 218 s. 2015

Memorandum To:

Select Division Personnel  
Facilitators/ Speakers/ Medical Doctor, Dentist, Public Health Nurses (Tagoloan-Magsaysay)  
Senior Citizen Employees (Tagoloan – Magsaysay)

This Division

From: **CHERRY MAE L. LIMBACO, Ph.D., CESO V**  
Schools Division Superintendent

Subject: 2015 DIVISION FINANCIAL MANAGEMENT & WELLNESS CAMP FOR SENIOR CITIZEN EMPLOYEES  
(Batch 2: Tagoloan– Magsaysay) on July 30 & 31, 2015

To prepare for the retirement of the Senior Citizen Employees (whose age is 58 years and older) of Department of Education, Misamis Oriental, orient them on financial management and how to make their lives worthwhile and enjoyable even after their government service, this Division will conduct a 2015 Division Financial Management Wellness Camp for Senior Citizen Employees of Department of Education, Misamis Oriental on July 30-31, 2015 (Batch 2: Tagoloan to Magsaysay) at Koresko Hotel, Cagayan de Oro City.

The participants of this camping are the Schools Division Superintendent, Assistant Schools Division Superintendent, Select Division Personnel, Speakers, Dentist, Nurses & Facilitators for the Division Wellness Camp, and Senior Citizen Employees (58 years and older) in both elementary and secondary schools from Tagoloan to Magsaysay.

Accommodation, transportation, training materials, honoraria of the speakers, and other incidental expenses shall be charged to MOOE subject to the usual accounting and auditing, rules, and regulations.

Committees and training matrix and list of participants are enclosed in this memorandum.

CLL/rlg

**2015 Division Financial Management & Wellness Camp for Senior Citizen Employees  
(Batch 2: Tagoloan to Magsaysay)  
on July 30 & 31, 2015**

**Technical Working Group**

CHERRY MAE L. LIMBACO, Ph.D., CESO V  
Schools Division Superintendent

JEAN G. VELOSO  
Assistant Schools Division Superintendent

RUDY O. MAGDUGO  
Chief, SGOD

ERLINDA G. DAEL  
Chief, CID

DR. VIDA SUGANOB  
Chief, Medical/ Dental Section

BERNADETTE P. SAMACO  
Admin Officer V

**Planning Committee:**

Chair: Rhodora Lanza- Gallares

**Members:**

**Lynneth R. Abroqueña, Ph.D., Marife D. Balaba, Vevian T. Tuason, Danny A. Asio, Lindo Cayadong,  
Gerry P. Madrid, Irish Karylle D. Monte, Cirilo K. Rubiato II**

Erlinda G. Dael, Ferminia Labis, Meylinda M. Pacione, Johnny D. Redondo, Grace V. Gallana.  
PSDSs (Tagoloan-Magsaysay), SEPS, EP Specialists

- a. Finance, Food, Venue, Accommodation and materials for the training:

Chair: Mary Grace V. Gallana

Members: PSDSs (Tagoloan-Magsaysay)

- b. Training Design, Memorandum, Matrix, & Invitation

Chair: Rhodora L. Gallares

Members:

Ms. Marife D. Balaba

Ms. Irish Karylle D. Monte

- c. Registration, Attendance, Tarpaulin Design & Printing, Technical and power point presentation in-charge/ :

Chair: Rudy Magdugo

Members: Marife D. Balaba

Gerry P. Madrid

Irish Karylle D. Monte

Andrew Heroe R. Janubas

Nurses (Tagoloan-Magsaysay)

- d. Health & Wellness:

Chair: Dr. Vida C. Suganob

Members: Dentist & Nurses (Tagoloan-Magsaysay)

- e. Program and Documentation:

Chair: Vevian T. Tuason, Ph.D.

