



DEPARTMENT OF EDUCATION  
Region X  
DIVISION OF MISAMIS ORIENTAL  
Cagayan de Oro City



**DIVISION MEMORANDUM**

No. 418 s. 2015

To: **All Public Schools District Supervisors  
All Elementary and Secondary Administrators  
This Division**

From: **CHERRY MAE L. LIMBACO, Ph. D., CESO V**  
Schools Division Superintendent 

Date: **November 3, 2015**

Subject: **PREPARATIONS FOR THE 2015 PALARONG PAMPOOK  
(School Based Intensive Athletic Training)**

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1. In preparation for the upcoming 2015 Palarong Pampook, this Office hereby advises all Public Schools District Supervisors (PSDSs), School Heads, identified winning coaches, qualified athletes, and chaperons to start the intensive training for team events namely: baseball, basketball, football, Sepak Takraw, Softball, and Volleyball. The intensive athletic training shall be conducted in the school that was declared as Champion during the recently concluded 2015 Palarong Panlalawigan. The target date for the commencement of the intensive athletic training will be on November 6 to December 8, 2015 (33 days).

2. The training aims to:

- 2.1 Enhance the competence level of pupil/student athletes in their respective sports discipline;
- 2.2 Familiarize the house rules imposed by the delegation;
- 2.3 Raise the overall performance in the 2015 Palarong Pampook by sustaining or even surpassing the baseline level; and
- 2.4 Establish teamwork and camaraderie among members in the team and in the entire delegation in general.

3. All identified qualified athletes coming from other schools shall report to the school as an adopted student-athlete and shall attend the regular class at the school where the intensive training is being conducted. The school head of that identified training venue shall facilitate the schedule of classes of those players coming from other schools. All outputs earned by players shall be endorsed to the mother school and shall be recorded by the subject teachers as part of the performance in their school. A parent's waiver/permit shall be a requirement before the players will report to the training venue/school. The conduct of the intensive athletic training shall follow the suggested schedule of activities crafted by this Office (Enclosure No. 1).

4. Moreover, players for measurable events: Athletics/Swimming and dual events: Archery, Arnis, Badminton, Chess, Gymnastics, Table Tennis, Taekwondo, and Tennis) shall likewise start their own training (November 6, 2015 to December 4, 2015) following the submitted training matrix by the winning coach.

5. **The in house unified intensive athletic training of individual and dual sports events shall be on December 5, 2015 to December 9, 2015 at the Pelaez Sports Center, Cagayan de Oro City. Arrival time in MOGCHS for the identified athletes, coaches, chaperons, trainers and delegation officials will be at one o'clock in the afternoon (1:00 p.m.). All concerned are advised to register at the registration area identified by the host school.**
6. **The arrival of all athletes, coaches, and chaperons of the different team sports shall be on December 9, 2015 at ten o'clock in the morning (10:00 a.m.) at Misamis Oriental General Comprehensive High School (MOGCHS) a lunch will be served. The delegation will leave Cagayan de Oro City on December 10, 2015 at six o'clock in the morning (6:00 a.m.). All concerned are advised to follow the order of their bus assignment going to Looc NHS, Looc, Plaridel, Misamis Occidental. All concerned are advised to bring their own eating utensils, sleeping gadgets (mat/carton, mosquito net, blanket/malong, pillow with case and other personal belongings good for the entire duration of the conduct of the 2015 Palarong Pampook.**
7. **All Winning Coaches are required to develop a training design and Training Matrix/Gantt Chart covering the necessary skills to be developed for the athletes for 33 days and this will serve as basis for monitoring and evaluation by the PESS Supervisor and Tournament Managers by event. The deadline for the submission of the Training Matrix/Gantt Chart shall be on November 6, 2015. Attention: JOHNNY D. REDONDO, EPS- 1.**
8. **All identified qualified athletes, coaches, trainers and chaperons in all measurable events (athletics and swimming) are advised to report to MOGCHS every Friday eight o'clock in the morning (8:00 a.m.) until Sunday for coordination and validation of their performance starting November 13, 2015 and every Friday thereafter. All School Heads concerned shall facilitate the subsistence of their identified athletes, coaches and chaperons coming from their school during the duration of the said training.**
9. **All identified trainers by event shall monitor the progress of the intensive athletic training weekly starting week two (November 13, 2015) and every Friday thereafter, and shall make a report to this Office regarding the development of the training.**
10. **All winning coaches are advised to submit the exact measurement of the feet of their athletes. All drawing of the measurement of the feet shall be contained in a brown envelop properly labeled as to the name and the event and level (Elementary/Secondary). The deadline for the submission shall be on November 13, 2015.**
11. **Traveling and other incidental expenses of the monitoring group shall be charged to local funds subject to the usual accounting, auditing policies, rules and regulations.**
12. **Attached are the following:**
  - 12.1 **Enclosure No.1 - Schedule of the Training**
  - 12.2 **Enclosure No.2 – List of Qualified Athletes, Coaches, Chaperons, Trainers and Delegation Officials**
  - 12.3 **Enclosure No. 3 – List of Events and Venue of the Intensive Athletic Training**
  - 12.4 **Enclosure No. 4 – List of Trainers (who will monitor the progress of the training)**
13. **Immediate dissemination of this Memorandum is hereby desired.**

