

**INSTRUCTIONS**

1. This medical certificate should be accomplished by a government physician.
2. Attach this certificate to original appointments and reinstatements.

**FOR THE PROPOSED APPOINTEE**

NAME (Last, First, Middle or if married woman, Maiden Name)			AGENCY
ADDRESS			
AGE	SEX	CIVIL STATUS	PROPOSED POSITION

***Pre-Employment Medical - Physical Tests***

1. Blood Test
2. Urinalysis
3. Chest X-Ray
4. Drug Test
5. Neuro Psychiatric Examinations (if necessary)

**NOTE: ALL RESULTS OF EXAMINATIONS MUST BE ATTACHED TO THIS FORM.**

**FOR THE PHYSICIAN**

<i>I hereby certify that I personally examined the above-named individual and found him/her to be physically and medically fit/unfit for employment.</i>		AFFIX Documentary Stamp
PRINTED NAME/SIGNATURE OF PHYSICIAN	CERTIFICATE NUMBER	OTHER INFORMATION ABOUT THE PROPOSED APPOINTEE
OFFICIAL DESIGNATION	HEIGHT (Bare Feet)	WEIGHT (Stripped)      BLOOD TYPE
AGENCY	DATE EXAMINED	

Republic of the Philippines  
Department of Education  
**HEALTH AND NUTRITION CENTER**  
Pasig City

**ORAL HEALTH EXAMINATION RECORD FOR TEACHING  
AND NON-TEACHING PERSONNEL**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Marital Status: \_\_\_\_\_  
Region: \_\_\_\_\_ Division: \_\_\_\_\_ District: \_\_\_\_\_ School: \_\_\_\_\_  
Designation: \_\_\_\_\_

Medical History:

- Hypertension       Epilepsy       Allergies  
 Diabetes       Bleeding Disorder       Others: \_\_\_\_\_  
 Cardio Vascular Dis.       Asthma

**DENTITION STATUS**

Please Specify

**INDEX : DMFT**

Status

18	17	16	15	14	13	12	11	21	22	23	24	25	26	27	28		
48	47	46	45	44	43	42	41	31	32	33	34	35	36	37	38		

No. of T/Decayed	X -
	F -
No. of T/Missing	
No. of T/Filled	
<b>Total</b>	

Status

**TREATMENT RECORD**

DATE	TOOTH NO.	NATURE OF OPERATION	REMARKS	DENTIST

Periodontal Condition:

- Normal  
 Gingivitis  
 Periodontal Disease

Other Abnormal Conditions \_\_\_\_\_

DENTAL PROSTHESES

Denture wearer:  Y  N

Please Specify: \_\_\_\_\_

Need for Denture:  Y  N

Please Specify: \_\_\_\_\_

Remarks: \_\_\_\_\_

Remarks: \_\_\_\_\_

Remarks: \_\_\_\_\_

Please Specify

**SYMBOLS FOR MOUTH EXAMINATION**

- X - Carious tooth indicated for extraction  
F - Carious tooth indicated for filling  
RF - Root fragment  
O - Missing tooth  
F2 - Permanently filled tooth with recurrence of decay  
Heavy Shade - Permanent filling  
Outline of filling - tooth w/ temporary filling

**Artificial Restoration:**

- JC - Jacket Crown  
AB - Abutment  
P - Pontic  
I - Inlay  
RPD - Removable Partial Denture  
FB - Fixed Bridge  
CD - Complete Denture

**SYMBOLS FOR ACCOMPLISHMENT**

- OP - Oral Prophylaxis  
Xt - Extracted permanent tooth  
Ag F - Amalgam Filling  
Sy P - Synthetic porcelain  
GIC - Glass Ionomer Cement  
ZnO F - Zinc Oxide Filling  
R - Referred to private dentist



# TEACHER'S HEALTH CARD

Date: \_\_\_\_\_ Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M F  
 School/District/Division: \_\_\_\_\_ Civil Status: S M W S  
 Position/Designation: \_\_\_\_\_ Years in Service: \_\_\_\_\_  
 First Year in Service: \_\_\_\_\_

Family History: (pls. check)	Y	N	Specify Relationship
Hypertension	[ ]	[ ]	_____
Cardiovascular Disease	[ ]	[ ]	_____
Diabetes Mellitus	[ ]	[ ]	_____
Kidney Disease	[ ]	[ ]	_____
Cancer	[ ]	[ ]	_____
Asthma	[ ]	[ ]	_____
Allergy	[ ]	[ ]	_____

Other Remarks: \_\_\_\_\_

### Past Medical History: (check)

	Y	N		Y	N
Hypertension	[ ]	[ ]	Tuberculosis	[ ]	[ ]
Asthma	[ ]	[ ]	Surgical Operations (pls. specify)	[ ]	[ ]
Diabetes Mellitus	[ ]	[ ]	Yellowish discoloration of skin/sclera	[ ]	[ ]
Cardio Vascular Disease	[ ]	[ ]	Last hospitalization (reason)	[ ]	[ ]
Allergy (pls. specify) _____			Others (pls. specify) _____		
Last Taken	Date	Result	Date	Result	Others: specify _____
CXR/Sputum Result: _____			Drug Testing: _____		
ECG _____			Neuropsychiatric exam: _____		
Urinalysis _____			Blood Typing: _____		

### Social History

Smoking Y \_\_\_\_\_ N \_\_\_\_\_ Age started: \_\_\_\_\_ Sticks/packs per day: \_\_\_\_\_ Pack per year: \_\_\_\_\_  
 Alcohol Y \_\_\_\_\_ N \_\_\_\_\_ How often: \_\_\_\_\_ Food preference: \_\_\_\_\_