Co-chair: Marife D. Balaba

Members: SGOD Staff

**2015 Division Financial Management and Wellness Camp  
for Senior Citizen Employees of DepED Mis.Or. ( Batch 2: Tagoloan-Magsaysay)  
July 30-31, 2015  
Matrix of Activities**

| Day/Time                         | Activity/Topic   | Facilitators  |
|----------------------------------|--|---|
| <b>Day One<br/>( July 30)am</b>  |  | Please refer to the list of facilitators/ Speakers in each module or Topic in Enclosure No. 3 |
| 7:30- 8:00                       | Arrival/ Registration  |   |
| 8:00-9:00                        | Opening Program c/o Ms. Karylle D. Monte & SGOD Staff  |   |
| 9:00-10:30                       | Financial Management/ Counseling<br>Having a Joyful & Secured Retirement   |   |
| 10:30-11:30                      | <ul style="list-style-type: none"> <li>• Retirement Documents</li> <li>• Republic Acts on Retirement ( GSIS</li> <li>• Issues on Retirement</li> </ul>   |   |
| 11:30-1:30                       | Lunch Break  |   |
| <b>pm</b>                        |  |   |
| 1:30 –2:00                       | Management of Learning   |   |
| 2:00-5:00                        | Parallel / Break-out Session<br>Module 1: Flower Arrangement<br>Module 2: Dish Gardening<br>Module 3: Leadership & Spirituality<br>Module 4: Recreational Dancing<br>Module 5: Micro Business Management |   |
| 5:30-8:00                        | Socials & Dinner c/o Marife D. Balaba & SGOD Staff   |   |
| <b>Day Two<br/>July 31, 2015</b> |  |   |
| 6:00-8:00                        | Medical Check-up/ Medical Consultation   |   |
| 8:30-9:00                        | Management of Learning   |   |
| 9:00-10:00                       | Common Diseases for Elderly  |   |
| 10:00-11:00                      | Proper Nutrition for Elderly   |   |
| 11:00-11:30                      | Closing Program c/o Marife D. Balaba & SGOD Staff  |   |
| 11:30-12:00                      | Lunch  |   |

**SPEAKERS AND TOPICS**

| Topics/ Activities  | Speakers/ Incharge               |
|---|----------------------------------|
| 1. Flower Arrangement   | Jay C. Mila-Teacher-3, ONSTS     |
| 2. Dish Gardening   | Remedios B. Castillo, T-3, ONSTS |
| 3. Leadership & Spirituality  | Horrace Amelia Q. Nacua, Ph.D.   |
| 4. Recreational Dancing   | Mr. Johnny D. Redondo, ES-1      |
| 5. Micro Business Management  |                                  |
| 6. GSIS & PHILHEALTH Benefits/<br>Retirement documents requirements &<br>Issues | Bernadette P. Samaco, AO-V       |
| 7. Financial Management and Having a Joyful<br>& Secured Retirement             | Nilda Mejos, PSDS-Nawan          |
| 8. Common Diseases for Elderly  | Dr. Meneleo R. Navarro, FPCP     |
| 9. Proper Nutrition for Elderly   | Ms. Orosalita Ares-Antojado      |