**Enclosure No. 1**

**SUGGESTED SCHEDULE OF SCHOOL BASED INTENSIVE ATHLETIC TRAINING**

<b>TIME</b>	<b>ACTIVITIES</b>	<b>REMARKS</b>
4:00 – 4:30 A.M.	WAKE UP TIME	
4:30 – 4:40 A.M.	TAKING SOMETHING HOT- MILO	
4:40 – 5:00 A.M.	MORNING EXERCISE	
5:00 – 7:30 A.M.	TRAINING BY EVENT	
7:30 – 8:00 A.M.	BREAKFAST	
8:00 A.M.- 3:00 P.M.	ACADEMIC TIME (REGULAR CLASS)	
3:00 – 6:00 P.M.	TRAINING BY EVENT	
6:00 – 7:00 P.M.	DINNER	
7:00 – 8:00 PM.	CURFEW	



**DEPARTMENT OF EDUCATION  
Region X  
DIVISION OF MISAMIS ORIENTAL  
Cagayan de Oro City**

**LIST OF QUALIFIED ATHLETES, COACHES AND CHAPERONS TO THE  
2015 PALARONG PAMPOOK**

**ELEMENTARY LEVEL:  
ATHLETICS (BOYS)**

<b>NAME:</b>	<b>District/School</b>	<b>RANK</b>	<b>POSITION</b>	<b>REMARKS</b>
1. Timbal, Chanlen	Mambayaan ES- Balingasag	1		
2. Valmoria, Jerecho	Napaliran ES- Balingasag	2		
3. Ratilla, Bryan	San Vicente ES- Magsaysay	3		
4. Dalion, Edison	Binitinan ES- Balingasag	4		
5. Camensi, Clint Syril	Igpit ES-Opol	5		
6. Namnag, Juniel	Kibugahan ES	6		
7. Jimenez, Jose Allan	Hinaplanan ES- Claveria	7		
8. Clavite, Jomer Jr.	Initao CS	8		
9. Adajar, Joniel	Malagana ES- Claveria	9		
10. Rayon, Jerecho	Tabok ES- Lagonglong	10		
11. Ugmad, Christian	Calangahan ES- Lugait	11		
12. Olarita, Jhon Carlo	Igpit ES-Opol	12		
<b>Coach – Track: Arnold Fermo</b>	Balingasag CS			
<b>Coach – Field: Rommel Puertas</b>				

**ATHLETICS (GIRLS)**

1. Ranara, Aiko	San Isidro ES-Jasaan	1		
2. Castillo, Rowena Jean	Buco ES-Kinoguitan	2		
3. Amper, Eunice Grace	Mat-i ES-Claveria	3		
4. Jimenez, Betty	Luz Banzon ES- Jasaan	4		
5. Abne, Julie	Lugait CS	5		
6. Galdo, Nikki	Talusán ES	6		
7. Gorres, Lilibeth	Linabo ES- Balingasag	7		
8. Bacus, Rona		8		
9. Lofranco, Laizabelle	Malagana ES-Claveria	9		
10. Bagongon, Christian	Tabok ES- Lagonglong	10		
11. Salinas, Mary Joy	Punta Silum ES- Manticao	11		
12. Nabua, Julie Ann	Palaopso ES-Medina	12		
<b>Coach – Track: Hamilton</b>	Claveria District-II			
<b>Banaag</b>				
<b>Coach – Field: Alfonso</b>	Jasaan District			
<b>Bugano</b>				

**Chaperon: Rose Fermilan****ARNIS: (BOYS)**

1. Aligado, Angelo	Lugait CS	1
2. Aligado, Justin Dave	Biga ES/Lugait	2
3. Alierda, Jim Vernice	Biga ES/Lugait	3
Coach: Clint Monsanto	Lugait	

**ARNIS: (GIRLS)**

1. Alierda, Alica Amor	Biga ES/Lugait	1
2. Caliso, Lorenci	Biga ES/Lugait	2
3. Andam, Rena Liza	Biga ES/Lugait	3

**Coach: Divina Bendijo****BADMINTON (BOYS)**

1. Cainoy, Norris Paul	Ampenican ES/Salay	1
2. Estorba, Paul John Kirky	Balingoan CS	2
3. Dael, Clark Jones	Kimaya ES/Jasaan	3
4. Arriegado, Christian James	Kimaya ES/Jasaan	

**Coach: Manolita Salicio****BADMINTON (GIRLS)**

1. De Los Santos, Phoebe Kaye	Tagoloan CS	1
2. De Vera, Aprylle Louise	Lourdes ES/Alibijid	2
3. Teruel, Izzy Faith	Tagoloan CS	3
4. Lazos, Therese Vines	Tagoloan CS	4

**Coach: Vita Iman**

Tagoloan CS

**BASEBALL: (BOYS)**

1. Bulat-ag, Justin	Artadi ES- Magsaysay	1
2. Castulo, John Mark	Artadi ES-Magsaysay	2
3. Pilayre, George Francis	Artadi ES-Magsaysay	3
4. Buenaventura, Ruben	Artadi ES-Magsaysay	4
5. Mindoro, Kiethzoe Seanry	Artadi ES-Magsaysay	5
6. Nada, Ryan James.	Artadi ES-Magsaysay	6
7. Alimpos, Aldren	Artadi ES-Magsaysay	7
8. Alimpos, Reynante	Artadi ES-Magsaysay	8
9. Maambong, Rakin	Artadi ES-Magsaysay	9
10. Lago, Lord Bryan Christian	San Martin ES- Villanueva	10
11. Cerna, John Clerk	San Martin ES- Villanueva	11
12. Lustre, Fredrick	San Martin ES- Villanueva	12

**Coach: Sheryl Aquillo**

Artadi ES-Magsaysay

**BASKETBAL (BOYS)**

1. Japona, Aldrin Angelo	Balingasag CS	1
2. Cantutay, Corbin Khobe	Jasaan CS	2
3. Pallo, Joe Erwin	Bobuntugan ES	3
4. Lim, Arn Justin	Tagoloan CS	4
5. Pineda, John Rave	Tagoloan CS	5

