



Republic of the Philippines
Department of Education
REGION X- NORTHERN MINDANAO



Gregorio A. Pelaez, Jr. Memorial Sports Center
Velez St. Cagayan de Oro City

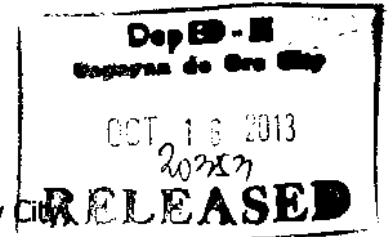
Regional Advisory

TO : Schools Division Superintendents
Tangub, Oroquita, Misamis Occidental, Lanao del Norte,
Iligan City, Cagayan de Oro City, Misamis Oriental, Malaybalay City,
Gingoog City, Bukidnon, El Salvador, Camiguin Divisions
This Region

FROM : INGRID G. RACOMA, Ph.D., CESO V
OIC- Regional Director

Date : October 11, 2013

SUBJECT: SPECIAL PROGRAM IN SPORTS: TRAINING ON THE FIRST LEVEL COACHING



Enclosed is the DepEd Memorandum No. 184, s. 2013 re: Special Program in Sports: Training on the First Level Coaching on October 26-30, 2013 at the Teachers Camp, Baguio City. Registration will start at 3:00 pm on October 25, 2013.

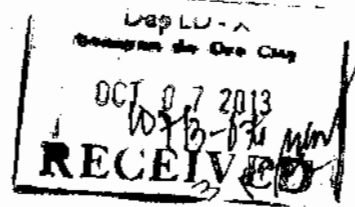
You are advised to send the School Head, Sports Coordinator, and Teachers who will handle the sports specialization in the following schools;

- | | |
|---|-----------------------------|
| 1. Tangub National High School – | Tangub Division |
| 2. Misamis Occidental National High School- | Oroquita Division |
| 3. Looc National High School – | Misamis Occidental Division |
| 4. Lanao del Norte Comprehensive National High School – | Lanao del Norte Division |
| 5. Iligan City National High School – | Iligan City Division |
| 6. Carmen National High School – | Cagayan de Oro Division |
| 7. Misamis Oriental General Comprehensive National High School- | Mis. Oriental Division |
| 8. Tagoloan National High School – | Misamis Oriental Division |
| 9. Bukidnon National High School – | Malaybalay Division |
| 10. Quezon National High School- | Bukidnon Division |
| 11. Gingoog City Comprehensive National High School – | Gingoog City Division |
| 12. Mambajao National High School – | Camiguin Division |

Travelling expenses, registration fee of participants shall be charged to Maintenance and Other Operating Expenses (MOOE) /Special Education Funds (SEF)/ local funds, subject to the usual accounting and auditing rules and regulations.

Please see enclosed memorandum for further details and information. Final list of participants shall be submitted to Dr. Joy C. Mangubat for the confirmation (enclosed format) on or before October 16, 2013 through fax no. 088-22-714576.

For your information and guidance.



Republic of the Philippines
Department of Education

04 OCT 2013

DepEd MEMORANDUM
No. **184**, s. 2013

SPECIAL PROGRAM IN SPORTS: TRAINING ON THE FIRST-LEVEL COACHING

To: Undersecretaries
Assistant Secretaries
Bureau Directors
Directors of Services, Centers and Heads of Units
Regional Directors
Schools Division/City Superintendents
Heads, Public and Private Secondary Schools

DEVELOPMENT DIVISION
RECEIVED
DATE: 10/19
BY: _____

- In line with the Bureau of Secondary Education's intention to address the levels of teachers implementing the Special Program in Sports (SPS), the Three Level-Coaching for Beginning, Developing and Advanced Teachers shall be conducted for three years. For this year, the **Special Program in Sports: Training on the First-Level Coaching** will be conducted on October 26-30, 2013 at the Teachers Camp, Baguio City.
- The training aims to enhance the knowledge and skills of participants on the new trends and strategies in coaching sports, which can be replicated in the course of the SPS implementation.
- Participants to the training include one regional sports supervisor, one division sports supervisor, sports coordinators, school heads and teachers of SPS lead schools/recipients of the financial subsidy, of other schools implementing the program and of public and private schools, which are interested to implement SPS.
- A registration fee of Five Thousand Pesos (P 5,000.00) shall be charged to each participant to cover board and lodging, transportation of participants to and from the training venue, supplies, and materials, honoraria of resource persons, and other incidental expenses relative to the training-seminar. Registration fee and traveling expenses of participants shall be charged to Maintenance and Other Operating Expenses (MOOE)/Special Education Fund (SEF)/local funds, while board and lodging and traveling expenses of resource persons and training staff shall be charged to BSE Funds, subject to the usual accounting and auditing rules and regulations.
- The registration will start at 3:00 p.m. on **October 25, 2013** at the venue. The first meal to be served will be dinner on **October 25** and the last meal will be lunch on **October 30, 2013**.
- For more information and confirmation of participants (format enclosed), all concerned may contact any of the following: **Ms. Rosa Ligaya C. Domingo** or **Ms. Erlinda F. Estrada**, Staff Development Division-Bureau of Secondary Education (SDD-BSE), 3/F Bonifacio Bldg., Department of Education (DepEd), Meralco Avenue, Pasig City at telefax no.: (02) 632-7586.
- Immediate dissemination of this Memorandum is desired.

HR. ARMIN A. LUISTRO FSC
Secretary

SPECIAL PROGRAM IN SPORTS (SPS): TRAINING ON THE FIRST LEVEL COACHING
 Teachers Camp, Baguio City, October 26-30, 2013

SCHEDULE OF ACTIVITIES

Time	October 25	October 26	October 27	October 28	October 29	October 30	
5:30 - 7:00	Arrival and Registration	B R E A K F A S T					
7:45 - 8:00		Unfreezing/Management of Learning/Sports Drills					
8:00 - 9:00		Opening Program Orientation and Mechanics	PS 4 Safety Management and First Aid	Lecture/Practicum Etiquette and Regulation per Sport	Lecture/Practicum Coaching Strategies	Clearing House Next Steps	
10:00 - 10:20		S N C K					
10:20 - 12:00		PS 1 The SPS under the Sports Track	Lecture/Practicum Pre Tests Introduction to Coaching			↓	Closing Program
12:00 - 1:30		L U N C H					
1:30 - 3:00		PS 2 Performance Nutrition	↓	Session w/ Reg'l Div. Supervisors, Sports Coords. and School Heads	Performance Assessment of		Home Sweet Home
3:00 - 3:20		S N A C K					
3:20 - 5:00		PS 3 Introduction to Exercise and Sport Physiology	↓	↓	↓	Post Test	
6:00 - 8:00		D I N N E R					

PS 1

- Information relative to the SPS under the Sports Track of the K to 12 Basic Education Program. Career path of graduates

PS 2

- The lecture focuses on first aid, CPR and basic sports injuries

PS 3

- The session focuses on sports and conditioning exercises and sports physiology

PS 4

- The lecture focuses on safety management, basics of first aid, and basic sports injuries

Lecture/Practicum

- The Resource persons shall administer pre and post tests and lecture on coaching

Session with the Regional Division Supervisors, Sports Coordinators and School Heads

- The session, call among others, discuss issues and concerns related to the SPS

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