**LIST OF PARTICIPANTS (BATCH 2: TAGOLOAN–MAGSAYSAY)**

**FLOWER ARRANGEMENT-21, DISH GARDENING-21, SPIRITUALITY-31, MBM-68, DANCING 18**

| NAMES                       | AGE | SCHOOL/DISTRICT | MODULE                           |
|-----------------------------|-----|-----------------|----------------------------------|
| 1. AGUILOR, NECITA          | 58  | TAGOLOAN        | <b>DISH GARDENING</b>            |
| 2. AMANDORON, BENJAMIN J.   | 59  | TAGOLOAN        | <b>DISH GARDENING</b>            |
| 3. AMANDORON, HERACLEA M.   | 60  | TAGOLOAN        | <b>MICRO BUSINESS MANAGEMENT</b> |
| 4. ARPE, ELSA B.            | 58  | TAGOLOAN        | <b>MICRO BUSINESS MANAGEMENT</b> |
| 5. BARTOLOME, GERTRUDE I.   | 64  | TAGOLOAN        | <b>DISH GARDENING</b>            |
| 6. CABIGUIN, SUSAN R.       | 59  | TAGOLOAN        | <b>SPIRITUALITY</b>              |
| 7. CORGO, ARSENIA R.        | 59  | TAGOLOAN        | <b>SPIRITUALITY</b>              |
| 8. GARCIA, JOSAFITA C       | 61  | TAGOLOAN        | <b>RECREATIONAL DANCING</b>      |
| 9. GIENITE, NANCY Q         | 60  | TAGOLOAN        | <b>MICRO BUSINESS MANAGEMENT</b> |
| 10. GO, SEVERA C.           | 63  | TAGOLOAN        | <b>DISH GARDENING</b>            |
| 11. IMAN, VITA B            | 60  | TAGOLOAN        | <b>RECREATIONAL DANCING</b>      |
| 12. JAMERO, EDITH E.        | 60  | TAGOLOAN        | <b>RECREATIONAL DANCING</b>      |
| 13. JUGUILON, NIMFA         | 58  | TAGOLOAN        | <b>MICRO BUSINESS MANAGEMENT</b> |
| 14. LUMACANG, EDNA B.       | 60  | TAGOLOAN        | <b>MICRO BUSINESS MANAGEMENT</b> |
| 15. MACATOL, VIVIAN         | 58  | TAGOLOAN        | <b>MICRO BUSINESS MANAGEMENT</b> |
| 16. MARIÑAS, JULIE          | 59  | TAGOLOAN        | <b>SPIRITUALITY</b>              |
| 17. MONDILLA, VIOLITA S.    | 61  | TAGOLOAN        | <b>MICRO BUSINESS MANAGEMENT</b> |
| 18. ORAYAN, INES MILA L.    | 60  | TAGOLOAN        | <b>MICRO BUSINESS MANAGEMENT</b> |
| 19. PANILAGAO, FE P.        | 58  | TAGOLOAN        | <b>FLOWER ARRANGEMENT</b>        |
| 20. SALCEDO, JULIETA G.     | 64  | TAGOLOAN        | <b>MICRO BUSINESS MANAGEMENT</b> |
| 21. ALDAY , PATRICIA Y.     | 62  | VILLANUEVA      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 22. CASIÑO, CONCHITA E.     | 64  | VILLANUEVA      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 23. DAYO, KIMILSAN          | 62  | VILLANUEVA      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 24. EMATA, ERLINDA A        | 64  | VILLANUEVA      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 25. LOMONGO, AUREA C.       | 62  | VILLANUEVA      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 26. SALVAÑA, FEBE J.        | 62  | VILLANUEVA      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 27. UDAL, ADELINA S.        | 63  | VILLANUEVA      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 28. ALMONIA, ARACELI A.     | 59  | CLAVERIA 1      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 29. CAILING, ISABELITA V.   | 58  | CLAVERIA        | <b>MICRO BUSINESS MANAGEMENT</b> |