### OB Gyn History (pls. encircle) (Female Teachers)

Menarche \_\_\_\_\_ Cycle \_\_\_\_\_ Duration \_\_\_\_\_  
 Parity: F P A L  
 Papsmear done: Y N if YES, when: \_\_\_\_\_  
 Self Breast examination done: Y N  
 Mass noted: Y N Specify where: \_\_\_\_\_  
 For Male personnel: Digital rectal examination done: Y N Date examined: \_\_\_\_\_  
 Result: \_\_\_\_\_

### Present Health Status (pls. check)

	Y	N		Y	N
Cough 2wks 1month longer	[ ]	[ ]	Lumps	[ ]	[ ]
Dizziness	[ ]	[ ]	Painful urination	[ ]	[ ]
Dyspnea	[ ]	[ ]	Poor/loss of hearing	[ ]	[ ]
Chest/Back pain	[ ]	[ ]	Syncope/fainting	[ ]	[ ]
Easy fatigability	[ ]	[ ]	Convulsions	[ ]	[ ]
Joint/extremity pains	[ ]	[ ]	Malaria	[ ]	[ ]
Blurring of vision	[ ]	[ ]	Goiter	[ ]	[ ]
Wearing eyeglasses	[ ]	[ ]	Anemia	[ ]	[ ]
Vaginal discharge/bleeding	[ ]	[ ]	Others: (pls. specify) _____		

Dental Status: (pls. specify) \_\_\_\_\_

Present medications taken: (pls. specify) \_\_\_\_\_

Legend: CXR -Chest X-ray PTB -Pulmonary Tuberculosis  
 ECG -Electro-Cardio Gram F -Full Term  
 Y -Yes P -Pre-mature  
 N -No A -Abortion  
 HPN -Hypertension L -Live Birth  
 CVD -Cardio Vascular Disease  
 DM -Diabetes Mellitus

Interviewed by: \_\_\_\_\_  
 Date: \_\_\_\_\_

# HEALTH EXAMINATION RECORD

Name: \_\_\_\_\_ Division: \_\_\_\_\_ Department: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ Type of Work: \_\_\_\_\_ Sex: \_\_\_\_\_ Civil Status: \_\_\_\_\_

1	Date:	Date:	Date:
	Height	Height	Height
	Weight	Weight	Weight
2	Temperature:		
3	Respiratory System:		
	Fluorography:		
	Sputum Analysis:		
4	Circulatory System:		
	Blood Pressure:		
	Pulse:		
	Sitting:                  Agility Test:	Sitting:                  Agility Test:	Sitting:                  Agility Test:
5	Digestive System:		
6	Genito-Urinary:		
	Urinalysis, etc.:		
7	Skin:		
8	Locomotor System:		
9	Nervous System:		
10	Eyes:                          Conjunctivitis, etc.:		
	Color Perception:		
11	Vision:		
	With glasses:    Far:                  Near:	With glasses:    Far:                  Near:	With glasses:    Far:                  Near:
	Without glasses: Far:                  Near:	Without glasses: Far:                  Near:	Without glasses: Far:                  Near:
12	Nose:		
13	Ear:		
14	Hearing:		
	Right:                  Left:	Right:                  Left:	Right:                  Left:
15	Throat:		
16	Teeth and Gums:		
17	Immunization:		
18	Remarks:		
19	Recommendation:		
20	Employee's Signature:		
	Employee's Name (Print):		
21	Physician's Signature:		
	Physician's Name (Print):		



### Neuro - Psychiatric Examination Consent Form

I, \_\_\_\_\_, a Teacher I - applicant of \_\_\_\_\_  
(Name) (School)  
\_\_\_\_\_, of legal age, \_\_\_\_\_, Filipino and presently residing at  
(Civil Status)  
\_\_\_\_\_ do hereby freely, knowingly,  
(Permanent Address)

voluntarily, and intelligently give my consent to abide with the Guidelines in the conduct of the Neuro-Psychiatric Examination as enumerated hereunder.

### GUIDELINES IN NEURO-PSYCHIATRIC EXAMINATION

To ensure that mentally fit teachers and non-teaching personnel are hired, this division requires Neuro-Psychiatric Examination to be done prior to appointment be it for substitute or permanent position.

The following steps should be followed:

1. The applicant should attend the orientation prior to laboratory examinations.
2. He / she should inform the school nurse of his/her schedule when to submit for Neuro-psychiatric examination.
3. The applicant is free to choose a Medical Doctor, specifically a **Psychiatrist** to conduct a Neuropsychiatric Examination.
4. The School Nurse should accompany the applicant during the entire duration of the examination.
5. In the test result, a 2x2 ID picture is attached. The applicant affixed his/her signature in the presence of the examining doctor.
6. Test result should be given to the school nurse in a sealed envelop to be delivered to the Division Medical Officer.
7. The Division Medical Officer opens the sealed envelop and have the teacher affixed his /her thumb mark in the test result.
8. The applicant should sign a consent agreeing to the Neuro-psychiatric procedure required by the division.
9. Neuropsychiatric Examination is valid for six (6) months (unless necessary).

\_\_\_\_\_  
(Signature)

Subscribed and Sworn to before me this \_\_\_\_\_ day of \_\_\_\_\_ at Cagayan de Oro City, Philippines.

Doc No.  
Page No.  
Book No.  
Series of