6. Quinquino, Shane Christian	Tagoloan CS	6
7. Rulida, Carlo Galeope	Vicente Chavez CS Villanueva	7
8. Edio, Julian Rey	Vicente Chavez CS Villanueva	8
9. Lolo, Christian Joseph	Tagoloan CS	9
10. Emamo, Rapael	Baluarte ES/Tagoloan	10
11. Palagbas, Jeff	Luyong Bonbon/Opol	11
12. Dalupere, Jalmar	Balingoan CS	12
<b>Coach: Alfredo Guibone</b>		

**CHESS: ( BOYS )**

1. Saraoa, Clyde Harris	Bobontugan ES- Jasaan	1
2. Cagaanan, Marc Cyril	Villanueva CS	2

**Coach: Josephine Ellevera**

**CHESS: (GIRLS)**

1. Tan, Mary Joy	Jasaan CS	1
2. Salvo, Glyca Mae	C.P.Garcia ES- Gitagum	2

**Coach: Marie Grace Ocon**

**FOOTBALL:**

1. Rivera, Antonio	Manticao CS	1
2. Taganas, Christopher	Manticao CS	2
3. Bayubay, Cesar	Manticao CS	3
4. Tagara, Pedro	Manticao CS	4
5. Quirobin, Geson Jade	"	5
6. Ubagan, Neil EM	Naawan CS	6
7. Ole, Leonard Fritz	"	7
8. Joh, Salip Nhul	"	8
9. Peralta, Pete Kyle	Initao CS	9
10. Cabresos, Franz	Manticao CS	10
11. Estoquia, Jefred	Initao CS	11
12. Sacuan, Jemarc	Jasaan CS	12
13. Mendoza, Francis	Opol CS	13
14. Daroy, Rendelle	Opol CS	14
15. Melon, Jomar	Opol CS	15
<b>Coach : Doward Bruce Pacana</b>	Manticao CS	

**GYMNASTICS: (MAG BOYS**

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1. Quilas, Kim Rusty	Tagoloan CS	
2. Bisares, Tomas Will	Vicente Chavez CS Villanueva	
3. Quidlat, Emjay	Balingasag CS	1

**COACH: Shariane Mae Genobia**

2  
3

**GYMNASTICS: (WAG GIRLS)**

1. Domaloan, Jenny	Naawan CS	1
2. Valqueza, Dhana Angel	Jampason ES/Initao	2
3. Melgar, Johannie	Tagoloan CS	3

**Coach: Loram Sabuero**

**GYMNASTICS: (RG)**

1. Zaman, Ailah Mae	Jampason ES/Initao	1
2. Branel, Jeriel	Naawan CS	2
3. Hinacay, Almira Sofia	Sta. Ana ES/Tagoloan	3
<b>Coach: Devle Wahing</b>	Jampason ES	

**TENNIS :(BOYS)**

1. De la Riarte, Meg Ryan	Alubijid CS	1
2. Bornia, Vhon Brian	Naawan CS	2
3. Provido, Alessandro Gabriel	Jasaan CS	3
4. Fuentes, Randolph III	Bobotugan ES/Jasaan	4
<b>Coach: Jocelyn Calasan</b>	Jasaan CS	

**TENNIS:GIRLS)**

1. Calipayan, Neca Josh	Naawan CS	1
2. Tupa, Jay Louise	Talisayan CS	2
3. Bacala, Theresa Mae	Naawan CS	3
4. Ugmad, Kyla Mae	Naawan CS	4
<b>Coach: Iris Mae Timbancaya</b>	Naawan CS	

**SEPA TAKRAW: (BOYS)**

1. Patungcal, Louie	Baliwagan CS	
2. Calolo, Kent Gleen	Baliwagan CS	1
3. Sumastre, Mark Leonil	Baliwagan CS	2
4. Oyo-a, Jims Carlo	Natumolan ES/Tagoloan	3
<b>Coach: Margie Talanda</b>		4

**SOFTBALL: (GIRLS)**

1. Gallanas, Sheen	Balingasag CS	1
2. Onga, Angela	Balingasag CS	2
3. Robete, Cristy Marie	Balingasag CS	3
4. Montillano, Shiela	Balingasag CS	4
5. Cera, Shane	Balingasag CS	5
6. Daypuyat, Jennefer	Balingasag CS	6
7. Carumba, Hazel	Balingasag CS	7
8. Elecias, Razel Joy	San Martin ES- Villanueva	8
9. Lomopog, Charlotte	San Martin ES- Villanueva	9
10. Impas, Lorie Marie	San Martin ES- Villanueva	10
11. Buot, Hannah Jane	San Martin ES- Villanueva	11
12. Maambong, Analou	Artadi ES-Magsaysay	12
<b>Coach: Greg Cagalawan</b>	Balingasag CS	
<b>Chapcron: Mirafior Salvan</b>	San Martin ES- Villanueva	

**SWIMMING: (BOYS)**

1. Ilogon, Justine Timothy	Naawan CS	1
2. Ameling, Jan Kelly	Casinglot ES/Tagoloan	2
3. Dominguez, Mark Niño	Luyong Bonbon	3



	ES/Opol	
4. Laurenio, Angelo	Luyong Bonbon	4
	ES/Opol	
5 Laurenio, Mc Allan	Luyong Bonbon	5
	ES/Opol	
6. Boyunas, Jade	Luyong Bonbon	6
	ES/Opol	
7. Bajuyo, Clint John	Luyong Bon bon	7
	ES/Opol	
8. Glaban, Christian	Patag ES/Naawan	8