| 30. CINCO, EDITHA S.        | 58  | CLAVERIA 1      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 31. FABELA, MARIBEL L.      | 58  | CLAVERIA 1      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 32. JANUYOG, NILDA R.       | 64  | CLAVERIA 1      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 33. LINSAG, LEONILA G.      | 61  | CLAVERIA 1      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 34. MAGNO, ROQUISA Q.       | 60  | CLAVERIA 1      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 35. PABELLAN, PEDRITA B.    | 58  | CLAVERIA 1      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 36. PAGUTE, URSULITA U.     | 62  | CLAVERIA 1      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 37. SAREN, DAVID D.         | 61  | CLAVERIA 1      | <b>DISH GARDENING</b>            |
| 38. SAREN, VIRGINIA U.      | 58  | CLAVERIA 1      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 39. TABIL, LEONORA A.       | 63  | CLAVERIA 1      | <b>FLOWER ARRANGEMENT</b>        |
| 40. UDANG, AVELINA          | 58  | CLAVERIA 1      | <b>SPIRITUALITY</b>              |
| 41. VISANDE, ADRIAN D.      | 58  | CLAVERIA        | <b>MICRO BUSINESS MANAGEMENT</b> |
| 42. AQUINO, RESEN T.        | 61  | CLAVERIA 2      | <b>FLOWER ARRANGEMENT</b>        |
| 43. BACUS, ADELINA S.       | 58  | CLAVERIA 2      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 44. BAJUYO, JAIME P.        | 64  | CLAVERIA 2      | <b>DISH GARDENING</b>            |
| 45. BARRIENTOS, HELEN C.    | 61  | CLAVERIA 2      | <b>FLOWER ARRANGEMENT</b>        |
| 46. BAYUDO, RHODA J.        | 63  | CLAVERIA 2      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 47. GADRINAB, FLORA O.      | 59  | CLAVERIA 2      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 48. PICOT, PAMFILO B.       | 58  | CLAVERIA 2      | <b>DISH GARDENING</b>            |
| 49. SAWITAN, REGINA         | 58  | CLAVERIA 2      | <b>FLOWER ARRANGEMENT</b>        |
| 50. TAGARAO, YEARSA N.      | 58  | CLAVERIA 2      | <b>FLOWER ARRANGEMENT</b>        |
| 51. TAROG, BELEN N.         | 61  | CLAVERIA 2      | <b>FLOWER ARRANGEMENT</b>        |
| 52. ABSIN, VIRGINIA D.      | 59  | JASAAN CS       | <b>RECREATIONAL DANCING</b>      |
| 53. ADINO, LUZVIMINDA       | 64  | JASAAN NHS      | <b>DISH GARDENING</b>            |
| 54. BELISARIO, ELDA C.      | 60  | JASAAN CS       | <b>SPIRITUALITY</b>              |
| 55. BRILLANTES, MARITES E.  | 60  | BOBONTUGAN NHS  | <b>MICRO BUSINESS MANAGEMENT</b> |
| 56. DAEL, ANNABELLA J.      | 59  | SOLANA ES       | <b>MICRO BUSINESS MANAGEMENT</b> |
| 57. DANGCAL, BEBINA S.      | 60  | LUZ BANZON ES   | <b>DISH GARDENING</b>            |
| 58. ELLOREN, ANGELITA T.    | 62  | LUZ BANZON ES   | <b>FLOWER ARRANGEMENT</b>        |
| 59. ESCALANTE, EDITHA C.    | 63  | JAMPASON ES     | <b>FLOWER ARRANGEMENT</b>        |
| 60. FACTURA, MARILOU M.     | 60  | BOBONTUGAN ES   | <b>FLOWER ARRANGEMENT</b>        |
| 61. GALOS, INECITA VIRGINIA | 59  | JASAAN CS       | <b>DISH GARDENING</b>            |
| 62. LABADAN, SARAH I.       | 63  | KIMAYA ES       | <b>MICRO BUSINESS MANAGEMENT</b> |
| 63. LABRA, LEIGH Z.         | 58  | JASAAN CS       | <b>FLOWER ARRANGEMENT</b>        |

|                            |    |                  |                                  |
|----------------------------|----|------------------|----------------------------------|
| 64. MACARULAY, TERESITA L. | 63 | JASAAN CS        | <b>MICRO BUSINESS MANAGEMENT</b> |
| 65. PO, AMELIA V.          | 60 | JASAAN CS        | <b>SPIRITUALITY</b>              |
| 66. TINAMPAY, ALITA D.     | 60 | APLAYA ES        | <b>SPIRITUALITY</b>              |
| 67. TUÑACAO, LUISITA       | 63 | DANAO ES         | <b>MICRO BUSINESS MANAGEMENT</b> |
| 68. BAHIA, LINDA A.        | 59 | BALINGASAG SOUTH | <b>MICRO BUSINESS MANAGEMENT</b> |
| 69. DAAMO, NECELINDA A     | 61 | BALINGASAG SOUTH | <b>RECREATIONAL DANCING</b>      |
| 70. DACAR, CLEOPATRA T.    | 59 | BALINGASAG SOUTH | MICRO BUSINESS MANAGEMENT        |
| 71. GOMEZ, LIBORIA C.      | 58 | BALINGASAG SOUTH | <b>DISH GARDENING</b>            |
| 72. GUIBELONDO, LOREY B.   | 59 | BALINGASAG SOUTH | <b>FLOWER ARRANGEMENT</b>        |
| 73. MALICUBAN, CORA R.     | 59 | BALINGASAG SOUTH | <b>MICRO BUSINESS MANAGEMENT</b> |
| 74. PABELONIO, LILIOSA C.  | 59 | BALINGASAG SOUTH | <b>SPIRITUALITY</b>              |
| 75. SABUD, MARIBEL D.      | 58 | BALINGASAG SOUTH | <b>MICRO BUSINESS MANAGEMENT</b> |
| 76. TABUDLONG, GRACITA C.  | 58 | BALINGASAG SOUTH | <b>FLOWER ARRANGEMENT</b>        |
| 77. AUTOR, HELEN O.        | 60 | BALINGASAG NORTH | <b>SPIRITUALITY</b>              |
| 78. BUCIO, NANCY           | 59 | BALINGASAG NORTH | <b>SPIRITUALITY</b>              |
| 79. CORREGIDOR, MELCHOR M. | 60 | BALINGASAG NORTH | <b>SPIRITUALITY</b>              |
| 80. DADANG, FIDEL U.       | 61 | BALINGASAG NORTH | <b>DISH GARDENING</b>            |
| 81. ESTABAYA, MYRNA T.     | 61 | BALINGASAG NORTH | <b>FLOWER ARRANGEMENT</b>        |
| 82. GALAMITON, SANTOS      | 60 | BALINGASAG NORTH | <b>MICRO BUSINESS MANAGEMENT</b> |
| 83. LLIDO, JULIETA B.      | 60 | BALINGASAG NORTH | <b>DISH GARDENING</b>            |
| 84. MADROÑO, SOCORRO Z.    | 59 | BALINGASAG NORTH | <b>DISH GARDENING</b>            |
| 85. MAGO, JULIETA N.       | 62 | BALINGASAG NORTH | <b>MICRO BUSINESS MANAGEMENT</b> |
| 86. PLANTAS, JOCELYN W.    | 58 | BALINGASAG NORTH | <b>SPIRITUALITY</b>              |
| 87. SALESA, TERESA V.      | 59 | BALINGASAG NORTH | <b>DISH GARDENING</b>            |