**Coach: Ingie Peponia**

**SWIMMING: (GIRLS)**

1. Salcedo, Mickey Angelee	Naawan CS	1
2. Densing, Kiana Marie	Naawan CS	2
3. Dadole, Kelly Ann	Naawan CS	3
4 Mabayan, Jonah Marie	Naawan CS	4
5. Baang, Haifa	Naawan CS	5
6. Pacamalan, Niña Kate	Naawan CS	6
<b>Coach: Estela Pacamalan</b>	Naawan CS	

**TABLE TENNIS: (BOYS)**

1. Orcia, Clefford	Lugait CS	1
2. Augusto, Renato	Lugait CS	2
3. Catalando, Carl John	Kimaya ES/Jasaan	3
4. Galve Jan Marcklin	Tambagan ES/Medina	
<b>Coach: Reah Quilang</b>		4

**TABLE TENNIS: (GIRLS)**

1. Bordado, Andrea Jamest	Naawan CS	1
2. Genovia, Jhenz	Lugait CS	2
3. Doydora, Mikylla	Opol CS	3
4. Nabato, Fatima Julianna	Opol CS	4
<b>Coach: Dahlia Bongcayao</b>	Lugait CS	

**TAEKWONDO: (BOYS)**

1. Borres, Kenneth	Claveria CS	1
2. Jandayan, Kriz Naz	Tagoloan CS	2
3. Daclag, Sergey Nikolay	PROIS/Tagoloan	3
4. Asis, Keinth Arnel	Clavewria CS	4
5. Icyan, Alister Jude	Jasaan CS	5
6. Paloma, Carl	Jasaan CS	6
<b>Coach: Carmela Bagayna</b>	Claveria CS	

**TAEKWONDO: (GIRLS)**

1. Bagayna, Lyzelle	Claveria CS	1
2. Docuyan, Edrisa Mae	Claveria CS	2
3. Lerio, Irisha Marie	Claveria CS	3
4. Cagas, Rochele Ann	Claveria CS	4

**Coach: Gerum Salatan**

**Chaperon:**

Claveria CS

**VOLLEYBALL: (BOYS)**

1. Cajam, Christian	Sinai ES/Laguindingan	1
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2. Valle, Dax Jelo	Sinai	2
	ES/Laguindingan	
3. Lumahang, Jerob Luis	Sinai ES-	3
	Laguindingan	
4. Pantilgan, Mark Gil	Sinai ES-	4
	Laguindingan	
5. Dablio, Rafael	Sinai ES-	5
	Laguindingan	
6. Medio Rexan Roy	Sinai ES-	6
	Laguindingan	
7. Villaret, Dave	Opol CS	7
8. Olano, German	Damayohan	8
	ES/Magsaysay I	
9. Galano, Julien Mark	Consuelo	9
	ES/Magsaysay II	
10. Yder, Avril Criss	Consuelo	10.
	ES/Magsaysay II	

**Coach: Emelyn Manata**

**VOLLEYBALL (GIRLS)**

1. Piodera, Shaine Ashley	Igpit ES/Opol	1
2. Jacutin, Janellisha Mae	Igpit ES/Opol	2
3. Enriquez, Eloiza Fe	Tagoloan CS	3
4. Dulaogon, Hanna Mariz	Igpit ES/Opol	4
5. Cagalawan, Angel Faith	Igpit ES/Opol	5
6. Mabao, Kimrein Mae	Igpit ES/Opol	6
7. Mabao, Flores Mae	Igpit ES/Opol	7
8. Vacalares, Nicole	Manticao CS	8
9. Gamboa, Eva Mae	Calangahan	9
	ES/Lugait	
10. Sumubay,, Stephanie	Gitagum CS	10
<b>Coach: Beberly Rara</b>	Igpit ES/Opol	

Prepared by:

  
JOHNNY D. REDONDO  
EPS- 1

APPROVED BY:

  
CHERRY MAE L. LIMBACO, Ph.D., CESO IV  
Schools Division Superintendent



**LIST OF QUALIFIED ATHLETES, COACHES AND CHAPERONS TO THE 2015  
PALARONG PAMPOOK**

**SECONDARY LEVEL**

**ARCHERY: (BOYS)**

<b>NAMES:</b>	<b>SCHOOL/DISTRICT</b>	<b>RANK</b>	<b>POSITION</b>	<b>REMARKS</b>
1. Barillo, Wedmart	MOGCHS	1		
2. Tangkihay, Jemuel	D.G.Sabal MNHS	2		
3. Pacturan, Barry	MOGCHS	3		
4. Delfin, Joshua James	MOGCHS	4		
<b>Coach: Delta Malou Pajo</b>	MOGCHS			

**ARCHERY: (GIRLS)**

1. Ellevera, Maranathe Grace	MOGCHS	1		
2. Alquiza, Angel Mae	D.G.Sabal MNHS	2		
3. Ellevera, Shekinah Grace	MOGCHS	3		
4. Pillo, Denise Claire	MOGCHS	4		
<b>Coach: Allan Chiva</b>	MOGCHS			

**ATHLETICS (BOYS)**

1. Apdian, Ray Ian	Alubijid NCHS	1		
2. Cape, Erwin	Villanueva NHS	2		
3. Toyong, Cris Kurt	San Juan NHS- Balingasag	3		
4. Saluta, Jefferson	Mat-i NHS-Naawan	4		
5. Ladesma, Asterio	Mat-I NHS-Claveria	5		
6. Sontilla, Ronie	Villanueva NHS	6		
7. Manto, Jover	Villanueva NHS	7		
8. Yangwas, Bryan	San Juan NHS- Balingasag	8		
9. Abrea, Albert Kyle.	Medina NCHS	9		
10. Durado, Chancis	Villanueva NHS	10		
11. Lacre, Eduardo	Jasaan NHS	11		
12. Talaugon, Roldan	Kibungsod NHS	12		
13. Arellano, Kim Joel	MOGCHS	13		
14. Dacio, Teodulf	MOGCHS	14		
15. Calma, Glenn Mark	Villanueva NHS	15		

**Coach – Track: Ismael Nifio  
Samban**

**Coach – Field: Sittle Jaya Malina**

**ATHLETICS (GIRLS)**

1. Pama, Lianne Diane	Alubijid NCHS	1		
2. Bulta, Myradel	Malagana NHS	2		
3. Pailanan, Joana Mae	MOGCHS	3		
4. Monticillo, Cheryl	Tagoloan NHS	4		
5. Pama, Ma. Arnel	Alubijid NCHS	5		
6. Gadian, Mary Jean	Villanueva NHS	6		
7. Gorgolon, Lovely	MOGCHS	7		

8. Lofranco, Fe	Malagana NHS	8
9. Mendoza, Arlene	Villanueva NHS	9
10. Sanchez, Sheinne	MOGCHS	10
11. Lofranco, Caira Joy	Malagana NHS	11
12. Legaspi, Krystal Marie	Alubijid NCHS	12
13. Gambuta, Estrella	MOGCHS	13
14. Prologo, Queenie.	Villanueva NHS	14
15. Macas, Julia	MOGCHS	15

**Coach – Track: Vincent Jo**

**Coach – Field: Romel Gabac**

**Chaperon: Connelyn Zate**

Alubijid NCHS

**ARNIS (BOYS)**

1. Lumahang, Jaime	Laguindingan NHS	1	43-47 Kgs
2. Dee, Scottie Jones	MOGCHS	2	47-51 Kgs
3. Obida, John Anthony	MOGCHS	3	51-55 Kgs
4. Aban, Jade	Laguindingan NHS	4	55-60 Kgs
5. Blazon, Fernando	Lugait NHS	5	60-65 Kgs

**Coach: Maniya Arong**

**ARNIS (GIRLS)**

1. Tutica, Girlie Hope	Tagoloan NHS	1	37-40 kgs
2. Antiquina, Kate Glyech	Laguindingan NHS	2	40-44 Kgs
3. Bustamante, Justin	Laguindingan NHS	3	44-48 Kgs
4. Apag, Marife	Laguindinga NHS	4	48-52 Kgs
5. Galano, Pearl Alexa	Intao NCHS	5	52-56 Kgs

**Coach: Redentor Apuesto**

**BADMINTON (BOYS)**

1. Pineda, James Hitfield	Tagoloan NHS	1
2. Casiño, Gerald Patrick	St. Mary's-Tagoloan	2
3. Reformina, Ryan Jay	St Mary's -Tagoloan	3
4. Reformina, Renz Joshua	St Mary's-Tagoloan	4

**Coach: Jerico Parreño**

St Mary's-Tagoloan

**BADMINTON: (GIRLS)**

1. Juntahan, Marian Nicole	MOGCHS	1
2. Signapan, Iven Kaye	MOGCHS	2
3. Hilot, Rejin May	MOGCHS	3
4. Gamutin, Hannah Shannen	MOGCHS	4

**Coach: Mikkar Bren**

MOGCHS

**Macalpellit**

**Chaperon:**

**BASEBALL: (BOYS)**

1. Concom, Rico	Portulin NHS-Medina	1
2. Rementizo, Carlo	Portulin NHS-Medina	2
3. Sanchez, Ruben	Portulin NHS-Medina	3
4. Lacson, Kert Love	Portulin NHS-Medina	4
5. Omania, Rege	Portulin NHS-Medina	5
6. Magto, Noel	Portulin NHS-Medina	6
7. Bongado, Randy	Portulin NHS-Medina	7
8. Salon, Regen	Portulin NHS-Medina	8
9. Owapen, Harry Neil	Portulin NHS-Medina	9
10. Rebolos, Corsino	Bobontugan NHS- Jasaan	10
11. Bustamante, Jimmy	MIS. Or. Inst. of Sci.& Tech-Balingasag	11
12. Daypuyat, Johnson	MOGCHS	12

**Coach: Prester John Asis**

Portulin NHS

**BASKETBAL (BOYS)**

1. Geraldiso, John Collin	Tagoloan NHS	1
2. Guillera, Junmar	Tagoloan NHS	2
3. Recto, Umberto Joshua	Tagoloan NHS	3
4. Basan, Clayford Caesar	Lumbo NHS	4
5. Cezar, Marvin	Villanueva NHS	5
6. Perez, Peñafort	Villanueva NHS	6
7. Sabio, Daven James	Sta. Ana NHS- Tagoloan	7
8. Bacunawa, Lito Conde Jr.	Jasaan NHS	8
9. Elorde, Premiel	MOGCHS	9
10. Bagongon, Erwin	MOGCHS	10

**Coach: Errol Cabunoc****BASKETBALL (GIRLS)**

1. Lanzar, Kyla	MOGCHS	1
2. Cagalitan, Chenica	MOGCHS	2
3. Dequilla, Estrilla	MOGCHS	3
4. Estarda, Ma. Shanelle.	MOGCHS	4
5. Felicilda, Jessica	MOGCHS	5
6. Macalipay, Jill	MOGCHS	6
7. Janubas, Honey Jade	MOGCHS	7
8. Sumalinog, Ma. Shaina	MOGCHS	8
9. Sumalinog, Ma. Shaira	MOGCHS	9
10. Sazon, Diana	Lugait NHS	10

**Coach: Agustin Yasay****Chapron: Alde Nocete****BOXING: (BOYS)**

1. Buray, Neil	Initao NCHS	1	36-38 Kgs
2. Ochigue, Reymund	Villanueva NHS	2	40 Kgs
3. Odvina, Joshua	Villanueva NHS	3	42 Kgs