| 88. VEGA, VICTORIA L.      | 64 | BALINGASAG NORTH | <b>FLOWER ARRANGEMENT</b>        |
| 89. ZABALLERO, EFRENA      | 58 | BALINGASAG NORTH | <b>SPIRITUALITY</b>              |
| 90. ZAMBRANO, ERLOTA B.    | 63 | BALINGASAG NORTH | <b>RECREATIONAL DANCING</b>      |
| 91. CAGAMPANG, NEVESITA E. | 61 | BALIWAGAN NHS    | <b>SPIRITUALITY</b>              |
| 92. CANAUGAN,ROMEO A.      | 58 | BALIWAGAN NHS    | <b>DISH GARDENING</b>            |
| 93. MORENO, EDNA P.        | 61 | BALIWAGAN NHS    | <b>RECREATIONAL DANCING</b>      |
| 94. BERNADAS, DOROTHEA U.  | 58 | LAGONGLONG       | <b>FLOWER ARRANGEMENT</b>        |
| 95. ECTHIN, ROLAND H.      | 62 | LAGONGLONG       | <b>MICRO BUSINESS MANAGEMENT</b> |
| 96. MAGLENTE, DELIA        | 61 | LAGONGLONG       | <b>MICRO BUSINESS MANAGEMENT</b> |
| 97. VALDON, DELIA B.       | 60 | LAGONGLONG       | <b>MICRO BUSINESS MANAGEMENT</b> |
| 98. BABIA , JULIUS A.      | 60 | SALAY NHS        | <b>MICRO BUSINESS MANAGEMENT</b> |
| 99. LABIAL, VIRGINIA C     | 59 | SALAY NHS        | <b>MICRO BUSINESS MANAGEMENT</b> |
| 100.LLACUNA, GUNERIL U.    | 62 | SALAY NHS        | <b>RECREATIONAL DANCING</b>      |
| 101.ARRO, NENITA           | 59 | SALAY NHS        | <b>RECREATIONAL DANCING</b>      |
| 102. COVELO, EPIFANIA G.   | 57 | SALAY NHS        | <b>SPIRITUALITY</b>              |
| 103. LIM, RITA N.          | 59 | SALAY NHS        | <b>MICRO BUSINESS MANAGEMENT</b> |
| 104. PINTON, LUCILA G.     | 58 | SALAY NHS        | <b>DISH GARDENING</b>            |
| 105. VALLAR, FE P.         | 57 | SALAY NHS        | <b>RECREATIONAL DANCING</b>      |
| 106. CAPISTRANO, MILAGROS  | 59 | SALAY NHS        | <b>RECREATIONAL DANCING</b>      |
| 107. ZAMBRANO, JEM         | 59 | SALAY NHS        | <b>MICRO BUSINESS MANAGEMENT</b> |
| 108. SAGOSOY, MYRNA B.     | 61 | SALAY CS         | <b>MICRO BUSINESS MANAGEMENT</b> |
| 109. OSIP, JUCELO G.       | 61 | LOOC ES          | <b>MICRO BUSINESS MANAGEMENT</b> |
| 110. CALLO, FLAVIANA S.    | 63 | SALAY RIVER ES   | <b>MICRO BUSINESS MANAGEMENT</b> |
| 111. ACENAS, EDNA M.       | 63 | MANGGA ES        | <b>DISH GARDENING</b>            |
| 112. ACENAS , MARICHU U    | 60 | SUGBONGCOGON     | <b>FLOWER ARRANGEMENT</b>        |



|      |                         |    |                |                                  |
|------|-------------------------|----|----------------|----------------------------------|
| 113. | AGCOPRA, MARY JOY A.    | 58 | BINUANGAN NHS  | <b>SPIRITUALITY</b>              |
| 114. | BRUA, FLORINA           | 64 | SUGBONGCOGON   | <b>FLOWER ARRANGEMENT</b>        |
| 115. | HALLAZGO,ELIZABETH      | 58 | SUGBONGCOGON   | <b>SPIRITUALITY</b>              |
| 116. | GUMAHIN,PACIENCIO       | 64 | SUGBONGCOGON   | <b>MICRO BUSINESS MANAGEMENT</b> |
| 117. | RANAN, BERTO            | 61 | SUGBONGCOGON   | <b>MICRO BUSINESS MANAGEMENT</b> |
| 118. | CUAJAO, ROVALYN G.      | 59 | MANTANGE NHS   | <b>RECREATIONAL DANCING</b>      |
| 119. | DABA, GLORIA A.         | 58 | MANTANGALE NHS | <b>MICRO BUSINESS MANAGEMENT</b> |
| 120. | DELA SIERRA, WIMA       | 61 | BINUANGAN CS   | <b>RECREATIONAL DANCING</b>      |
| 121. | LUSTERIO, ELIZA O       | 62 | MABINI ES      | <b>DISH GARDENING</b>            |
| 122. | MONTEJO, ROMANA         | 59 | MANGGA ES      | <b>DISH GARDENING</b>            |
| 123. | SUMAYA, AGRIPINA D.     | 63 | BINUANGAN NHS  | <b>MICRO BUSINESS MANAGEMENT</b> |
| 124. | ACENAS, JOVENTINA G     | 61 | PANABOL ES     | <b>SPIRITUALITY</b>              |
| 125. | PANULAYA, GENEROSA      | 59 | BALINGOAN CS   | <b>SPIRITUALITY</b>              |
| 126. | OLMILLO, FE H.          | 59 | KINOGUITAN     | <b>SPIRITUALITY</b>              |
| 127. | QUIPANES, WILSON H.     | 59 | SUAREZ ES      | <b>SPIRITUALITY</b>              |
| 128. | RAGRAG, BERNARDO O      | 59 | KINOGUITAN CS  | <b>SPIRITUALITY</b>              |
| 129. | SAGOSOY, LEONARDO V     | 60 | KINOGUITAN CS  | <b>SPIRITUALITY</b>              |
| 130. | VALMORIA, GRACE N       | 63 | KINOGUITAN CS  | <b>SPIRITUALITY</b>              |
| 131. | VILLEGAS, VILUMIN G.    | 58 | KINOGUITAN     | <b>SPIRITUALITY</b>              |
| 132. | VINLUAN,EDGARDO Y.      | 58 | KINOGUITAN     | <b>SPIRITUALITY</b>              |
| 133. | ZAPICO, DANTE R.        | 59 | CALUBO IS      | <b>SPIRITUALITY</b>              |
| 134. | OMISOL, LUISITA A.      | 59 | TALISAYAN      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 135. | SARAUS, HEIDI T.        | 60 | TALISAYAN      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 136. | CABALLERO, CONTANCIA U. | 60 | TALISAYAN      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 137. | SERASPE, PORFERIA J.    | 60 | TALISAYAN      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 138. | SAGRADO, ESPERANZA T.   | 59 | TALISAYAN      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 139. | AGUILAR, LILIA V.       | 63 | TALISAYAN      | <b>SPIRITUALITY</b>              |
| 140. | LIGAN, PRISCILLA B.     | 63 | TALISAYAN      | <b>SPIRITUALITY</b>              |
| 141. | ZARATE, PAMFILA B.      | 58 | TALISAYAN      | <b>SPIRITUALITY</b>              |
| 142. | CLAM, LINA              | 59 | TALISAYAN      | <b>RECREATIONAL DANCING</b>      |
| 143. | MALDEPEÑA, VIRGINIA     | 62 | TALISAYAN      | <b>RECREATIONAL DANCING</b>      |
| 144. | ACENAS, EVELYN L.       | 63 | TALISAYAN      | <b>RECREATIONAL DANCING</b>      |
| 145. | ORIMACO, ELSA           | 61 | TALISAYAN      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 146. | GALIA, ESMERALDA        | 58 | TALISAYAN      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 147. | CLAM, PORFERIO          | 59 | TALISAYAN      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 148. | ATIENZA, GRACE T.       | 60 | SAN JOSE ES    | <b>MICRO BUSINESS MANAGEMENT</b> |
| 149. | AWITAN, EVA G.          | 63 | GOV PELAEZ ES  | <b>MICRO BUSINESS MANAGEMENT</b> |
| 150. | BABANTO, TEODULO L.     | 63 | MEDINA CS      | <b>MICRO BUSINESS MANAGEMENT</b> |
| 151. | CAGO, LIDA I.           | 60 | GOV PELAEZ ES  | <b>RECREATIONAL DANCING</b>      |
| 152. | DUCA, NORBERTA G.       | 60 | GOV PELAEZ ES  | <b>MICRO BUSINESS MANAGEMENT</b> |
| 153. | LAGBAS, MATIDE C.       | 61 | GOV PELAEZ ES  | <b>MICRO BUSINESS MANAGEMENT</b> |
| 154. | NAVARRO, CRISPINA Q.    | 64 | GOV PELAEZ ES  | <b>MICRO BUSINESS MANAGEMENT</b> |
| 155. | OBEMIO, ROSITA P.       | 63 | SAN VICENTE ES | <b>RECREATIONAL DANCING</b>      |
| 156. | BARCELONA, MARILOU B    | 60 | MEDINA NCHS    | <b>MICRO BUSINESS MANAGEMENT</b> |
| 157. | ESCLAMADO, MYRNA L.     | 59 | MEDINA NCHS    | <b>FLOWER ARRANGEMENT</b>        |
| 158. | HABHEGGER, LOLITA L.    | 59 | MEDINA NCHS    | <b>DISH GARDENING</b>            |
| 159. | MONLEON, CORAZON L.     | 58 | MEDINA NCHS    | <b>FLOWER ARRANGEMENT</b>        |
| 160. | MONTE, JUDALINE D.      | 64 | MEDINA NCHS    | <b>FLOWER ARRANGEMENT</b>        |
| 161. | VOSOTROS, ANREA T.      | 61 | MEDINA NCHS    | <b>FLOWER ARRANGEMENT</b>        |
| 162. | DAGCUTA, CORA R.        | 61 | SAN VICENTE ES | <b>SPIRITUALITY</b>              |
| 163. | GRANADA, REMEGINIA      | 59 | SAN VICENTE ES | <b>MICRO BUSINESS MANAGEMENT</b> |