**Coach: Irish Lea May  
Pacamalan****Kalacapan NHS****CHESS: (BOYS)**

1. Canino, Romeo	MOGCHS	1
2. Rosario, Aldrin Roniefe	MOGCHS	2
<b>Coach: Wenchito Teopiz</b>	MOGCHS	

**CHESS: (GIRLS)**

1. Japay, Jemina	MOGCHS	1
2. Amper, Gwyneth	MOGCHS	2
<b>Coach: Wilson Asa</b>	MOGCHS	

**FOOTBALL: (BOYS)**

1. Ticlor, Don Pocholo	MOGCHS	1
2. Bahala, Bong	MOGCHS	2
3. Obligado, Ken	Manticao NHS	3
4. Mercedes, Carlo	Manticao NHS	4
5. Coliflores, Therence	Manticao NHS	5
6. Caaaabarrubias, Carlo	Manticao NHS	6
7. Cabasan, Felix	Manticao NHS	7
8. Cabresos, Eddie Carl	Manticao NHS	8



9. Bokingo, Christian Jomari	Manticao NHS	9
10. Idnay, Merboy	Manticao NHS	10
11. Ortiz, Jade	Manticao NHS	11
12. Balido, Dave Alkent	Xavier Academy-Initao	12
13. Balido, Mark Adrian	Xavier Academy-Initao	13
14. Daohog, John Rey	Xavier Academy-Initao	14
15. Jabagat, Rommel		15

**Coach: Abirin Sabado** Manticao NHS

**GYMNASTICS: (MAG BOYS)**

1. Macamay, Dave Adam	Villanueva NHS	1
2. Daclag, Kyzer King	Tagoloan NHS	2
3. Cruz, Pierce Daniel	Tagoloan NHS	3
<b>Coach: Honey Belle Galera</b>	Villanueva NHS	

**GYMNASTICS: (WAG GIRLS)**

1. Escabarte, Herla Rhea	San Isidro NHS	1
2. Mipranun, Garina	San Isidro NHS	2
3. Mercado, Karen	San Isidro NHS	3
<b>Coach: Apple Tabana</b>	San Isidro NHS	

**GYMNASTICS: (RG Girls)**

1. Villadores, Krishna Louise	St. Rita's-Balingasag	1
2. Valdehueza, Dahra Marie	Initao NCHS	2
3. Mendoza, Miles Aubrey	MOGCHS	3
<b>Coach: Jayford Pajaron</b>	San Isidro NHS	

**TENNIS: (BOYS)**

1. Mosqueda, Kurt Dewey	PROIS-Tagoloan	1
2. Acao, Gian Pablo	D.G.Sabal MNHS	2
3. Fineza, June Alwin	Lugait NHS	3
4. Calipayan, Jericho	Nauwan NHS	4

**Coach: Viv Laurie Sanchez**

**TENNIS:GIRLS)**

1. Mosqueda, Anjelica Devi	PROIS-Tagoloan	1
2. Ubalde, Clarisse Fidelyn	D.G. Sabal MNHS	2
3. Ubay-ubay, Merkisslyn	ANCHS	3
4. Ubau-ubay, Caphanie June	ANCHS	4

**Coach: Dennis Macartine** ANCHS

**SEPAK TAKRAW: (BOYS)**

1. Janolino, Kenji Boy	Initao NCHS	1
2. Sumaoy, Rimon Richie	Initao NCHS	2
3. Delpeso, Lambert	MOGCHS	3
4. Bodbod, Junalbert	Talisayan NHS	4
5. Rellon, Wilbur	Initao NCHS	5
6. Rebota, Daniel	Initao NCHS	6
7. Abugan, Kent Dods	MOGCHS	7
8. Sumaylo, Reym,ark	Sugbongcogon NHS	8
9. Encoy, Jumar	Initao NCHS	9
10. Dablo, Rene	Salay NHS	10
11. Emar, Rex	ANCHS	11
12. Bongalos, Ivar Rich	ANCHS	12

**Coach: Melchie Vedra** Initao NCHS

**Chaperon:**

**SOFTBALL: (GIRLS)**

1. Salvaña, Charlene	MOGCHS	1
2. Rabe, Nitchie	MOGCHS	2
3. Rementizo, Mary Rose	MOGCHS	3
4. Villanueva, Rosa Mie	MOGCHS	4
5. Jacub, Abegail	MOGCHS	5
6. Rementizo, Christine Jane	MOGCHS	6
7. Namanama, Carmel Abegail	MOGCHS	7
8. Caculba, Ella	MOGCHS	8
9. Irayan, Erika	MOGCHS	9
10. Adajar, Algrace	San Isidro NHS	10
11. Sanoy, Marla	Baliwagan NHS	11
12. Nebris, Catherine	St. Rita's-Balingasag	12
<b>Coach: Ramon Tangapa</b>	MOGCHS	
<b>Chaperon: Alrah Candace Aguilar</b>	MOGCHS	

**SWIMMING: (BOYS)**

1. Pabualan, Justine	Medina NCHS	1
2. Ramos, John Paul	Lumbo NHS	2
3. Galarrita, Harvey	MOGCHS	3
4. Salimbot, Benjie	Lumbo NHS	4
5. Duat, Jack	MOGCHS	5
6. Cailing, Kent	Lumbo NHS	6
7. Tapongot, Erickson	Jasaan NHS	7
8. Dollera, Antonio	MOGCHS	8
<b>Coach: Liza Salise</b>		

**SWIMMING: (GIRLS)**

1. Cailing, Joanna Mae Jane	Lumbo NHS	1
2. Cailing, Jubilee	Lumbo NHS	2
3. Baculio, Marvi Love	MOGCHS	3
4. Alison, Alaiza Mae	Jasaan NHS	4
5. Samas, Mariane	Jasaan NHS	5
6. Badelic, Sansey Gracielle	St. Mary's- Jasaan	6
7. Galorport, Amielou	Jasaan NHS	7
8. Santos, Jean Andrie	MOGCHS	8
<b>Coach: Maribel Reyes</b>	Jasaan NHS	

**TABLE TENNIS: (BOYS)**

1. Yucada, Andrie	Opol NSTS	1
2. Baz, Sir Jeh- Sun Moon	Opol NSTS	2
3. Calotes, Peter Andry	MOGCHS	3
4. Pacturan, Reynaldo	Opol NSTS	4
<b>Coach: Cleo Lanzaderas</b>	Opol NSTS	

**TABLE TENNIS: (GIRLS)**

1. Sabella, Jocille	ANCHS	1
2. Galarrita, Pureife	ANCHS	2
3. Pulta, Nelle Joham	MOGCHS	3
4. Galarpe, Mailyn	ANCHS	4
<b>Coach: Christine Sabellina</b>		

**TAEKWONDO: (BOYS)**

1. Saavedra, John Paul	MOGCHS	1
2. Capegsan, Pedrick Augustine	MOGCHS	2
3. Cabana, John Christopher	MOGCHS	3
4. Pizzaras, Jasper Clark	D.G.Sabal MNHS	4

5. Lozada, Mark Collin	MOGCHS	5
6. Macmod, Abdul Rakim	MOGCHS	6
7. Ando, Jayson	MOGCHS	7
8. Mariftas, Earl Paul	MOGCHS	8
9. Janubas, Paul Mell	MOGCHS	9
10. Ermita, Daniel	Tagoloan NHS	10
<b>Coach: Jenny Luz Palasigue</b>	MOGCHS	

**TAEKWONDO (GIRLS)**

1. Baja, Steffany Cinth	MOGCHS	1
2. Ovalo, Alexis Erica	MOGCHS	2
3. Montil, Jessica	MOGCHS	3
4. Macana, Honey Queen	MOGCHS	4
5. Daclag, Vanya Dusha	PROIS-Tagoloan	5
6. Villaganas, April Mell	MOGCHS	6
7. Gaviola, Gladys Marie	MOGCHS	7
8. Tolentino, Zeerah	D.G.Sabal MNHS	8
9. Cubao, Princess Vi	MOGCHS	9
10. Wabe, Cherica Joy	MOGCHS	10
<b>Coach: Anthony Raganot</b>	MOGCHS	
<b>Chaperon: Maritess Jacl</b>	Tagoloan NHS	

**VOLLEYBALL (BOYS)**

1. Saring, Mike Ryan	MOGCHS	1
2. Tanato, John Ray	MOGCHS	2
3. Kauffman, Anthony	MOGCHS	3
4. Montolo, Junel	MOGCHS	4
5. Alvarado, Elizardo	MOGCHS	5
6. Prejillana, Jason	MOGCHS	6
7. Tuto, Mc Levin	Consuelo NHS- Magsaysay	7
8. Roa, John Paul	Libertad NHS	8
9. Novo, Brylle Kint	Opol NSTS	9
10. Samas, Macky	Jasaan NHS	10
<b>Coach: Jennelyn Quimson</b>	MOGCHS	

**VOLLEYBALL (GIRLS)**

1. Cajilla, Gwyndyl	Libertad NHS	1
2. Cajilla, Ella Mae	Libertad NHS	2
3. Bongo, Princess Missy	Libertad NHS	3
4. Illanan, Cielo May	Libertad NHS	4
5. Samson, Karen Angielo	Libertad NHS	5
6. Raterta, Reah Mae	Libertad NHS	6
7. Digang, Meralyn	Libertad NHS	7
8. Cufiada, Chamberlaine	Opol NSTS	8
9. Bodiongan, Jules Kate	MOGCHS	9
10. Artajo, Princess Airah	MOGCHS	10
<b>Coach: Jennifer Abut</b>	Libertad NHS	

Prepared by:

  
JOHNNY D. REDONDO, EPS I

APPROVED BY:

  
CHERRY MAE L. LIMBACO, Ph.D., CESO IV  
Schools Division Superintendent

Enclosure No. 3

**LIST OF EVENTS, SCHOOL/DISTRICT  
(TEAM EVENTS)**

where the School Based Intensive Athletic Training will be conducted starting November 6, 2015 to December 8, 2015. To wit:

**Elementary/Secondary Level:**

	<b>EVENTS:</b>	<b>SCHOOL:</b>	<b>DISTRICT:</b>
1.	Baseball (Boys) Elem.	Artadi ES-	Magsaysay II
2.	Baseball (Boys) Sec.	Portulin NHS	Medina
3.	Softball (Girls)	Balingasag CS	Balingasag North
4.	Softball (Girls) Sec.	MOGCHS	
5.	Basketball (Boys) Elem.	Tagoloan CS	Tagoloan Dist.
6.	Basketball (Girls) Sec.	MOGCHS	
7.	Basketball (Boys) Sec.	Tagoloan NHS	Tagoloan
8.	Football (Boys)	Manticao CS	Manticao
9.	Football (Boys) Sec.	Manticao NHS	Manticao
10.	Sepa Takraw Jr. (Boys)	Baliwagan CS	Balingasag South
11.	Sepak Takraw Sr.(Boys) Sec.	Initao NCHS	Initao
12.	Volleyball (Boys) Elem.	Sinai ES	Laguindingan District
13.	Volleyball (Girls) Elem.	Igpit ES	Opol District
14.	Volleyball (Boys) Sec.	MOGCHS	
15.	Volleyball (Girls)	Libertad NHS	Libertad