#### SPEAKERS

| NAMES                                 | TOPICS   |
|---------------------------------------|--|
| 1. MILA, JAY C. - T-3, ONSTS          | <b>FLOWER ARRANGEMENT</b>  |
| 2. CASTILLO, REMEDIOS B. - T-3, ONSTS | <b>DISH GARDENING</b>  |
| 3. NACUA, HORRACE AMELIA Q.- PSDS     | <b>LEADERSHIP AND SPIRITUALITY</b>   |
| 4. REDONDO, JOHNNY D.- ES-I           | <b>RECREATIONAL DANCING</b>  |
| 5. SAMACO, BERNADETTE P. AO-V         | <b>RETIREMENT DOCUMENTS<br/>GSIS/ PHILHEALTH BENEFITS</b>  |
| 6. MEJOS, NILDA PSDS                  | <ul style="list-style-type: none"> <li>• FINANCIAL MANAGEMENT/ COUNSELING</li> <li>• HAVING A JOYFUL &amp; SECURED RETIREMENT</li> </ul> |
| 7. ANTOJADO,OROSALITA ARES N.D.       | PROPER NUTRITION FOR ELDERLY   |
| 8. NAVARRO, MENELEO, M.D.             | COMMON DISEASES FOR ELDERLY  |

#### DIVISION PERSONNEL/ FACILITATORS

| NAMES                     | DESIGNATION                                   |
|---------------------------|---|
| 1. LIMBACO, CHERRY MAE L. | Schools Division Superintendent               |
| 2. VELOSO, JEAN G.        | Asst. Schools Div. Superintendent             |
| 3. MAGDUGO, RUDY O.       | Chief, SGOD                                   |
| 4. SUGANOB, VIDA C.       | Medical Doctor, Head: Medical/ Dental Section |

|     |                            |                     |  |
|-----|----------------------------|---------------------|--|
| 5.  | GALLANA, MARY GRACE V.     | ES-1                |  |
| 6.  | GALLARES, RHODORA L        | ES-1                |  |
| 7.  | BALABA, MARIFE D.          | SEPS                |  |
| 8.  | CAYADONG, LINDO            | SEPS                |  |
| 9.  | RUBIATO, CIRILO            | SEPS                |  |
| 10. | CAGANG, REY B.             | DENTIST             |  |
| 11. | CORVERA, SHEILA S.         | PUBLIC HEALTH NURSE |  |
| 12. | AROT, LORELIE F.           | PUBLIC HEALTH NURSE |  |
| 13. | BACHINELA, MA. CECILIA     | PUBLIC HEALTH NURSE |  |
| 14. | HURTADO, MA. THERESA C     | PUBLIC HEALTH NURSE |  |
| 15. | CABREZOS, RUBY ANN P.      | PUBLIC HEALTH NURSE |  |
| 16. | ACENAS, RIZ S.             | PUBLIC HEALTH NURSE |  |
| 17. | DIEZ, ARLENE P.            | PUBLIC HEALTH NURSE |  |
| 18. | MACABODBOD, MA. LYRA R.    | PUBLIC HEALTH NURSE |  |
| 19. | CANTERE, MARISTELLA M.     | PUBLIC HEALTH NURSE |  |
| 20. | GENAORANON, JAN MICHAEL    | PUBLIC HEALTH NURSE |  |
| 21. | PABELLAN, CONSUELO P.      | PUBLIC HEALTH NURSE |  |
| 22. | PONGASE, MARISSA E.        | PUBLIC HEALTH NURSE |  |
| 23. | LITERATO, ONIZA D.         | PUBLIC HEALTH NURSE |  |
| 24. | ZAMARO, AGNES T.           | PUBLIC HEALTH NURSE |  |
| 25. | GASTON, MYLA G.            | PUBLIC HEALTH NURSE |  |
| 26. | MONTECILLO, LOVE JOY       | PUBLIC HEALTH NURSE |  |
| 27. | HOMICILLADA, MA. CORAZON T | PUBLIC HEALTH NURSE |  |
| 28. | SIA, LORNA A.              | PUBLIC HEALTH NURSE |  |
| 29. | CAHUCOM, RIZA S.           | PUBLIC HEALTH NURSE |  |
| 30. | BACOL, NENITA R.           | PUBLIC HEALTH NURSE |  |
| 31. | DE LA CRUZ, CAPISTRANO     | PUBLIC DENTAL AIDE  |  |