**Note: All team events shall report to MOGCHS on December 9, 2015 ten o'clock in the morning (10:00 a.m.) day before departure going to Looc NHS, Looc, Misamis Occidental.**



**Enclosure No. 3****LIST OF EVENTS, SCHOOL/DISTRICT**

Where the school based intensive athletic training will be conducted starting November 6, 2015 to December 4, 2015 to wit:

**Elementary/Secondary Level:**

	<b>EVENTS</b>	<b>SCHOOL</b>	<b>DISTRICT</b>
1.	Archery (Boys/Girls) Sec.	MOGCHS	
2.	Arnis (Boys/Girls) Elem.	Biga ES	Lugait
3.	Arnis (Boys/Girls) Sec.	Laguindingan NHS	laguindingan
4.	Badminton (Boys)	Kimaya ES	Jasaan
5.	Badminton (Girls)	Tagoloan CS	Tagoloan
6.	Badminton (Boys)	St. Mary's Tagoloan	Tagoloan
7.	Badminton (Girls)	MOGCHS	
8.	Boxing (Boys)	Kaalacapan NHS	Initao
9.	Chess (Boys/Girls) Sec.	MOGCHS	
10.	Chess (Boys/Girls) Elem.	Bobontugan ES	Jasaan
11.	Gymnastics MAG (Boys) Elem.	Jasaan CS Tagoloan CS	Tagoloan
12.	Gymnastics MAG (Boys) Sec.	Villanueva NHS	Villanueva
13.	Gymnastics RG (Girls) Elem.	Jampason ES	Initao
14.	Gymnastics RG (Girls) Sec.	San Isidro NHS	Balingasag
15.	Table Tennis (Boys/Girls) Elem.	Lugait CS	Lugait
16.	Table Tennis (Boys) Sec.	Opol NSTS	Opol
17.	Table Tennis (Girls) Sec.	Alubijid NCHS	Alubijid
18.	Taekwondo (Boys/Girls) Elem.	Claveria CS	Claveria
19.	Taekwondo (Boys/Girls) Sec.	MOGCHS	
20.	Tennis (Boys/Girls) Sec.	PROIS	Tagoloan
21.	Tennis (Boys) Elem.	Jasaan CS	Jasaan
22.	Tennis (Girls) Elem.	Naawan CS	Naawan

**Enclosure No. 3**

**ALL MEASURABLE EVENTS**

All identified qualified athletes, coaches, chaperons and trainers shall report to MOGCHS every Thursday afternoon 4: 00 p.m. for coordination and assessment of individual performance until Sunday morning and will go home after lunch starting November 13, 2015 and every Thursday afternoon thereafter.

- |    |                         |  |            |
|----|-------------------------|--|------------|
| 1. | Swimming (Boys) Elem.   | Luyong Bonbon ES                         | Opol       |
| 2. | Swimming (Boys) Sec.    | Lumbo NHS                                | Lagonglong |
| 3. | Swimming (Girls) Elem.  | Naawan CS                                | Naawan     |
| 4. | Swimming (Girls) Sec.   | Jasaan NHS                               | Jasaan     |
| 5. | Athletics (Boys) Elem.  | Balingasag CS<br>Claveria District       |            |
| 6. | Athletics (Girls) Elem. | Jasaan & Claveria Districts              |            |
| 7. | Athletics (Boys) Sec.   | Villanueva NHS<br>MOGCHS & other schools |            |
| 8. | Athletics (Girls) Sec.  | Villanueva NHS & other schools           |            |

**LIST OF TRAINERS BY EVENT**

	<b>NAME:</b>	<b>EVENT:</b>
1.	<b>Rico Sumastre</b>	<b>Athletics (Boys/Girls) Elementary</b>
2.	<b>Cherry Cabiluna</b>	<b>Athletics (Boys/Girls) Secondary</b>
3.	<b>Mario Pacturan</b>	<b>Archery (Boys/Girls) Secondary</b>
4.	<b>Adefer Caño</b>	<b>Arnis (Boys/Girls) Elementary/Secondary</b>
5.	<b>Veneranda Cesar</b>	<b>Badminton (Boys/Girls) Elem./Sec.</b>
6.	<b>Marcel Tagalogon</b>	<b>Baseball (Boys) Elem./Sec.</b>
7.	<b>Oscar Abucejo</b>	<b>Basketball (Boys/Girls) Elem./Sec.</b>
8.	<b>Walter Galarroza</b>	<b>Football (Boys) Elem.Sec.</b>
9.	<b>Aura Villastique</b>	<b>Gymnastics RG Elem./Sec.</b>
10.	<b>Frederico Talanda</b>	<b>Sepak Takraw Jr. &amp; Sr.</b>
12.	<b>Dionesio Salamanca</b>	<b>Softball Elem.(Girls)Sec.</b>
13.	<b>Edson Blanco</b>	<b>Swimming (Boys/Girls) Elem./Sec.</b>
14.	<b>Resurreccion Padon</b>	<b>Table Tennis (Boys/Girls) Elem./Sec.</b>
15.	<b>Maíta Akut</b>	<b>Tennis (Boys/Girls) Elem.Sec.</b>
16.	<b>Stara Mae Tlongco</b>	<b>Taekwondo (Boys/Girls) Elem./Sec.</b>
17.	<b>Ferdinand Ramos</b>	<b>Volleyball (Boys/Girls) Elem./Sec.</b>
18.	<b>Greg Magsayo</b>	<b>Chess (Boys/Girls) Elem./Sec.</b>
19.	<b>Ludy Ceriales</b>	<b>Boxing Sec.</b>